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4th NATIONAL R/D CONVENTION

radisson

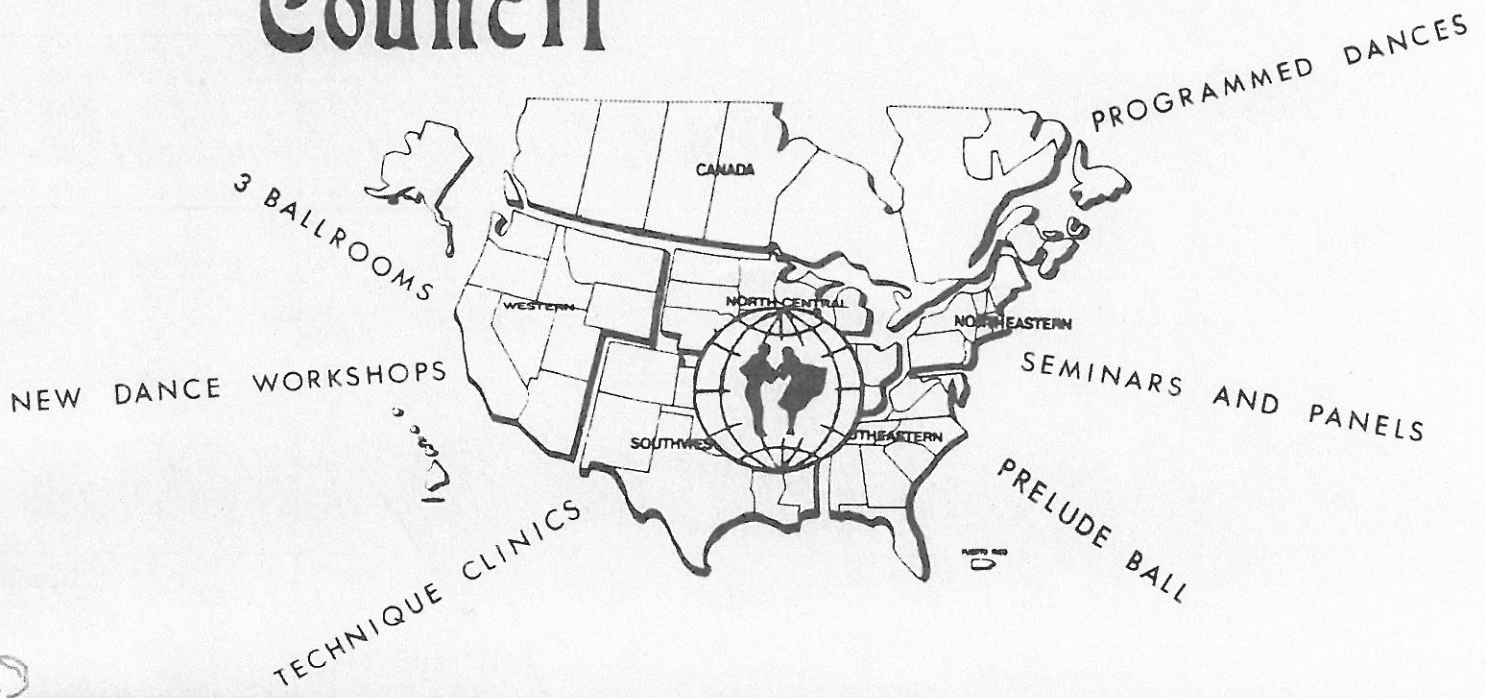


radisson muehlebach hotel

Kansas City

July 31 - Aug. 2, 1980

Universal Round Dance Council



00-3

WELCOME TO THE FOURTH - UNIVERSAL ROUND DANCE CONVENTION

This marks our Fourth Annual Round Dance Convention and we all join in with all the spirit and enthusiasm that it takes to make for continued strength and stability in the Round Dance Movement.

We all have witnessed many changes in the economic aspects of our Nation, in the past year, yet it has been a year of healthy growth for U.R.D.C. which is evident in the list of new members and new leadership and with our choreographers who are busy doing a most outstanding job of writing some of the greatest, most interesting dance routines ever, for the pleasure of all who love to dance.

This year of 1980 also marked the 50th Wedding Anniversary date of our Chairman of the Board of Directors, Frank & Iris Gilbert. We congratulate them on their many happy years together, and have their promise to devote the next 50 years to Round Dancing.

We take great pleasure in extending our most heartfelt

THANKS TO:

The Officers and Board for their continued efforts and great interest in bettering the quality of, and increasing the growth in the Universal Round Dance Council.

The General Chairman, Bob & Rosemary Holiday, who have again done an outstanding job in obtaining excellent talent for all the clinics and teaches, as well as covering the complete program for the Convention. Well done, Bob & Rosemary!

The Committee Chairman, for all their efforts in making this the best Round Dance Convention ever.

All the splendid National Leaders who have volunteered their time and expertise for all the clinics and teaches during the weekend, to help all our dancers enjoy the best, in Round Dance enjoyment.

And again, MANY THANKS to all our members and quest dancers who make this Convention possible by your loyalty, enthusiasm and great support in every way.

Respectfully submitted by,

Don & Pat Hansen
Presidents U. R. D. C.



Universal Round Dance Council

Executive Board

1980



Don & Dot Hansen
PRESIDENT



Frank & Donna Traver
VICE PRESIDENT



Frank & Iris Gilbert
CHAIRMAN,
BOARD OF DIRECTORS



Frank & Mary Robinson
SECRETARY



George & Bobbie Stone
TREASURER



Universal Round Dance Council

Standing Committees



ED & SHARON CAMPBELL
PROGRAM



BOB & ROSEMARY HOLIDAY
GENERAL CHAIRMEN
1980 CONVENTION

GEORGE & MADY D'ALOISO
ASSISTING

CLINICS & WORKSHOPS



HERB & HARRIET GERRY
NEWSLETTER



GEORGE & JOYCE KAMMERER
EDUCATION



FRANK & DONNA TRAVER
SOUND SYSTEM



Universal Round Dance Council

Board of Directors

1980 - 1981

Frank & Iris Gilbert - Fla. - Chairmen

George & Mady D'Aloiso - Ohio	George & Joyce Kammerer - Ill.
Peter & Beryl Barton - Ont.	Rick & Joyce McGlynn - N.J.
Lillian Bradt - Pa.	Eddie & Audrey Palmquist - Ca.
Bill & Dorothy Britton - Fla.	Frank & Mary Robinson - Ore.
Herb & Harriet Gerry - Fla.	Sam & Jody Shawver - Ca.
Don & Dot Hansen - Mich.	Roy & Phyllis Stier - Ca.
Ben Highburger - Tex.	George & Bobbie Stone - Fla.
Bob & Rosemary Holiday - Ill.	Frank & Donna Traver - Tex.
Art & Garrie Jackson - Ont.	Joe & Es Turner - Md.
Bill & Elsy Johnson - Tenn.	Charlie & Nina Ward - Ont.

*Retiring members of the board are listed below:
The Executive Committee and Board of Directors
wish to thank these round dance leaders for a
job well done during our formative years.*

Lillian Bradt (reelected)

Irv and Betty Easterday

Gordon and Betty Moss

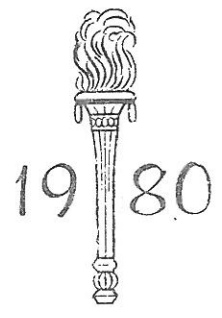
Charlie and Bettye Proctor

Phil and Norma Roberts

Vernon and Mary Tobaben

Koiti and Helen Tullus

GOLDEN TORCH AWARD



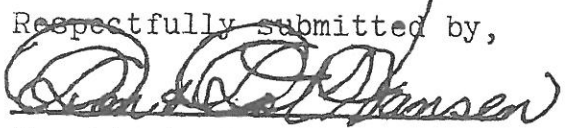
PRESENTED TO;

EDDIE & AUDREY PALMQUIST
EL TORO, CALIFORNIA

"For Outstanding Service To Round Dancing"

In recognition of:

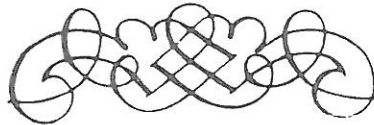
- (1) their many years of untiring efforts and unselfish devotion in teaching dancers throughout the United States, Canada and on Foreign Shores, the correct techniques of styling, posture, footwork and beauty as applied to dancing.
- (2) their introduction of new rhythms to the Round Dance Movement, such as the Latins and many of the International dance figures, used today in Round Dancing.
- (3) their excellent choreography of many of the well known Round Dance Classics, as well as the many Round Dances showing new dance figures and rhythms used today.
- (4) Their own example of dancing grace and perfection of all dancing, so as to impart the beauty of Round Dancing when properly executed.

Respectfully submitted by,

Presidents U.R.D.C.



Hall Of Fame

The Membership Of Universal Round Dance Council,
By Popular Vote, Have Selected The Following Top
Five Classic Dances, To Be Entered In The Hall
Of Fame For The Year 1980.



Phil & Norma Roberts	Caress
Phil & Norma Roberts	Dancing In The Dark
Koiti & Helen Tullus	Kiss Me Goodbye
Gordon & Betty Moss	Till
Bill & Dorothy Britton	Waltz Tramonte

Previous Hall Of Fame Selections

<i>Autumn Leaves</i>	<i>Maria Elena</i>
<i>Boo Hoo</i>	<i>Melody Waltz</i>
<i>Charley My Boy</i>	<i>Mr. Sandman</i>
<i>Continental Goodnight</i>	<i>Riviere De Lune</i>
<i>Elaine</i>	<i>Singing Piano Waltz</i>
<i>Fascination</i>	<i>Smile</i>
<i>Green Door</i>	<i>Somewhere My Love</i>
<i>Gypsy Eyes</i>	<i>Spaghetti Rag</i>
<i>In My Dreams</i>	<i>Tango Bongo</i>
<i>In The Arms Of Love</i>	<i>Tango Mannita</i>
<i>Let's Dance</i>	<i>Three A. M.</i>
<i>Mardi Gras</i>	<i>Twelfth St. Rag</i>

Wonderland By Night



Universal Round Dance Council

Clinic Leaders



Jack & Alma Bassett
SWING



George & Mady D'Aloiso
ARGENTINE TANGO



Sam & Jody Shawver
FOX TROT



Eddie & Audrey Palmquist
LATIN



Koit & Helen Tullus
WALTZ



Mike & Diana Sheridan
VIENNESE

Bill & Dorothy Britton
QUICKSTEP

00 11

FOURTH NATIONAL ROUND DANCE

LEADERS CONDUCTING CLINICS - AND --- DANCES TAUGHT

BASSETT, Jack & Alma, PA.- ✓"ANYTHING BUT LOVE" (ROPER 310 B)

BRITTON, Bill & Dorothy, FLA. ✓"TOWN TAVERN QUICKSTEP"(GRENN 14227)--
(Honky Tonk Q/S)

CAMPBELL, Ed & Sharon, TX. ✓"SOMETHING'S GOTTA GIVE II"(TDR 161)

D'ALOISO, George & Mady, OHIO ✓"INSPIRATION" (ROPER 232 A)

EASTERDAY, Irv & Betty, MD. ✓"THIRTEEN WOMEN" (MCA 60025 or --
(DECCA 219124)

GERRY, Herb & Harriet, FLA. ✓"AT THE COPA" (ARISTA 2615-SS) --
(Short Version)

KAMMERER, George & Joyce, ILL. ✓"YOU MAKE MY PANTS WANT TO GET UP
AND DANCE" (CAPITOL 4621)

MACUCI, John & Mary, MD. ✓"SKYLINER II" (TELEMARK 4012 B)

McGLYNN, Rick & Joyce, N.J. ✓"POEME 2" (TELEMARK 910 B)

PALMQUIST, Eddie & Audrey, CALIF. ✓"RUMBA MIA" (HOCTOR H 688)

PINKSTON, Grant & Barbara, TENN. ✓"BOOGIE WOOGIE BUGLE BOY" (ATLANTIC -
(45-2964 or 05-13155)

PLAISANCE, Roy & Sally, TX. ✓"WHISPERING CHA CHA" (HOCOTR H-637 A)

POTTS, Bud & Bette, MICH. ✓"SMOKE GETS IN YOUR EYES" (RCA 477-0917)

ROTHER, Bob & Mary Ann, OREGON ✓"PEPITO" (SYDNEY THOMPSON EP 605)

RUNYON, CLEO & RILEY, ILL. ✓"RHUMBA EASY" (DANCE ALONG P 6061 B)

SHAWVER, Sam & Jody, CALIF. ✓"I'M IN THE MOOD FOR LOVE" (TELEMARK -
(912 A)

SHERIDAN, Mike & Diana, MINN. ✓"WAVES OF THE DANUBE" (ROPER 149-A)

THOMAS, Tommy & Geneve, UTAH ✓"SWINGING SAL" (HI HAT 985)

DAHL, Hank & Mary, ILL. ✓"BAUBLES, BANGLES & BEADS"(TELEMARK -
(929)

TULLUS, Koit & Helen, CLAIF. ✓"AMAPOLA" (TE 1002 (LP)BAND #6) plus -
✓"AROUND THE WORLD" (ROPER 405) Clinic

HOLIDAY, Bob & Rosemary, ILL. ✓"HEARTACHE CHA CHA" (DANCE ALONG P 606)

NOTES

THURSDAY

URDC CONVENTION

July 31, 1980

<u>Time</u>	<u>Imperial Ballroom</u>	<u>Grand Ballroom</u>
9:00 AM	Swing Clinic Jack & Alma Bassett, Clinician Bob & Rosemary Holiday, MC	
10:30 AM	International Waltz Clinic "Around The World" Koiti & Helen Tullus, Clinician Sam & Jody Shawver, MC	
1:00 PM	Viennese Waltz Clinic "Waves of the Danube" Mike & Diana Sheridan, Clinician Jim & Marlys Mahle, MC	
2:30 PM	"Anything But Love" Jack & Alma Bassett, Teacher Bob & Rosemary Holiday, MC	"Whispering Cha Cha" Roy & Sally Plaisance, Teacher Marion & Margaret Hagler, MC
3:30 PM	"Amapola" Koiti & Helen Tullus, Teacher Sam & Jody Shawver, MC	"Skyliner II" John & Mary Macuci, Teacher Irv & Betty Easterday, MC

FRIDAY

URDC CONVENTION

August 1, 1980

Time

Imperial Ballroom

Grand Ballroom

9:00 AM

Quickstep Clinic
"Town Tavern Quickstep"
Bill & Dorothy Britton, Clinician
Jerry & Jo Gierok, MC

10:30 AM

Latin Clinic
Eddie & Audrey Palmquist, Clinician
George & Bobbie Stone, MC

1:00 PM

"Poeme 2", Waltz
Rick & Joyce McGlynn, Teacher
Roy & Sally Plaisance, MC

2:30 PM

"Something's Gotta Give II"
Ed & Sharon Campbell, Teacher
Larry & Cheri Phillips, MC

"Pepito", Cha Cha
Bob & MaryAnn Rother, Teacher
Ron & Geri Oakley, MC

"You Make My Pants Want To Get Up
and Dance"
George & Joyce Kammerer, Teacher
Hank & Mary Dahl, MC

3:30 PM

"Rumba Mia"
Eddie & Audrey Palmquist, Teacher
George & Bobbie Stone, MC

"At The Copa", Disco
Herb & Harriet Gerry, Teacher
Jerry & Jo Gierok, MC

SATURDAY

URDC CONVENTION

August 2, 1980

<u>Time</u>	<u>Imperial Ballroom</u>	<u>Grand Ballroom</u>
9:00 AM	Argentine Tango Clinic George & Mady D'Aloiso, Clinician Frank & Phyl Lehnert, MC	
10:30 AM	International Fox Trot Clinic Sam & Jody Shawver, Clinician Koit & Helen Tullus, MC	
1:00 PM	"Inspiration", Argentine Tango George & Mady D'Aloiso, Teacher Frank & Phyl Lehnert, MC	"Smoke Gets In Your Eyes" Bud & Bette Potts, Teacher Lillian Bradt, MC
2:30 PM	"Thirteen Women" Irv & Betty Easterday, Teacher John & Mary Macuci, MC	"Boogie Woogie Bugle Boy" Grant & Barbara Pinkston, Teacher Ken & Irene Slater, MC
3:30 PM	"I'm In The Mood For Love", Int.FT Sam & Jody Shawver, Teacher Koit & Helen Tullus, MC	"Rhumba Easy" Riley & Cleo Runyon, Teacher Neill & Peggy Wilbanks, MC
Standby:	"Baubles, Bangles & Beads" Hank & Mary Dahl "Swinging Sal" Tommy & Geneve Thomas "Heartache Cha Cha" Bob & Rosemary Holiday	



FRANK ROBINSON - IN MEMORIUM

ALL OF THE ROUND DANCE WORLD IS SADDENED BY THE PASSING OF OUR U.R.D.C. SECRETARY AND MEMBER OF THE BOARD, FRANK ROBINSON. FRANK AND MARY STARTED DANCING IN 1955 AND TEACHING IN 1963 AND WERE AN INSPIRATION TO ALL WHO ATTENDED THEIR CLASSES. THEY ATTENDED EVERY INSTITUTE POSSIBLE IN THEIR EAGERNESS TO BETTER THEMSELVES AND TO BRING THE BEST OF DANCE INSTRUCTION BACK TO THEIR DANCERS, PLUS TAKING AN ACTIVE PART IN MANY OF THE NATIONALS. OUR SYMPATHY TO MARY WHO IS CARRYING OUT HER TERM AS SECRETARY AND BOARD MEMBER OF U.R.D.C. AND TO HER FOUR WONDERFUL CHILDREN WHO ARE BY HER SIDE.

FOURTH NATIONAL ROUND DANCE

PROGRAMMED ROUNDS

ADIOS AMIGOS	LISBON ANTIQUA
ADIOS (GLENN'S)	LONELY IS THE NAME
ALICE BLUE GOWN	LOVELY LADY
ALL ALONE	MADRID
ALL OR NOTHING AT ALL	MARDI GRAS
AND I LOVE HER	MARIA ELENA
ANDANTE WALTZ	MELODY WALTZ
ANSWER ME	MOON OVER NAPLES
APHRODISIA	MISTY
APRES L'TRIENTE	MR. SANDMAN
ARMS OF LOVE	NICE AND EASY
AUTUMN LEAVES	NOBODY BUT YOU
BEAUTIFUL RIVER	NON DIMENTICAR
BOO HOO	PARA ESTO
BUTTERFLY	PATRICIA
CANADIAN QUICKSTEP	RIVIERE DE LUNE
CARESS	ROSES FOR ELIZABETH
CHARLEY MY BOY	RUMBA MARIA
COMIN' IN THE BACK DOOR	SHIEK OF ARABY
CONTINENTAL GOODNIGHT	SINGING PIANO WALTZ
DANCE	SMILE
DANCE FEVER	SOMEWHERE MY LOVE
DANCING IN THE DARK	SPAGHETTI RAG
DREAM AWHILE	STAMP, STAMP, STAMP
ELAINE	STRANGERS CHA
EYES WIDE OPEN	STRAWBERRY SHAG
FASCINATION	SUGARFOOT STOMP
FEELIN' WALTZ	SUNRISE, SUNSET
FOLSOM PRISON BLUES	TANGO BONGO
FOXIE	TANGO CAPRICCIOSO
GAMES THAT LOVERS PLAY	TANGO MANNITA
GREEN DOOR	THE GANG
GYPSY EYES	THEM OLD SONGS
HALLELUJAH	THEME FROM THE BIBLE
HAPPY FEELING	THIRD MAN THEME
HAWAIIAN WEDDING SONG	THREE A.M.
HEARTACHES CHA	TILL
HOLD ME	TO EACH HIS OWN
I LOVE THE NIGHTLIFE	TWELFTH ST. RAG
I WANNA QUICKSTEP	WALTZ TRAMONTE
IN MY DREAMS	WONDERLAND BY NIGHT
KONTIKI	WYOMING LULLABY
LET YOUR LOVE LIGHT SHINE	YOU CAN'T BE TRUE DEAR
LET'S DANCE	JUST ANOTHER SWEETHEART

PLUS REQUESTS

ANYTHING BUT LOVE

Composers: Jack & Alma Bassett, 124 West Pine St., Hallsburg, PA 16827 - TEL: (814) 466-6012
 Record: Roper 310-B - 1 Can't Give You Anything But Love - The Dancing Brass Orchestra (Flip of Tender Trap)
 Footwork: Opposite - directions for man unless otherwise indicated in parentheses
 Sequence: INTRO - A - B - A - B - C - B(1-15) - ENDING

INTRO

1 - 4 WAIT 2 MEASURES;; APART,-,POINT,-; TOGETHER,-,TOUCH,-;
 1 - 4 (standard intro) in open feg pos M feg wall wait 2 meas;; apt L,-,pt R,-; tog to cp feg wall R,-,tch L,-;

PART A (Single Swing)

1 - 3 SIDE,-,SIDE,-; ROCK,RECOVER, SIDE,-; SIDE,-,ROCK,RECOVER;
 1 - 3 (single swing basics) in cp feg wall sd L,-,sd R blending to scp feg lod,-; rk bk L twd rlod,recov R to cp feg wall,sd L,-; sd R blending to scp feg lod,-,rk bk L twd rlod,recov R to cp feg wall;
 4 - 9 SIDE (W RF TWIRL),-,SIDE TURN,-; ROCK,RECOVER, SIDE(W RF TWIRL),-;SIDE TURN,-,ROCK,RECOVER; REPEAT PREVIOUS 3 MEASURES;;;
 4 - 9 (4 twirl breaks) sd L,-,sd trn 1/4 lf on R to fc lod,-(as W twrls rf und lead hds R/L,R/L,R,L to fc rlod); with just lead hds joined rk bk L twd rlod,recov R(W rk bk twd lod R,recov L),sd L,-; sd trn 1/4 lf to fc coh on R,-(as W twrls rf under lead hds to fc wall R/L,R;L/R,L),rk bk L twd wall(W R twd coh),recov R; repeat action of previous 3 meas to end in bfly feg wall;;;
 10-12 SIDE,-,SIDE,-; SHUFFLE,2, SIDE,-;SIDE,-,SHUFFLE,2;
 10-12 in bfly feg wall sd L,tch R,sd R,cl L taking wgt on balls of both feet; (shuffle) swivel on balls of both feet trng heels twd lod, shifting wgt to heels of both feet swivel on heels trng toes twd lod ending with wgt on ball of R ft (W opp),sd L,tch R; sd R,cl L taking wgt on balls of both feet,shuffle,shuffle (as described in meas 11 above);
 13-15 SIDE(W RF TWIRL),-,SIDE TURN,-; ROCK,RECOVER, SIDE(W LF TWIRL),-; SIDE TURN,-,ROCK,RECOVER;
 13-15 (twirl break) sd L,-,sd trn 1/4 lf on R to fc lod,-(as W twrls rf under lead hds R/L,R/L,R,L to fc rlod); rk bk L twd rlod, recov R, (reverse twirl break) sd L,-; sd trn 1/4 rf on R to fc wall,-(as W does reverse twrl R/L,R; L/R,L),rk bk twd coh L, recov R to scp feg lod;
 16 FORWARD,-,FACE,-;
 16 in scp feg lod fwd L twd lod,-,fwd trn 1/4 rf on R to fc ptr & wall in cp,-;

PART B (Double Swing)

1 - 3 TAP,FORWARD,TAP,FACE; TAP,FORWARD, TAP,FACE; TAP,FORWARD,TAP,FACE;
 (Note: In double swing rhythm all tap steps are done with a "dig" action - steps following the tap steps are taken with a knee bend to create an offbeat downward body motion)
 1 - 3 (jive walks) in cp feg wall tap L beside R,blending to scp feg lod fwd L,tap R beside L,fwd R trng to fc ptr & wall in cp; repeat previous meas 2 more times to end in bfly feg ptr & wall;;
 4 - 6 TAP,STEP,TAP,STEP; ROCK RECOVER, TAP,STEP; TAP,STEP,ROCK RECOVER;
 4 - 6 (sugar push) in bfly feg wall tap L,step L,tap R,stp R; rk bk L,recov R keeping both hds joined while pushing apart and pulling together, tap L,stp L; tap R,stp R,rk apart L,recov R;
 7 - 9 KICK,STEP,KICK,STEP; ROCK,RECOVER, KICK,STEP; KICK,STEP,ROCK,RECOVER;
 7 - 9 (mooch steps) in bfly feg wall blend to bjo & kick L(W kick R),stp L,kick R,stp R; rk bk L,recov R blending to scar,kick L, stp L; kick R,stp R,rock bk L,recov R still in bfly scar pos;
 10-12 TAP,FORWARD(W RF TWIRL),TAP,SIDE TURN; ROCK,RECOVER, TAP,STEP(W RF TWIRL); TAP,SIDE TURN,BACK,BACK;
 10-12 (change sides) in bfly scar tap L,stp fwd L to fc lod/wall,tap R,stp sd R to fc coh(as W does rf twrl under jnd lead hands R/L,R,L,R,L to end in bfly feg wall); rk bk L,recov R,tap L,stp L; tap R,sd trn R to fc rlod(as W does rf twirl under jnd lead hds R/L,R; L/R,L to end in lop feg M & lod), (sugar foot) bk L,bk R(as W swivels fwd twd lod twisting lf on ball of R ft,twisting rf on ball of L ft);
 13-15 BACK(W SWIVEL),BACK,BACK,BACK; BACK,BACK, TAP,STEP(W RF TWIRL); TAP,SIDE TURN,ROCK,RECOVER;
 13-15 (contin sugar foot) bk L,bk R,bk L bk R; bk L,bk R(as W swivels fwd R,L,R,L; R,L),tap L,stp L; tap R,sd trn lf on R to fc wall(as W does rf twirl R/L,R; L/R,L to fc coh), rk bk L,recov R to scp feg lod;
 16 FORWARD,-,FACE,-;
 16 in scp feg lod fwd L,-,fwd trn R to fc ptr & wall in cp,-;

PART C (Triple Swing)

1 - 3 FWD/CL,FWD,FWD/CL,FWD; FWD,REACH THRU, FWD/CL,FWD; FWD/CL,FWD,FWD,FACE;
 1 - 3 blending to scp lod fwd L/cl R,fwd L,fwd R/cl L,fwd R; fwd L,reach thru R,fwd L/cl R,fwd L; fwd R/cl L,fwd R,fwd L, fwd trn R to bfly feg wall;
 4 - 6 SIDE/CLOSE,SIDE,SIDE/CLOSE,SIDE; ROCK,RECOVER, TURN/CLOSE,TURN(W LF TWIRL); TURN/CLOSE,TURN,ROCK FWD,RECOVER;
 4 - 6 (basic triple swing) in bfly feg wall sd L/cl R,sd L,sd R/cl L,sd R; rk bk L,recov R, (four-handed twrl to tamara) retaining both ptrs hds raise R hd high & keep L hd low while trng rf sd L/cl R,sd trn L to fc rlod; contin rf trn sd trn R/cl L,sd trn R(as W twrls fwd under arch formed by M's R & her L hds trng lf R/L,R; L/R,L to end in tamara pos with her R hd behd her back & feg wall), in tamara pos feg coh rk fwd on L twd coh,recov on R (W rk bk on R,recov L);
 7 - 9 TURN/CLOSE,TURN(W CIRCLE BEHIND M),TURN/CLOSE,TURN; ROCK,RECOVER, CHANGE SIDES FWD/CL,FWD; FWD/CL,FWD,WALK,2;
 7 - 9 (unwind from tamara) contin trng rf dropping W's wrapped hd & maintaining high hd hold sd trn rf L/cl R,sd trn L to fc lod, sd trn R/cl L,sd trn R to fc wall(as W passes bhd M's bk trng lf fwd trn R/cl L,fwd trn R,fdw trn L/cl R,fwd trn L to fc coh); rk bk L,recov R,chg hds & pass bhd W diag twd lod/wall fwd L/cl R,fwd L(as W passes twd lod/coh under jnd lead hds fwd R/cl L, fwd R to lop feg lod); in lop fwd R/cl L,fwd R,fwd L,fwd R;
 10-12 CHANGE SIDES FWD/CL,FWD,FWD/CL,FWD; FWD,FACE, SD/CL,SD; SD/CL,SD,ROCK,RECOVER;
 10-12 chg hds to M's R & W's L & pass bhd W diag twd lod/coh fwd L/cl R,fwd L,fwd R/cl L,fwd R to op feg lod; fwd L,fwd trn R to bfly feg wall, (triple swing basic) sd L/cl R,sd L; sd R/cl L,sd R,rk bk L,recov R;
 13-15 SIDE/CL,SIDE(W LF WRAP),SIDE/CL,SIDE; ROCK,RECOVER, SIDE/CL,SIDE(W RF UNWRAP); SIDE/CL,SIDE,ROCK,RECOVER;
 13-15 in bfly feg wall retain both ptrs hds raising L hd high & keeping R hd low sd L/cl R,sd L, sd R/cl L,sd R(as W does a lf wrap into crook of M's R arm lf trn R/cl L,trn R,trn L/cl R,trn L to end feg wall; both feg wall in wrap pos rk bk twd coh L,recov R, releasing high hands sd L/cl R,sd L; sd R/cl L,sd R(as W rolls rf to unwrap R/L,R; L/R,L) ending in open feg pos M feg wall,rk bk L,recov to scp feg lod;
 16 FORWARD,-,FACE,-;
 16 in scp feg lod fwd L,-,fwd trn R to cp feg wall,-;

ENDING

LAST TIME THRU PART B CHANGE MEAS 16 TO: STEP APART ON L,-,POINT R TOWARD PARTNER,-;

Note: Underlining of head cues above is done in 6-beat swing figures rather than by 4-beat measures.

HI HAT Round Dance Records

Mail Address: Merl & Delia Olds
2421 Inola St, San Dimas, Ca. 91773

Phone:(213) 335 3715
Printed in U. S. A.

Hi-Hat # 985

"SWINGING SAL"

Dance by Tommy & Geneve Thomas, 232 No. State, Salt Lake City, Utah 84103

Note: This dance is primarily "Basic Swing" where each figure takes a measure and a half (6 bts). For this reason most of the dance is written in 3 measure phrases.

INTRO

(1)(Diag Open Fcg) WAIT; (2) WAIT; (3) APT,-, PT,-; (4) TOG (SCP-LOD),-, T CH,-;

1-4 Open-Fcg pos M fc diag LOD-Wall wait 2 meas then do a standard Intro & blend to SCP-LOD;

(SCP-LOD)

PART A

(1) FWD,-, BK,-; (2) RK BK, REC, FWD,-; (3) BK,-, RK BK, REC;

1-3 (SSQQ SSQQ) SCP slow fwd LOD on L,-, recov slow back on R,-; Quick rock back on L, recov on R, Slow fwd L,-; recov slow back on R,-, quick rock back on L, recov on R; (Two 1 1/2 meas basic swing figures)

(4) W TWIRL,-, 2,-; (5) RK BK, REC, W REV TWIRL,-; (6) 2,-, RK BK, REC;

4-6 M repeats meas 1 thru 3 basic figure (W twirls 1/2 R-fc under her R arm & M's L to fc M & RLOD stepping slow R,-, slow L,-; Quick rock back on R, quick recov on L, W L-fc twirl under same arms to fc LOD in SCP slow R,-; Slow L,-, quick rock back on R, quick recov on L); (SSQQ SSQQ)

(7) SD,-, BEHIND,-; (8) SD, FRONT, SD,-; (9) BEHIND,-, SD, FRONT;

7-9 Blend to Bfly pos M fcg wall & vine LOD stepping slow side L,-, slow XRIB (W XLIB),-; Quick side L, quick XRIB (W XLIF), slow side L,-; Slow XRIB (W XLIB),-, quick side L, quick XRIB (W XLIF); (SSQQ SSQQ)

(10) STEP, KICK, STEP, KICK; (11) SWIVEL, SWIVEL, STEP, KICK; (12) STEP, KICK, SWIVEL, SWIVEL;

10-12 Bfly pos M fcg wall step side L, small kick R LOD, step side R, kick L RLOD; Bring both feet together swivel LOD, swivel RLOD, Step side L, small kick R LOD; Side R, kick L RLOD, swivel LOD, swivel RLOD; (QQQQQQ QQQQQQ)

(13) WALK,-, MANUV,-; (14) PIV,-, TWO,-; (15) TWIRL,-, TWO,-; (16) WALK,-, TWO,-;

13-16 Blend to SCP & walk LOD slow L,-, manuv on R to fc RLOD in CP,-; 1/2 R-fc cpl pivot LOD L,-, R to end in SCP-LOD,-; M walks fwd LOD 2 slow steps L,-, R (W twirls R-fc under joined lead hands),-; in SCP walk fwd LOD L,-, R,-; (SS SS SS SS)

PART B

(17) DIG, STEP, DIG, STEP; (18) FACE, CLOSE, DIG, STEP; (19) DIG, STEP, FACE, CLOSE;

17-19 SCP dig L toe beside R toe (no wt), fwd on L, dig R toe beside L toe (no wt), fwd on R; Face partner & step side LOD on L, close R, dig L, fwd L; Dig R, fwd R, face partner & step side LOD on L, close R; (QQQQQQ QQQQQQ)

(20) W TWIRL,-, TWO,-; (21) RK BK, REC, WRAP,-; (22) TWO,-, RK BK, REC;

20-22 M repeats meas 1 thru 3 of Part A (W R-fc twirl under joined lead hands turning 1/2 R-fc slow R,-, slow L to end fcg M & RLOD,-; Quick rock back on R, quick recov L, joining both hands with M wrap L-fc stepping slow R,-; Slow L,-, wrap pos fcg LOD quick rock back on R, recov L; (SSQQ SSQQ)

(23) UNWRAP,-, TWO,-; (24) RK BK, REC, W REV SPIN,-; (25) TWO,-, RK BK, REC;

23-25 M repeat basic meas 1 thru 3 of Part A (W unwraps by releasing her R hand and M's L making a 1/2 R-fc turn to end fcg M & RLOD stepping slow R,-, slow L,-; Quick rock back on R, quick recov L, release both hands W spin L-fc stepping slow R,-; Slow L,-, in SCP rock back on R, rec L; (SSQQ SSQQ)

(26) FWD,-, FACE,-; (27) SIDE, CLOSE, FWD,-; (28) FACE,-, SIDE, CLOSE;

26-28 SCP slow fwd L,-, turn 1/4 R-fc to fc partner,-; Quick side L, close R, SCP slow fwd L,-; Turn 1/4 R-fc to fc partner,-, quick side L, close R; (SSQQ SSQQ)

(29) (Bfly) TOE, SD, HEEL, CROSS; (30) TOE, SD, HEEL, CROSS; (31) TOE, SD, HEEL, CROSS;

(32) TOE, SD, HEEL, CROSS; (QQQQ QQQQ QQQQ QQQQ)

29-32 Tch L toe to R toe swiveling R foot RLOD, side L swiveling R ft LOD, touch R heel to L toe swiveling L ft RLOD, cross R over L swiveling L ft LOD; Repeat this action 3 more times progressing LOD); (QQQQ QQQQ QQQQ QQQQ)

DANCE GOES THRU TWICE PLUS ENDING

Ending: (1) FWD,-, BK,-; (2) RK BK, REC, TWIRL,-; (3) TWO,-, RK BK, REC;

1-3 Slow rock fwd on L,-, recov on R,-; Quick rock back on L, recov on R, M rocks slow fwd on L (W starts 1/2 R-fc twirl as in meas 4 of Part A,-); M recov on R (as W completes twirl),-, quick rock back on L, recov on R; (SSQQ SSQQ)

(4) HOLD (W step),-, STEP, POINT; (Drape & Slide Apart)

4 M holds 2 cts,-, step apart on L twd COH, point R (W step fwd on R,-, apart twd wall on L, point R); Note: At same time drape arms behind M's & W's necks,-, release hands and then join R hands as you "Step, Point!"; (SQQ)

SWING CLINIC

Leaders: Jack & Alma Bassett, Boalsburg, PA - Publishers, Round Dancer Magazine

HISTORY

The swing dance style originally developed in the United States, although it has become a popular dance form on just about every Continent since its origin in the late 1920s. It is said by some that the first rudiments of the swing developed in the American southland, but it first emerged as a nationally known dance style as the Lindy, or Lindy hop, shortly after Col. Charles Lindbergh's epic solo flight across the Atlantic in 1927. The dance received its impetus in the Savoy Hotel and the Cotton Club in New York City's Harlem section which, in the 20s were frequented by visitors from all over the country.

Other Names:

Other names by which the Lindy, or Swing, have been known include Jitterbug, Jive, Boogie Woogie, West Coast Swing, Rock & Roll, and Balboa. The names Boogie Woogie, Swing, and Rock & Roll were borrowed from music styles of the same names, and undoubtedly the particular dance styles given these names were developed to fit the music of the same name. Over the years, the fine distinctions between the swing style dances called by different names have become blurred, especially in other countries, where the dance was carried by American servicemen during World War II.

Regardless of the name by which this dance style is called, or the various nuances which might have developed in various areas at different times, modern swing is danced within a standardized rhythm framework of 6 music beats per dance figure. Originally there were wild, acrobatic figures performed by Jitterbug dancers and, in more staid locations such as England, jitterbug dancing was not allowed in respectable dance halls except during special interludes when other dancers left the floor. Dance studios and dance teachers have "cleaned up the act" and made the dance respectable so that it now takes on a smooth, sophisticated appearance when danced by skilled performers.

RHYTHM

As mentioned above, swing rhythm dance figures are fitted within a framework of 6 beats of 4/4 time (4 quarter-notes to the measure) music similar to the primary foxtrot rhythm, with four dance steps per figure in its most basic form - SSQQ. The music to which the swing rhythm is danced, however, is quite different from the smooth orchestral style used in foxtrot music (the swing steps may be, and often are danced to foxtrot music to expand the foxtrot repertoire of experienced dancers). Swing music is syncopated, with the accent often placed on the upbeat instead of the downbeat, as in foxtrot music. An example probably will say more than can be described in words - for those who are familiar with the tune, "In the Mood" is a perfect example of swing music styling. Music speed is similar to that of foxtrot orchestrations, ranging from approximately 30 to 42 measures per minute.

FIGURE TYPES

There are 3 primary types of swing figures which have emerged as the most popular over the years: single, double, and triple swing. All three are danced within the SSQQ rhythm framework, with the single, double, and triple variations referring to the two slow steps. The two quick steps are usually, but not always, a rock on the man's left foot with a recover step on the right (woman opposite).

Single Swing:

The single swing basic is usually danced in closed position with the lead hands held about waist-high, and the man's right hand just below the lady's left shoulder blade. The basic is usually used to set up various breaks, where the lady rolls out to various open positions, or twirls under an arch formed by the partner's joined hands to various open positions, immediately followed by the rock, recover.

In the basic, the M steps on his L foot for 2 beats of music, then on his R foot for 2 beats of music, blending to scp, then in scp the both partners rock bk on the outside foot for one beat of music, and recover to cp on the 6th beat of music. In R/D terminology, a basic figure would be written: sd L,-,sd R blending to scp,-; rk bk L,recov R to cp, ---- note that if a swing figure begins at the beginning of a measure, it ends in

SWING CLINIC (continued from Page 1)

the middle of the next measure. Thus, 2 swing figures take 3 measures of 4/4 time music.

The twirl break is probably the figure most associated with swing in the minds of people not familiar with various swing figures. The raising of the lead hands from waist level up high to form an arch is the unmistakable sign that the man is preparing to twirl the lady under the arch. The timing of the lead is signaled, however, with a gentle pressure against the lady's shoulder blade by the man's right hand just before the first slow step of the figure.

Other positions and handholds include butterfly, open with either leading or trailing hands joined, right or left handshake position, and solo with no hands joined.

The positions and handholds described above for single swing apply equally to the double and triple swing variations described below.

Double Swing:

As explained previously, double refers to the number of actions performed during the slow steps of the SSQQ pattern. The original double swing, developed in Harlem in the early 30s, was an energetic offbeat dance, with a strong downward motion of the body on the musical offbeat executed by a sharp bending of the knee of the weight supporting foot. Many dancers still prefer this style, albeit with a less pronounced downward motion. The basic, written in round dance cue sheet format, would be: in cp tap L beside R, step slightly to sd on L with a slight knee bend, tap R beside L, step slightly to sd on R with a slight knee bend blending to scp; rock bk on L, recov R blending back to cp, --- Note that the L foot tap and step take the same amount of time as the slow side step to the left in the single swing, as does the tap and step on the R foot - then the rock, recover on the QQ portion of the figure. Thus the double swing figure fits the SSQQ framework or 6 beats of 4/4 time music. The difference is that both a tap and a step are done during each slow period of the SSQQ framework instead of just one slow step held for two beats of music, as in the single swing.

The tap step of the double swing is performed somewhat differently than the tap step in other dances, in that it is done with more pressure into the floor with a sort of a "dig" style. It might be thought of as taking partial weight on the tapping foot, rather than a light tap, as is usual in most round dances.

Triple Swing:

The triple swing uses 3 steps to each slow segment of the SSQQ swing rhythm framework, followed by the rock, recover on the QQ. This triple step is similar to the triple balance, or pas-de-bas used in other round dance rhythms, except that the second step of the triple is not taken behind the other foot. In round dance cue sheet format, a triple basic would be written: in cp sd L/cl R, sd L, sd R/cl L, sd R blending to scp; rk bk on L, recov R (W opposite) --- note that the timing is similar to a cut-time side two step on each of the triple steps, in that the first two steps of the triple are done in one beat of music, and the 3rd step is given one beat of music, for a total of 2 music beats, just the same amount of time allowed for the single step of the single swing or the double step of the double swing.

VARIATIONS

Just as in other dance rhythms, there are variations and exceptions to the basic rhythm of the swing. Examples are the sugar foot swivel and the jive walks, which do not necessarily fit within the 6-beat framework or one-and-one-half measures of 4/4 time music. These breaks, or variations, are done with a series of quick steps each done to one beat of music, so there is nothing to prevent the man from leading the woman through a series of more than 6 steps of sugar foot or jive walk. See the attached cue sheet to ANYTHING BUT LOVE for an explanation of the sugar foot and jive walk steps in PART B of the dance.

INSPIRATION

Composer: George & Mady D'Aloiso, 2240 Vemco Drive, Bellbrook, Ohio 45305 (513-845-4820)
 Record : Roper 232A "Inspiration" (Flip side of "El Choclo")
 Sequence: A B C A B D

PART A

WAIT; WAIT, WAIT, FWD, FLK; FWD, FLK, FWD, FLK; FWD, FLK, FWD, FLK;

- 1- Wait with M beh W both fcg DW with both L ft free with W both hnds on hips with M both hnds on top of W hnds;
- 2- Wait, wait, with identical ftwork fwd L, flk R bk;
- 3- Fwd R, flk L bk, fwd L, flk R bk;
- 4- Repeat meas 3;

CK FWD, -, -, -; REC, TRN, -, -; SWVL, 2, 3, 4/PT; FWD, LK, FWD, PT;

- 5- Ck fwd R(W fwd R), -(W fwd L away from ptr twd LOD), -(W R solo roll LF twd LOD beginning 2 revolutions), -(W L continue LF roll);
- 6- Rec L(W R continue LF roll), trn RF $\frac{1}{4}$ sd R to fc wall(W L finish solo roll ending fcg wall), -(W look LOD pt R twd ptr who is approx 8' away & take skirt in both hnds swishing the skirt twd LOD), both hold;
- 7- (Note: Now on opposite ftwork start angling twd ptr to end part A together)
Twd wall prancing swvl fwd L, R, L, swvl LF to fc COH on L/pt R bk twd wall(W swish skirt bk as she pt);
- 8- Fwd R, lk L, fwd R, pt L twd COH(W has skirt in hnds both twd L);

SWVL FLK, FWD, SWVL PT, -; FWD, LK, FWD, PT;

SWVL FLK, FWD, SWVL PT, -; FWD, LK, FWD, PT; -, FLK, PT, -;

- 9- Swvl RF R to fc wall flk L bk twd COH(W swings both hnds on skirt twd COH during flk), fwd L twd wall, repeat beat 4 meas 7, -;
- 10- Repeat meas 8;
- 11- Repeat meas 9;
- 12- Repeat beats 1 thru 3 meas 8, ,, pt L sd twd COH fcg ptr LOD(W put L hnd at junction of M R shoulder & neck while W put R hnd beh W bk at waist level while M puts L fist on M L hip & reaches arnd W waist to hold W R hnd in M R hnd);
- 13- -, flk L beh, pt L sd, -;

PART B

TRN, SD, BK, -; TRN, SD, FWD, -; TRN, SD, BK, -; TRN, SD, FWD, -;

- 1- Retaining hnd hold trn LF $\frac{1}{2}$ L, sd R to fc RLOD, bk L(W head R), -;
- 2- (W head L)Trn LF $\frac{1}{2}$ R, sd L ft together at 90° to fc LOD, fwd R, -;
- 3-4 Repeat meas 1 & 2;

RK FWD, REC, BK, LEG CLIMB; -, BK, RK FWD, REC; BK, LEG CLIMB, -, BK; RK FWD, REC, BK, RK TRN; 2, 3, 4, PT;

- 5- Rk fwd L trng LF $\frac{1}{8}$, rec R trng to fc LOD, bk L trng RF $\frac{1}{8}$ (W trn head R putting L hip into M), without changing ft or weight swvl body to fc LOD(W trn head L putting R hip into M & bring W L leg up along M R leg up to his thigh);
- 6- Hold beginning to bring R bk, bkR, repeat beats 1 & 2 meas 5,;
- 7- Repeat beats 3 & 4 meas 5, ,, repeat beats 1 & 2 meas 6,;
- 8- Repeat beats 1 thru 3 meas 5, ,, (W head L stepping into M) begin LF rk trn on R;
- 9- Continue LF rk tra L, R, L ending fcg wall, pt R twd RLOD & pt L arm twd corner of ceiling & wall(W head L with R hip into M & L arm point to form a straight line with the M arm);

SD, -, -, -; -, -, SD, -; -, -, -, -; -, -, SD/CL, SD; FAN, 2, BK, 2; 3, 4, -, -;

- 10- Sd R fcg wall keep L arm extended twd LOD & hold W R hnd, -, -, -(Caution on rolling W starts with L arm straight up in the air & W roll RF L, R, L, Rending with M R & W L hnds jd at arms length);
- 11- -(W hold pt R arm twd RLOD & look RLOD), -, sd L pulling W(W L roll LF with both arms straight up), -(W R continue roll LF);
- 12- -(W L finishes $1\frac{1}{2}$ roll LF to fc LOD with both arms straight up in the air), hold put R arm arnd W for support(W kick R fwd twd LOD with straight leg & L arm still up & R arm pt twd LOD), hold M L & W R hnd jd(W R LF trn to fc RLOD), -(W does a figure 4 by standing on R & bringing L up to R knee);
- 13- Hold for a throwaway oversway(W pt L twd LOD), -, twd RLOD sd R/cl L, sd R;
- 14- Fan M L CCW(W R CW), Continue to fan to SCP, bk L, bk R;
- 15- Bk L, bk R into a slight press, -, -;

PART C

FWD,-,FC,SD; XIB,-,IN PLACE,-; WHEEL,-,2,-; 3,4,FWD,TRN/PT;

- 1- SCP fwd L twd LOD,-,trng to fc ptr R,sd L;
- 2- XRIB of L(W XLIB starting a CW flair with R ft),-(W continue flair),in place L(W bk R to temp SCP),-(W L trn LF to bjo);
- 3- Now on identical ftwork bjo wheel RF R,-,L,-;
- 4- Keep bjo wheeling R,L to end fcg wall,fwd R twd wall(W fwd R twd COH),trn to SCAR/pt bk L;

FWD,TRN/PT,FWD,-; -, -,RK FWD,REC SD; BK,-,REC,-; FWD,SD,DRAW,-;

- 5- Fwd L twd COH(W fwd L twd wall),trn to bjo/pt bk R,repeat beat 3 meas 4, -(W trn to SCP/pt bk L);
- 6- -(W pickup L),-(W tch R) now on opposite ftwork,rk fwd L,rec sd R to bjo;
- 7- Bk L(W fwd R/trn to SCP pt L bk),-,rec R picking up to fc wall,-;
- 8- Twd wall fwd L,sd R,draw L to R,-;

FWD,-,MNVR,PVT; 2,TAP,FWD,-; MNVR,PVT,2,TAP; FWD,-,PICK UP,-;

- 9- SCP LOD fwd L,-,mnvr R,pvt RF L;
- 10- Continue pvt RF R to SCP,tap L to R,repeat beats 1 & 2 meas 9,;
- 11- Repeat beats 3 & 4 meas 9,,repeat beats 1 & 2 meas 10,;
- 12- Fwd L,-,pickup R,-;

RK TRN,2,3,4; 5,6,RK BK,REC; PT FWD,-,FWD,-; -,CL,PT,-;

- 13- Rk trn LF rk fwd L, trn LF rec R, trn LF rk fwd L, trn LF rec R to fc wall;
- 14- Rk fwd L twd wall,rec sd R to SCP,rk bk L,rec R;
- 15- Pt L fwd twd LOD,-,fwd L(W R begin indiv slight RF trn),-(W L continue RF trn ending with bk to ptr on identical ftwork);
- 16- -,cl R to L,pt L twd LOD,hold in the same position defined in meas 1 part A:

Repeat Part A starting with meas 2.

PART D

FWD,-,PICK UP,-; LF PVT,2,SD,PICK UP; -, -,LF PVT,2; SD,PICK UP,-,-;

- 1- SCP fwd L,-,pickup R,-;
- 2- LF pvt L,LF pvt R,sd L twd LOD fcg wall(W fwd R twd LOD),pickup R trng to fc LOD (W stepping L to begin a pickup);
- 3- -(W finish picking up using a high leg bk attitude EROS line),-(W tap R to L), repeat beats 1 & 2 meas 2,;
- 4- Repeat beats 3 & 4 meas 2,,repeat beats 1 & 2 meas 3,;

RK FWD,REC,BK,-; RK TRN,REC TRN,RK TRN,-; SNAP CORTE,-,REC,-; FWD,SD,DRAW,-;

- 5- Rk fwd L,rec R,bk L,-;
- 6- Starting a LF trn rk bk R,rec L DRC,bk R twd DW,-;
- 7- Trng RF snap into a corte bk L ending fcg LOD,-,rec R,-;
- 8- Fwd L,sd R,draw L to R,-;

FWD,-,PICK UP,-; LF PVT,2,SD,PICK UP; -, -,LF PVT,2; SD,PICK UP,-,-;

- 9-12 Repeat measures 1 thru 4;;;;
- 13-14 Repeat meas 5 & 6;;;;
- 15- Repeat beats 1 & 2 meas 7,,deep sd R lunge twd LOD with R leg well between W legs,-;
- 16- Staying in the lunge pos roll upper part of body RF(W look at M),rec L staying down rolling the body LF(W sarting to look away),rise up sharply on L(W execute leg climb as explained in Part B),-;

April, 1980

RUMBA MIA

By Eddie & Audrey Palmquist, El Toro, Ca.

RECORD: HOCTOR H688 "Amada Mia"

SLOW RECORD TO 40

SEQUENCE: INTRO, A, B, A, B, A

INTRODUCTION

1-4 WAIT; WAIT; XIB, RECOVER, SID, -; XIB, RECOVER, SID (M trn RF to fac wall & partner), TCH
(W trn RF to fac COH & partner, clos) transition to opposite footwork;

- 1 M fac COH W fac Wall W's L shoulder tch bk of M's L shoulder arms at side both have weight on R WAIT 1 meas;
- 2 Raise both arms to side shoulder height;
- 3 WITHOUT BODY TRN BOTH XIB L look side at partner M's arm slide on top of W's arm hand rest on W's L shoulder, Recov R, sid L slide bk to bk M's R arm now on top of W's R M's R hand on W's R shoulder look side at partner, -;
- 4 Both XIB of L M's R arm slide down W's arm, both RTcov L, both side R trn RF to fac partner, M tch L to R (W clos L to R) now opposite footwork. Join both hands in front at waist level M's palms up W's palms down.

PART A

1-6 DIAG CUCARACHA; DIAG CUCARACHA; DIAG CUCARACHA & WRAP FAC LOD; (Kiki Walks) FWD, 2, 3, -
FWD, 2, 3, -; FAN TO X BODY;

- 1, 2 (Diag Cucaracha) Open Fac M fac Wall both hands joined at Waist level M's palms up W's down step diag apart L DC (W R DW) at same time lower lead hands & raise trailing hands like opening the JAWS of a whale, Recov R, Clos L return hands to starting position, -; (Diag Cucaracha) Diag apart R (W L) lower trailing hands & raise lead hands, Recov L, Clos R to L, - bringing hands to starting position;
- 3 (Diag Cucaracha & Wrap) Repeat action of ct 1 meas 1, on Recov & Clos raise L arm over W's head as she trns LF to Wrap Pos fac LOD L, R, L, - (W R, L, R, -);
- 4, 5 (Kiki Walks) in Wrap Pos: fwd LOD R, L, R, -; L, R, L, -;
- 6 (Fan to X Body) Release M's R & W's L hands bk R, Recover L, sid & fwd R DW (W fwd L twd COH, sid & bk R COH, Bk L COH) end M fac LOD W fac Wall M's L & W's R hds joined.
- 7-16 HOCKEY STICK;; OVERTURN ALEMANA; TURKISH TOWEL; L TO R; R TO L; WHEEL;; W TO SHADOW;
SIDE LUNGE;
- 7, 8 (Hockey Stick) M fwd L LOD, Recov R, clos L to R, - (W clos R to L, Fwd R, L twd Wall start to pass IF of Man, -); M bk R commence RF trn, Recov L, Fwd R DW (W fwd L commence LF trn under M's L & W's R arm, continue trn bk & sid R, Bk L DW) change hands to handshake hold (rt to rt) at Waist level, -;
- 9, 10 (Overtrn Alemana to Turkish Towel) Fwd L DW, Recov R, clos L to R raise joined R arms prepare to trn W RF, - (W bk R, Recov L, Fwd R, -); M Bk R, Recov L, Fwd & sid R DW as he leads W to trn RF under joined R hand fwd L, Fwd R in 1/2 circle to his right side, W continue trn on R to step side L COH to M's L side her R shoulder just behind M's L shoulder M's L arm XIF of W's waist joining L to L hands. On step one of Meas 10 joined R arms go over W's head, on step 2 joined hands go down between them, on step three joined hands go up above & behind M's head. Right hds remain joined throughout Meas 9 & 10. End facing LOD.
- 11, 12 (Turkish Towel L to R and R to L) Keeping both hands joined M bk L RLOD (W fwd R LOD), Recov R (W recov L), M sid L COH (W sid R) as W slide behind M's bk joined R arm is lowered IF of W L hds high behind M's head W now on M's R side, -; M bk R (W fwd L), Recov L (W recov R), sid R (W sid L COH to M's L side) M's L arm IF of W M & W's R hds now on M's R hip, -; NOTE: Keep both hds joined. M slide W from side to side behind his back as though she were a "turkish towel".
- 13, 14 WHEEL 1 full turn RF M stepping bk, W fwd L, R, L, - (R, L, R, -); R, L, R, - (L, R, L, -);
- 15 Release R hds retain L hds M bk L, Recov R, clos L to R, - (W trns RF IF of M to shadow fac LOD R, L, tch R to L, -) now on identical footwork; RELEASE HAND HOLDS.
- 16 Both side R to Wall in R lunge R hds high L arms low twd COH both look to left sway to left with matching "lines". Timing: SIDE LUNGE, -, HOLD, -;

RUMBA MIA (Continued)

PART B

- 1-4 FWD, 2, 3, -; BK, RECOV, FWD, -; FWD, 2, 3, -; BK, RECOV, FWD, -;
- 1, 2 Shadow Pos LOD L hds joined from Side Lunge M place R hd on W's R shoulder blade (W's R out to side) both start L foot progress LOD L, R, L, -; Bk R, Recov L, Fwd R, -;
- 3, 4 Progress LOD L, R, L, -; Bk R, Recov L, Fwd R, -;
- 5-8 FWD, RECOV, SPIN, CLOS to "SIT LINE"; M WHEEL RF (1 full turn), 2, 3, -; 4, 5, 6, -; M FWD, TRN, CLOS (to fac W), -rt palm to palm L arms up & bk (W rise, touch, -);
- 5 Both fwd L LOD, Recov R fac Wall, release hds both spin RF on R to fac LOD, clos L to R (W relax L knee & point R ft fwd (Sit Line) W's L arm IF of M's waist L hds joined W's R arm up high M's R hand on W's R upper arm;
- 6, 7 W holds "Sit Line" pos as M wheels fwd trning W on ball of her L foot R, L, R, -; L, R, L 1 full trn to fac LOD, -;
- 8 Releasing hand holds W rise slowly on L & tch R as M fwd R commence RF trn, sid L DW, clos R to L to fac partner, -R hds palm to palm held high R shoulders twd part left arms up & back;
- 9-12 (Bk Walks W Spirals) R palm to R palm BK, 2, 3, -; BK, 2, 3, - (W RF Spiral, fwd, fwd, -); L palm to L palm BK, 2, clos, - (W LF Spiral, Fwd, fwd, - (R to R high); OVERTURN ALEMANA TO ADVANCED OPENING OUT;
- 9, 10 (R to R) Bk LOD L, R, L, - (W fwd R, L, R, -); Bk R, L, R, - (W RF spiral side L LOD free RF spin to fac LOD allow R XIF, Fwd R, L, -)
- 11 (L Palm to L Palm L shoulder twd partner) M Bk L, R, Clos L to R, - (W LF Spiral side R free LF Spin allow L XIF, Fwd L, R, -); W close to M R hds joined high make a wind
- 12 (Overturned Alemana & Adv Opening Out) M bk R, Recov L, Fwd R, - (W trn RF under M's R & W's R fwd L, R, L to M's R side R hds joined at waist level, ct 4 M will trn W RF 1/2 on her left foot M & W fac RLOD R hds joined IF of W;
- 13-16 ADVANCED HIP TWIST; RUNAWAY FAN; FENCE LINE, RECOV, FAC; M SIDE CUCARACHA, RECOV, TCH, - (W Solo Alemana Trn);
- 13 (Adv. Hip Twist) M Fwd L, Recov R, Bk L, - (W Bk R, Recov L trn LF, Fwd R fac LOD, swivel on R trn 1/2 RF fac RLOD; (Adv Hip Twist action on M's Rt side)
- 14 (Runaway Fan) M Bk R trn LF, Recov L to fac DWR (change hds to M's L, W's R) Tch R to L (W fwd R DW trn LF, Side & Bk R trn LF, side & fwd L DW, -); Identical footwork.
- 15 (Fence Line) BOTH fwd R DW X thighs (on one line diag Wall M behind W matching her "line" W's L arm extended out from shoulder diag Wall & LOD M's R arm extended back both looking diag Wall & LOD in direction of W's L arm) Recov L, M side R to face Wall, - (W side R trn RF to fac M);
- 16 M Cucaracha & Tch W Solo Alemana) M side L LOD, Recov R, tch L to R, - (W fwd L, R, L trning RF solo to end facing M) join both hds to repeat dance.

SEQUENCE: INTRO, A, B, A, B, A-ending with the SIDE LUNGE, -, HOLD, -measure 16 of PART A.

COMMENTS ON INTERNATIONAL RUMBA

By Eddie & Audrey Palmquist, El Toro, Ca.

RHYTHMIC INTERPRETATION

The Rumba is fundamentally a 'body' dance. Hip actions which will result from the correct use of ankles and knees will normally occur through a controlled transfer of body weight from one foot to the other.

Basic International Rumba step is PLACE L fwd with fwd toe slightly turned out(Q), Replace weight to R(Q), Side L(S), -; PLACE R back toe turned slightly out(Q). Replace weight to L(Q), Side R(S), - (W opposite).

Foot action is toe flat. As foot goes flat leg is straightened followed by slight side hip action. RHYTHM QQS: Step 1, Step 2, Step 3, Hip action count 4.

It is important to remember that Step 1 either forward or back is a PLACEMENT of the foot not a forward or back STEP with body movement forward or back. Body movement is kept to the minimum. However the SIDE STEP is a moving step with body movement.

CLOSED POSITION. This is a LOOSE CLOSED POSITION. Partners stand a short distance apart, arms off the shoulders and rounded toward partner. M's R hand is on W's L shoulder blade, M's L & W's R hands joined slightly lower and closer in toward partners than normal CP hold. Partners stand SQUARE to each other, heads looking forward toward partner.

OPEN FACING POSITION with Left hand joined to Right, Right hand joined to Left, or both hands joined. Arms should curve down from shoulders meeting partners at waist level. M's palm up and W's palm down placing her fingers in M's hand, M's thumb on top of W's hand.

ALEMANA TURN is a RF turn under for the W(LRL). She should think of FWD, FWD, ~~FWD~~ not RF SPOT TWIRL.

HOCKEY STICK is so named because the six steps by W make a pattern of a hockey stick on the floor. This is a LF turn under. NOTE that on step one of a hockey stick W closes R to L followed by fwd L, R commencing to pass in front of L.

FAN POSITION. The W is at arms length on M's left side with her body at RIGHT ANGLES to his. The W's L foot will be back supporting full weight, M's L hand palm up joined to W's R hand palm down at hip height.

CUCARACHAS should be thought of as 'pressure steps'. The movement consists of three steps normally made without turn, the feet closing on the third step.

On the first step, which is taken with pressure into the floor retaining some weight on the supporting foot, the foot is taken either fwd, diag fwd, sideways, diag back or back, slightly outside the body.

On the second step (recover), full weight is transferred onto the supporting foot in place.

On the third step, the moving foot is closed to the supporting foot.

The HEEL of the supporting foot will not be released from the floor except in the case of the 'fwd Cucaracha'.

The Viennese Waltz

July, 1980

by Mike and Diana Sheridan

The Viennese Waltz is a very light, lively, free flowing dance. It originated in the late 18th and early 19th centuries when the large highly polished floors of the great Vienna ballrooms encouraged smooth graceful dancing. Prior to that time the Germans and Austrians did a waltz that had much hopping and stamping and was much more suited to the taverns and beer halls than the beautiful ballrooms. Perhaps the most famous and popular of the Viennese Waltzes, the Strauss Waltzes, come to us from Johann Strauss, Sr. and his three sons Johann, Jr., Joseph and Eduard. Between them they wrote about 1000 songs between 1825 and 1925.

Two characteristics of the Viennese Waltz have stayed with it. In its pure form almost all figures are turning figures and the dancers are in nearly constant rotation. The speed of the dance also endures. The music is normally played at approximately 60 measures per minute in contrast to slow English Waltz at about 30 measures per minute.

Since 1953 the Continental version of the Viennese Waltz has been accepted in championships. Recently it was added as a required fifth rhythm in all championships. Only six figures are permitted, these being the Natural and Reverse Turns, the right and left Forward Changes, and the Natural and Reverse Fleckerls. The popularized version of Viennese Waltz has a number of variations, which for round dancers, will make the dance considerably more acceptable.

The speed of the Viennese Waltz does not allow the rather deep rise and fall so characteristic of the English Waltz. A deep rise and fall can make the dance look choppy or bouncy. Instead, rise and fall is very shallow and consists mostly of body rise, with very little foot rise. Once the "feel" of the Viennese Waltz is achieved, sway to the right and left is almost dictated to the body by its response to the music. Good posture and head position, we find, are important, if for no other reason, to combat dizziness.

The hold for the Viennese Waltz is similar to that for the English Waltz, except slightly looser, ie. the couple should stand slightly apart. The man's left arm is held slightly lower and wider than in slow waltz.

After some practice we have found the Viennese Waltz to be most enjoyable, so, relax, make yourself feel light, and enjoy.

WAVES OF THE DANUBE

Composer: Mike and Diana Sheridan
 7503 Ideal Ave. So.
 Cottage Grove, MN 55016

July, 1980

Record: Roper 149-A, "Waves of the Danube", The Dancing Strings
 Type of Dance: Viennese Waltz
 Sequence: Intro, A, A(variation), B, B, C, C, A, End

Intro

WAIT; WAIT; **

1-2 Wait 2 meas in CP-LOD;;

** This music is the first 2 meas. of Part A and is not danced
 in Part A the first time thru the dance.

Part A

LF TRN WALTZ; LF TRN WALTZ; *LF TRN WALTZ; LF TRN WALTZ; FWD HESITATION;

1-2 (CP-LOD) Fwd L trng LF, sid R LOD, cont LF trn XLIF of R to CP-ROD (W bk R
 trng LF, sid L LOD, cl R to L); Bk R trng LF, sid L LOD, cont LF trn cl
 R to L fac LOD (W fwd L trng LF, sid R LOD, cont LF trn XLIF of R);

3-4 (* Dance begins here) Repeat action Meas 1-2 Part A ;;

5 Fwd L, drw R to L - no wght, - (W bk R, drw L to R -no wght,-);

RF TRN WALTZ; RF TRN WALTZ; RF TRN WALTZ; RF TRN WALTZ; FWD HESITATION;

6-7 (CP-LOD) Fwd R trng RF, sid L LOD, cont RF trn cl R to CP-ROD (W bk L trng
 RF, sid R LOD; cont RF trn cl L); Bk L trng RF, sid R LOD, cont RF trn cl L
 to CP-LOD (W fwd R trng RF, sid L LOD, cont RF trn cl R);

8-9 Repeat action Meas 6-7 Part A;;

10 Fwd R, drw L to R - no wght, - (W bk L, drw R to L - no weight,-);

REVERSE LILT;; LF TRN WALTZ; LF TRN WALTZ; CURTSEY;;

11-12 (CP-LOD) Fwd L, drw R twd L, XRIB of L - no wght (Wbk R, drw L to R -no wght,-);
 Bk R, drw L to R - no wght, - (W fwd L, drw R twd L, XRIB OF L - no wght);

13-14 Repeat action Meas 1-2 Part A;;

15-16 Fwd L, drw R twd L and begin to trn W LF, drw R to L - no wght still fac LOD
 and relax R arm allowing W to trn out (W bk R beginning trn LF, cont LF trn
 drwg L twd R, maintain hold drw L to R no wght to fac LOD and wall); wait
 with feet together relaxing knees slightly wght on L, lead W to rise wght
 still of L, lead W to CP LOD wght on L (W XLIB of R wght on R relaxing R knee -
 head well to left, rise and SWVL RF on R, cont RF trn on R to CP-LOD);

Part A (variation)

RF TRN WALTZ; RF TRN WALTZ; RF TRN WALTZ; RF TRN WALTZ; FWD HESITATION;

1-5 Repeat action Meas 6-10 Part A ;;;;

LF TRN WALTZ; LF TRN WALTZ; LF TRN WALTZ; LF TRN WALTZ; FWD HESITATION;

6-10 Repeat action Meas 1-5 Part A ;;;;

NATURAL LILT;; RF TRN WALTZ; RF TRN WALTZ; CURTSEY;;

11-12 (CP-LOD) Fwd R, drw L twd R, XLIB of R -no wght (W bk L, drw R to L - no wght, -);
 Bk L, drw R to L - no wght, - (W fwd R, drw L twd R, XLIB of R - no wght);

13-14 Repeat action Meas 6-7 Part A;;

15-16 Fwd R, drw L twd R and begin to trn WRF, drw L to R - no wght allowing W to trn RF - fac LOD (W bk L begin RF trn, cont RF trn drwg R twd L, drw R to L - no wght to fac COH & LOD); wait with feet together relaxing knees slightly wght on R allow W to curtsey, lead W to rise wght still on R, lead W to CP LOD wght on R (W X RIB of L wght on L relaxing L knee - head well to R, rise and SWVL LF on L, cont LF trn on L to CP-LOD);

Part B

CANTER; CANTER; TWIRL/VINE, 2, 3; WING;

1-2 (CP-LOD) Trn to BFLY fcng wall sid L, drw R to L, cl R; sid L, drw R to L, cl R;
3-4 Sid L LOD, XRIB of L, sid L trng to SCP LOD (W twirl RF, 2,3 to SCP); Fwd R, drw L to R leading W to SCAR, -(W fwd L, R, L arnd M to SCAR);

STEP, FAN,-; CHK,-,-; W-ARND; M-ARND;

5-6 (SCAR-LOD) Fwd L, fan R CCW trng LF, cont fan trng to BJO-RL0D (W bk R, fan L CCW trn LF, cont fan trng to BJO); Fwd R to chk (W bk L),-,-;
7-8 (BJO-RL0D) Bk L, drw R to L and heel piv wght on L, cont piv to fac LOD wght on L (W fwd R trng RF, sid L wall-LOD, cont RF trn cl R to BJO); Fwd R trng RF, sid L wall-LOD, cont RF trn cl R to BJO-RL0D (W bk L, drw R to L and heel piv wght on L, cont piv to face LOD wght on L);

W-ARND; M-ARND; W-ARND; FWD CHANGE;

9-10 Repeat action Meas 7-8 Part B;;
11 Repeat action Meas 7 Part B;
12 (BJO-LOD) Fwd R, sid and fwd L adjust to CP-LOD, cl R (W bk L, sid and bk R adjust to CP, cl L);

REVERSE LILT;; LF TRN WALTZ; LF TRN WALTZ;

13-14 Repeat action Meas 11-12 Part A ;;
15-16 Repeat action Meas 1-2 Part A ;;

Part C

FWD,-,-; OFF BEAT SPIN; OFF BEAT SPIN; FWD HESITATION;

1-2 (CP-LOD) Fwd L, hold, hold; Fwd R trng strongly RF, cont RF trn on R to fac RLOD, sid & bk L trng RF to fac LOD -leave R fwd between W's feet (W bk L trng strongly RF, cont RF trn on L to fac LOD - keep RF fwd between M's feet, fwd R cont RF trn to fac RLOD);
3 Repeat action Meas 2 Part C;
4 Repeat action Meas 10 Part A;

FWD HESITATION; HESITATION TRN RF ;; HESITATION TRN LF ;;

5 Repeat action Meas 5 Part A;
6-7 (CP-LOD) Fwd R trng RF; sid L LOD & wall, cl R fcng RLOD & wall (W bk L trng RF, sid L, cl R); Bk L LOD & COH, drw R to L no wght, - (W fwd R, drw L to R no wght, -);
8-9 (CP-RDW) Bk R trng LF, sid L LOD & COH, cl R to fac LOD & wall (W fwd L trng LF, sid R, cl L); Fwd L LOD & wall, drw R to L - no wght, - (W bk R, drw L to R - no wght,-);

HESITATION TRN RF ;; HESITATION TRN LF;; RF TRN WALTZ; RF TRN WALTZ; FWD CHANGE;

10-13 Repeat action Meas 6-9 Part C ;;;
14-15 Repeat action Meas 6-7 Part A ;;
16 (CP-LOD) Fwd R, sid & fwd L twd LOD & COH, cl R;

End

Last time through Part A Meas 16 W does Curtsey and holds instead of rising back to CP.

TOWN TAVERN QUICKSTEP
Bill & Dorothy Britton, Miami, Fl.

Record: Grenn 14227(Honky Tonk Q/S)
otwork: Opposite throughout
Sequence: A-B-A-B-Ending

INTRO

1- 4 WAIT; ; APT,-,PT,-; TOG,-,TCH,-;
In op fcg M fcg DWL wait 2 meas; ; standard intro end CP DWL; ;

PART A

1- 4 FWD,-,MANUV,-; SD,CL,BK,-; BK,LOCK,BK,RISE; FWD SCP,-,2,-;
1 CP DWL fwd L,-,fwd R comm RF trn,-;
2 Sd L,cl R to CP RLOD,bk L DWL comm R shoulder lead,-;
3 Bk R DWL,L XIF R(W XIB),sd & slightly bk R on toe lowering to heel & trng RF to
fc DCL,slight body rise(hover)(W fwd L on toe lowering to heel & trng body RF
with head & shoulders trnd R to fc DCL in close SCP,slight body rise);
4 Fwd DCL on L heel in SCP,-,fwd R comm to pickup W to CP,-;

5- 8 (QK OPEN REV)FWD TRN L,-,SD,BK; BK,-,BK,-;(QK SIX RUN)BK,SD,FWD,FWD;
LOCK,FWD,FWD,-;
5 Fwd L DCL comm LF trn,-,sd & fwd R,bk L DCL in contra bjo;
6 Bk R DCL start blend to CP,-,bk L CP,-;
7 (Qk six run)bk R comm LF trn,sd & fwd L DWL,fwd R contra bjo,fwd L(W fwd L
comm LF trn,sd & bk R,bk L,bk R);
8 R XIB L,fwd L,fwd R trn to CP wall,-(W L XIF R,bk R,bk L to CP wall,-);

9-12 (CHASSE & SCOOP)SD, CL, SD,-; CL(RISE),-, BK,CL; FWD,-,CHECK,-;(FISHTAIL)
CROSS,SD,FWD,LOCK;
9 Sd L,cl R,slide L wide sd step LOD,-;
10 Draw R to L & cl swaying to R(W sway L) & rise to toes trng slightly LF
to contra bjo DWL,-,(bk hitch)bk L DCR,cl R;
11 Fwd L DWL with L shoulder leading,-,fwd R contra bjo & check;
12 (fishtail)L XIB R(W XIF),sd & fwd R DWL,fwd L,lock RIB L(W lock LIF R);

13-16 FWD,LOCK,FWD,-; MANUV,-, SD, CL; (SPIN TRN)PIVOT,-,FWD RISE,-;REC,-,BK TRN L,-;
13 Fwd L DWL,lock RIB L(W lock LIF R),fwd L,-;
14 Fwd R comm RF trn,-,sd L cont RF trn,cl R end CP RLOD;
15 (Spin trn)bk L pivot 1/2 RF to CP LOD,-,fwd R rising to toe & leaving L leg
extended,-(W fwd R pivot 1/2 RF,-,bk L allowing R to brush to L no wt,-);
16 Rec L RLOD in CP,-,bk R trng 1/8 LF to CP DCL,-(W fwd R between M's feet,-,
fwd L in CP,-);

PART B

1- 4 (DBL REV SPIN)FWD,-,SD COMM SPIN,-; SPIN,-,FWD,LOCK; (DBL REV SPIN)FWD,-,
SD COMM SPIN,-; SPIN,-,(OPEN TEL)FWD TRN L,-;
1 (Dbl rev spin) fwd L toeing in & comm LF trn,-,sd & fwd R slightly around W
2 rising to toe & spin LF,-; cont LF spin on R to fc LOD dropping to R heel,-,
fwd L curving to DCL,lock RIB L(W bk R comm LF trn & bring L to R no weight,-,
trsfr wt to L & cont LF trn,-; sd R cont trn,L XIF R in CP,bk R,L XIF R);
3 Repeat dbl rev spin as in meas 1 & half of 2 count 1,-,2,-;3,-,(open tel)
4 fwd L heel to toe start LF trn,-(W bk R start LF trn,-);

PART B(cont)

80-36

- 5- 8 SD, -, FWD SCP, -; MANUV, -, BK, BK(contra bjo); BK, -, (OUTSIDE SWIVEL) DRAW R, -;
(WING) FWD, -, DRAW TCH, -;
 5 Cont LF trn sd R DCR on toe & leave L leg extended, -, sd & fwd L DWL in SCP, -(W trn on R heel & cl L to R, -, fwd R DWL in SCP, -);
 6 (Foxtrot open nat trn) fwd R DWL comm RF trn, -, sd & bk L, bk R LOD contra bjo with R shoulder leading (W fwd L, -, fwd R, L to contra bjo);
 7 Bk L LOD contra bjo, -, draw R IF L no weight, -(W fwd R, -, swivel RF on R to SCP RLOD, -);
 8 (Wing) fwd R strong step RLOD, -, draw L to R no weight trng LF to scar DWR, -(W fwd L around M, -, fwd R, L to scar with feet apart);
- 9-12 (CLOSED TEL) FWD TRN L, -, SD, -; FWD CONTRA BJO, -, FWD CHECK, -; (FISHTAIL)
CROSS, SD, FWD, LOCK; FWD, LOCK, FWD, -;
 9 (cl tel) fwd L heel to toe start LF trn, -, cont trn sd & fwd DWL on R toe leaving L leg extended, -, sd & slightly fwd L DCL, -, fwd DCL contra bjo on R check, -(W bk R start LF trn, -, cont trn on R heel & cl L to R, -, sd & bk R contra bjo, -, bk L check, -);
 11 (Fishtail) L XIB R (W XIF), sd & fwd R curving RF to DWL, fwd L, lock RIB L (W lock IF);
 12 Fwd L, lock RIB L (W lock IF), fwd L contra bjo DWL, -;
- 13-16 MANUV, -, SD, CL; (HAIRPIN) PIVOT, -, FWD CURVE R, SD; FWD CHECK, -, (IN & OUT RUN)
REC, -; CL, FWD, MANUV, -;
 13 Repeat meas 14 Part A;
 14 (Hairpin) bk L pivot 1/2 RF end CP LOD with R leg extended fwd, -, fwd R comm RF trn, sd L cont RF trn;
 15 fwd R to contra bjo RLOD on toes & check, -(W check bk L, -), (In & out run) rec on L, -;
 16 trng strongly RF cl R to L, cont trn step fwd L in SCP LOD (W fwd around M on L, cont RF trn & step fwd R in SCP), -, fwd R start manuv, -(W fwd L, -);
- 17-20 BK TRN, FWD, FWD, -; W ACROSS, FWD SCP, MANUV, -; SD, CL, (OVERTRND SPIN TRN) PIVOT, -;
2, -, BK, -;
 17 Bk LOD L cont RF trn (W fwd R between M's feet), fwd R LOD in RSCP (W fwd L), fwd L, -;
 18 Fwd R between W's feet (W trn RF & step sd & bk across IF M), fwd L LOD in SCP (W cont RF trn & step fwd R), fwd R manuv, -;
 19 Sd L, cl R to L CP RLOD, (overtrnd spin trn) bk L pivoting 1/2 RF, -;
 20 Fwd R cont RF pivot, -, sd & bk L DCL on toe, -;
- 21-24 (GALLOPS) BK, LOCK, BK, LOCK; BK TRN L, -, (WOODPECKER) HOP TAP, HOP TAP; SD CHECK, -;
PUSH POINT, -; (FISHTAIL) CROSS, SD, FWD, LOCK;
 21 (Gallops) Bk R LOD reaching step, draw L & lock IF R & trsfr wt to L (W R XIB L & trsfr wt), bk R reaching step, draw L & lock IF R & trsfr wt (W R XIF L);
 22 Bk R trng 1/4 LF to fc wall CP, -, (woodpecker) small hop on R tapping L toe behind R heel (W tap R toe behind L heel), hop R & tap L;
 23 Sd L with check, -, cl R to L & pt L sd & fwd DWL trng slightly LF to contra bjo (W cl L to R & pt R sd & bk DWL), -;
 24 (Fishtail) bring L XIB R & sway L still in contra bjo, sd & fwd R, fwd L, lock RIB L (W bring R XIF L with R sway, bk L, bk R, lock LIF R);
- ENDING
- 1- 4 FWD, -, MANUV, -; SD, CL, (OPEN IMP) BK HEEL TRN, -; CL, -, FWD SCP, -; (CHAIR) FWD LUNGE, -, -, -;
 1 Fwd L DWL, -, fwd R comm RF trn, -;
 2 Sd L, cl R end CP RLOD, (open imp) bk L trng RF on L heel (W fwd R between M's feet trng RF), -;
 3 Cl R to L rising to toe, -, sd & fwd DCL on toe in SCP, -(W cont RF trn sd DWL on L rising to toe, -, brush R to L & step fwd R DCL in SCP, -);
 4 (Chair) thru on R in SCP DCL trng upper body twd ptr & look over R shoulder (W look over L shoulder), -, hold, -;

SLOW FOXTROT

Clinic Notes
by
Sam & Jody Shawver
3320 Topaz Lane, Apt. B4
Fullerton, Calif, 92631

English Slow Foxtrot is the most graceful and flowing rhythm we have in dancing, also the most challenging. The challenge stems from the many factors involved, such as footwork, rise and fall, maintaining a good top line, timing and control. After gaining the knowledge and understanding of the above, we can then concentrate on the most important factor, which is, in my opinion, continuity of movement.

Continuity of movement is maintaining a constant and even movement of the body through the figures, even though the legs and feet are moving to the slows and quicks of the music. This is achieved through the control and time delay of the trailing leg and foot, and the control of the body moving over the leading foot. Once the trailing leg passes under the hip, we are committed to the following step. Therefore, if we do not control the leg movement, we will be ahead or behind the beat of the music and have to slow or hasten the following step, interrupting the continuity of movement.

Also, we must change our thinking and teaching of slow foxtrot to SQQS rather than SQQ, otherwise we can never achieve the above. Example: Reverse Turn, as it should be, is SQQSQQS. In Round Dancing we know these seven steps as Reverse Turn, SQQ; Feather Finish, SQQ; and slow forward into the first step of a Whisk, Hover, Reverse Wave, etc. Therefore, teaching by measures SQQ, we actually create a mental stop and go movement.

Unfortunately many instructors and dancers try to teach and perform figures in English Slow Foxtrot with little or no knowledge of the basic fundamentals or steps. This is really putting the cart before the horse. Actually

-2-

the elementary steps can be beautiful when executed correctly. The more knowledgeable teacher and better dancers dance for the pure pleasure of being able to move smoothly and in time with the rhythm.

There are many publications which we can refer to for the technical points, but learning to execute and gain the true feeling of the rhythm can only be accomplished through many hours of practice and instruction.

There is no other rhythm more enjoyable to dance, or more beautiful to watch than English Slow Foxtrot.

I'M IN THE MOOD FOR LOVE

BY: Sam & Jody Shawver, 3320 Topaz Lane #4, Fullerton Calif.
RECORD: TELEMARK 912 A, I'M IN THE MOOD FOR LOVE.
FOOTWORK: Same Except where noted.
SEQUENCE: Dance goes through twice then repeat measures 1 thru 6. Tag.

INTRODUCTION

- 1-4 WAIT; WAIT; ROLL; FEATHER;
- 1-2. In a modified Open Pos facing LOD/COH, M standing on R foot W on L trailing hand's joined & extended slightly back, lead foot extended fwd, wait two measures.
- SQQ 3. Roll L,-, R,L;
- SQQ 4. (Feather) M fwd R,-, fwd L left shoulder leading, fwd R CBMP outside partner (W fwd L commencing L fc body trn,-, strong side R & con't LF trn, bk L in CBMP);

DANCE

- 1-4 REVERSE TRN; TOP SPIN; 4,-,5,6 of REVERSE WAVE; BK FEATHER;
- SQQ 1. (CBMP outside partner fcng LOD/COH) M fwd L commencing LF body trn,-, side R LOD/COH, bk L to LOD (W heel trn & fwd R between M's feet);
- SQQ&Q 2. (Top Spin) M bk R commencing LF trn,-, side L LOD/WALL, XRIF of L commencing LF spin, bk L twds WALL/LOD (W fwd L,-, side R, XLIB of R commencing LF spin, fwd R CP);
- SQQ 3. (456 Rev Wave) M bk R twd WALL/LOD commencing LF body trn,-, bk L & con't trn to fc RLOD, bk R twds LOD (W fwd L,-,R,L);
- SQQ 4. (Bk Feather) M bk L,-, bk R right shoulder leading, bk L CBMP outside partner (W fwd R,-, fwd L left shoulder leading tring head strongly to R (styling point only) fwd R CBMP outside partner);
- 5-8 BK CURVING THREE; THREE STEP; FOUR OF NATURAL WEAVE & RISING LOCK;;
- SQQ 5. M bk R commencing LF trn,-, bk L & con't trn, bk R to fc LOD/WALL (commence tring head to R on the slow and hold R head pos thru the Q's);
- SQQ 6. (Three Step) CP LOD/WALL fwd L commencing slight LF trn to LOD,-, fwd R,L;
- SQQQQQQ 7-8. (Four of Nat Weave & Rising Lock) M fwd R commencing RF body trn,-, side L twds LOD/WALL, (W Heel Trn) bk R right shoulder leading backing LOD/COH Bk L partner outside, bk R commencing strong LF trn, side L twds LOD/COH & con't LF trn, lock R in bk of L high on toes fcng LOD/COH (W fwd L commencing strong LF trn, strong step R twd LOD/COH & con't LF trn W must outstep the M on second step, lock L in front of R CP));
- 9-12 DBLE REVERSE SPIN; CHECKED REVERSE TRN; NATURAL PIVOT FALLAWAY WHISK;;
- SQQ&Q 9. (CP LOD/COH) M fwd L commencing LF trn,-, sd R twds COH & con't 1/2 LF spin to fc LOD, tch L to R (W bk R,-, close L to R (Heel trn) RF side and slightly bk, XLIF of R CP);
- SQQ 10. (Ck Rev Trn) M fwd L commencing LF trn,-, sd & slightly fwd R twds LOD high on toes head trned well to R, rec L commencing RF trn (W bk R,-, close L to R rising high on toes, rec fwd on R between M's feet);
- SQQQQS 11-12 (Nat Pivot Fallaway Whisk) M fwd R twd LOD/WALL commencing RF pivot,-, sd L twd WALL & con't pivot, fwd R twds LOD con't pivot, sd L twds LOD/WALL con't RF trn, bk R twds LOD/COH SCP, XLIB of R shaping the body fwd;;
- 13-16 1/2 SWAY R,-, REC (W SWIVEL RONDE FWD Contra Body); OPEN FINISH; OPEN NATURAL TRN; HEEL PULL:
- SS 13. (SCP fc RLOD/WALL) Roll body over the L swaying R M tring head to look at partner (W roll body over R but do not trn head),-, M rec fwd on R (W rec on L swiveling LF leaving head open and Ronde CCW with exaggerated movement, fwd on R to Contra Body);
- SQQ 14. (Open Finish) M bk L twds LOD/COH,-, bk R commencing LF trn, sd & fwd L twds LOD/WALL SCP (W fwd R,-, fwd L commencing slight RF trn, sd/fwd R SCP);

80-40

- SQQ 15. (Open Nat) SCP LOD/WALL M fwd R commencing RF trn,-, side L & con't RF trn, bk R right shoulder leading twds LOD/WALL (W fwd L,-,R,L);
- SSS 16-16½ (Heel Pull) M bk L commencing RF trn,-, pull R by L & side twds LOD/WALL drawing L twds R,-, fwd L twds LOD/COH,-;
- 17½-20 CHECKED FEATHER; BK HOVER TELEMAR; ZIG ZAG;
- SQQ 17½ CP fc LOD/COH) Fwd R,-, fwd L left shoulder leading, fwd R CBMP outside partner checking fwd movement;
- SQQ 18½ M bk L twds RLOD/WALL,-, bk R commencing RF trn, fwd L twds LOD/WALL SCP (W fwd R,-, side & fwd L twds RLOD trning RF, side and fwd twd LOD/WALL);
- SQQQQ 19½-20 (Zig Zag) SCP M fwd R,-, commencing RF trn,-, side L twds LOD/WALL, XRIB of L, side L trning slightly LF, fwd R CBMP outside partner (W fwd L,-, fwd R, fwd L commencing LF trn to fc partner, side R twd LOD/WALL and con't LF trn, bk L CBMP outside partner);
- 21-24 THREE STEP; CURVING FEATHER; BK FEATHER; REVERSE IMPETUS TRN;
- SQQ 21. Fwd L commencing slight LF trn,-, fwd R, fwd L fcng LOD;
- SQQ 22. (Curving Feather) Fwd R commencing RF trn,-, fwd L & con't RF trn, fwd R CBMP outside partner checking fwd movement fcng WALL/RLOD;
- SQQ 23. (Bk Feather) M bk L twds LOD/COH,-, bk R right shoulder leading, bk R partner outside (W fwd R,-, fwd L left shoulder leading, fwd R);
- SQQ 24. (Rev Impetus Trn) M bk R CP,-, close L to R (Heel Trn) rising to toes, trning LF head well to R, bk R twd LOD/WALL completing ¾ trn (Contra Body) W fwd L commencing LF trn,-, side R twds LOD/COH & con't LF trn, side & fwd L twds LOD/WALL);
- 25-28 BK HOVER TELEMAR; FEATHER; OPEN TELEMAR; LILT PIVOT CHECK; *(Rvs Contra Ck)*
- SQQ 25. M bk L twd LOD/WALL,-, bk R commencing RF trn, fwd L SCP fcng LOD/COH (W fwd R,-, side L commencing RF trn, fwd R LOD/COH SCP);
- SQQ 26. (Feather) M fwd R,-, L,R (W fwd L commencing LF trn, side R strong step & con't LF trn, bk L twd LOD/COH);
- SQQ 27. (Open Telemar) M fwd L commencing LF trn,-, side R & con't LF trn, side & fwd L LOD/WALL SCP (W Heel Trn);
- S&S 28. (Lilt Pivot Check) SCP fcng LOD/WALL M fwd R small step & rise high on toe trning strongly to L (W fwd L with strong step trning LF to CP & rise high on toe) M very small step fwd to L toe fcng COH (W bk small step to R toe), M bk R well under body in Contra Ck pos (W fwd L into Contra Ck pos);
- 29-32 THREE OF WEAVE & SLIP PIVOT; THREE STEP; NATURAL HOVER TELEMAR;
- QQQQ 29. M rec fwd twds COH trning LF CP, side R twd LOD/COH CP, bk L twds LOD right shoulder leading CBMP outside partner, bk R small step twe COH pivoting LF strongly to fc LOD/WALL (W bk R twds COH trning LF, side & fwd L to LOD/COH, fwd R to LOD left shoulder leading outside partner, fwd L twds COH small step slipping to CP backing LOD/WALL);
- SQQ 30. (Three Step) M fwd L,-, trning LF twds LOD,-, fwd R, fwd L;
- S&SSQQ 32-32 (Natural Hover Telemar) M fwd R commencing strong RF trn,-, side L twds WALL/LOD & con't strong RF trn, side R twds WALL/LOD lowering into R knee CP & con't slight RF trn to fc LOD,-, Rise to R toe,-, side & fwd L left shoulder leading preparing to step outside partner, fwd R CBMP outside partner fcng LOD/COH; (NOTE; Execute this figure Down,Up,Down,Up).

SEQUENCE; DANCE GOES THROUGH TWICE THEN REPEAT MEASURES 1 thru 6. TAG;

TAG: NATURAL FALLAWAY WHISK

SQQSS M fwd R commencing RF trn,-, side L twds WALL/LOD, bk R to SCP XLIB of R shaping bodies fwd, roll wgt over M's L W's R M trning head to look at partner and W looking over L shoulder.

THIRTEEN WOMEN

BY: IRV & BETTY EASTERDAY Rt. #2, Beaver Creek, Boonsboro, Md. 21713 (301-733-0960)
RECORD: MCA 60025 or DECCA 29124: THIRTEEN WOMEN by Bill Haley (flip: ROCK AROUND THE CLOCK)
POSITION: INTRO & DANCE; M FAC PTR & WALL NO HDS JND
FOOTWORK: OPPOSITE, DIRECTIONS FOR M
SEQUENCE: INTRO A(MEAS 1-8) B A B C A B ENDING SLOW RECORD FC. CO-FORT (43 RPM)

- MEAS INTRO
- 1 - 4 WAIT; WAIT; SWAY L,-,SWAY R,-; SWAY L,-,SWAY R,-;
1 - 2 Fac ptr & WALL wait 2 meas no hds jnd:;
3 - 4 Rock sway L,-, rock sway R,-: REPEAT:
 - 1 - 4 PART A (TIMING: S S S QQ)
BK AWAY,-,2,-; 3,-,RK SI,REC: FWD,-,FWD TRN 1/2 LF,-; BK,-,RK BK,REC:
1 - 2 No hds jnd bk away L,-,R,-: L,-,rk si R,rec L,-;
3 - 4 Fwd R,-, fwd L trn 1/2 LF on LOD side of W (W trn 1/2 RF) to end M fac ptr & COH.
-: bk R,-, rk bk L, rec R:
 - 5 - 8 RK SI,-,REC,-; XIF,-,SI,CL; RK BK,-,REC,-; FWD TRN 1/4 RF,-,RK SI,FAC(BFLY):
5 - 6 No hds jnd rk si L twd RLOD (W RLOD),-,rec R,-: XLIF of R (W XIF),-,si R,cl L:
7 - 8 Rk apt R,-, rec L,-; fwd R trn 1/4 RF pass R shoulders (W fwd trn RF) to end fac
LOD,-, rk si L, rec R trn 1/4 RF to fac ptr & WALL:
 - 9 -12 RK SI/SNAP,-,RK SI/SNAP,-; RK SI/SNAP,-,SI,TRN CL(OP FAC LOD): WALK,-,2,-;3,-,FAC,CL-
9 -10 Fac ptr no hds jnd rk si L/ snap fingers,-,rk si R/snap fingers,-: rk si L/
snap fingers,-: si R, cl L trn 1/4 LF to OP fac LOD:
11-12 Walk fwd R,-,L,-:R,-,fac ptr & WALL in BFLY L,R:
 - 13-16 KNEE,-,PT,-; KNEE,-;STEP,STEP: SWIVEL L,-,SWIVEL R,-; SWIVEL L,-, CLAP,CLAP:
13-14 In BFLY bend L knee to pt twd RLOD,-, pt L twd LOD,-: bend L knee to pt twd
RLOD,-, step L,R:
15-16 In BFLY feet together swivel slowly LF,-,swivel RF,-: swivel LF,-; clap hds
tog. clap hds tog:

- PART B (QQS)
- 1 - 4 FWD,LOCK,FWD,-; FWD,LOCK,FWD,-; FWD TRN RF,REC,FWD TRN RF,-; RK BK,REC,CL,-:
1 - 2 In BFLY prog LOD fwd L, lock RIB (W LIB),fwd L blend to OP,-: trn slightly bk
to bk fwd R, lock LIB (W RIB), fwd R blend to OP,-:
3 - 4 Basketball trn QQS fwd L trn 1/2 RF, rec R, fwd L twd RLOD trn 1/2 RF to end OP
fac LOD,-: rk bk R, rec L, cl R blend to BFLY M fac WALL,-:
 - 5 - 8 (SUSIE Q)TOE,HEEL,TOE,-;HEEL,TOE,HEEL,-;TOE,HEEL,STEP,-;RK APT,REC TRN 1/2 LF,BK(LOP FAC
COH),-:
5 - 7 In BFLY maintain wgt on R swiveling to toe & heel prog LOD at same time tch L
toe to instep,tch L heel beside instep, tch L toe,-: tch L heel, tch L toe, t
L heel,-: tch L toe, tch L heel, cl L to R,-:
8 Rk apt R, rec L trn 1/2 LF releasing both hhdlds (W trn 1/2 RF XIB of M) to end
LOP M fac COH, step bk R,-:
 - 9 -12 (STOP & GO)RK APT,REC,FWD,-; RK FWD,REC,BK,- (L TO R)RK BK,REC TRN RF,BK,-;RK APT,REC
CL(BFLY),-:
9 -10 In LOP M fac COH rk apt L, rec R,fwd L (W bk R,rec L commence 1/2 LF trn under
jnd hds to LOD side of M, bk R)to end ptrs fac diag COH & LOD M's R hd at W's
bk with jnd hds over W's hd,-: rk fwd R,rec L, bk R (W bk L, rec R commence 1/2
RF trn under jnd hds, bk L) to end LOP M fac COH,-:
11-12 In LOP fac COH rk apt L,rec R trn 1/2 RF to fac WALL, bk L (W apt R,rec L trn 1/2
LF under jnd hds to LOD side of M, bk R)to end LOP M fac WALL,-: rk apt R,rec
L,cl R to end BFLY M fac WALL,-:
 - 13-16 FWD,LOCK,FWD,-; FWD,LOCK,FWD,-; FWD TRN RF,REC,FWD TRN RF,-;RK BK,REC,CL,-:
13-16 REPEAT ACTION MEAS 1 - 4 PART B:-:

- PART C (SINGLE SWING)
- - 3 (FALLAWAY RK)SI TRN R,-,SI TRN R,-;(SCP FAC COH)RK BK,REC,(R TO L)SI,-; SI,-,RK APT,REC
SSQQ 1 - 3 Blend CP fac WALL commence RF trn si trn L,-,si trn R to end SCP fac COH,-;rk
SSQQ bk L twd WALL,rec R,si L (W fwd R commence 1/2 RF trn under M's L & W's R jnd h
-: si R (W complete trn on L)to end LOP M fac diag RLOD & COH,-;Rk apt L,rec

- 4 - 6 (L TO R)SI TRN R,-,SI TRN R,-; RK APT,REC,(AM SPIN)STEP,-;STEP,-,RK APT,REC:
 SSQQ 4 - 6 In LOP step L trn $\frac{1}{4}$ RF,-,step R trn $\frac{1}{4}$ RF (W fwd R,-,fwd L trn $\frac{1}{4}$ LF under jnd
 SSQQ hds)to end LOP M fac diag LOD & WALL,-; rk apt L,rec R,Step L (W commence PRT
 free spin R),-; step R (W cont spin)to end LOP M fac WALL,-,rk apt L,rec R.
- 7 - 8 (WHIP)SI TRN R,-,XIB TRN R,SI TRN R: FWD TRN R,-,RK APT,REC;
 SQQSQQ 7 - 8 Blend to CP M fac WALL si & bk L commence 1 full RF trn (W fwd R to momentary
 BJC),-,cont RF trn XRIB of L (W fwd L),si L cont RF trn(W fwd R);complete trn
 fwd R (W si L)to end CP M fac WALL,-,rk apt L,rec R to loose CP;
- 9 -12 (3 TAP STPS)PT,FWD,PT,FWD; PT,FWD,(4 KICK STPS)KICK LOD,FAC; KICK RLOD,FAC,KICK LOD,
FAC; KICK RLOD,FAC,(TRIPLE)FWD,CL/FWD;
 9 -12 Blend to SCP pt L LOD (W pt R LOD),fwd L,pt R LOD (W pt L LOD),fwd R; pt L LOD
 fwd L,XRIF kick LOD (W LOD also),si R to fac ptr; XLIF kick RLOD (W RLOD also)
 si L to fac ptr,XRIF kick LOD,fac R,XLIF kick RLOD,fac L,blend SCP fwd R,cl L/
 fwd R twd LOD;
- 13-16 X WALK,-,X WALK,-; X WALK,XWALK,X WALK,X WALK; TRN AWAY,-,2,-; 3,-,4,-;
 13-14 In SCP prog LOD slightly XLIF of R (W XIF)with swivel action,-,XRIF of L (W
 XIF),-; cont swivel action L,R,L,R; release hhdhds trn away LF (W RF) L,-,R,
 -; L,-,R. -to end fac ptr & WALL no hds jnd,-;

ENDING

DANCE PART B THRU MEAS 8, THEN--

9 RK APT,REC,TRN RF,SI LUNGE APT/PT;

9 In LOP M fac COH & W rk apt L,rec R begin RF trn (W trn LF under jnd hds twd
 LOD side of M)to chg sides,cont trn to end LOP ptrs fac RLOD on L,lunge apt
 twd COH on R(W twd WALL)/pt L twd ptr with free hds held high:

NOTE: IN ALL LOP POSITIONS (EXCEPT MEAS 9 OF ENDING) PTRS ARE FACING. ALL ROCKS ARE BACK FOR
 BOTH PTRS.

OPTICK: MEAS 5 - 7 PART B: SWIVEL LOD WGT ON BOTH FEET.

PEPITO

Composers: Bob & MaryAnn Rother, 4732 NE 74, Portland, OR 97218 (503)252-950
Record: EP 605 "Sydney Thompson" (slow speed for comfortable dancing)
Footwork: Opposite unless otherwise noted
Sequence: Intro-A-A-B-A-C-A-B

INTRODUCTION

- 1-4 WAIT; WAIT; SPOT TURN (W Time Step); TIME STEP (W Spot Turn);

- 1-2 Open Facing M fcg Wall no hands joined wait 2 meas;;
- 3 (M Spot Turn) XLIF of R trn RF, continue RF trn recov R fc wall, sid L/clos R to L, sid L;
- (W Time Step) XRIB of L, recov L, sid R/clos L to R, sid R;
- 4 (M Time Step) XRIB of L, recov L, sid R/clos L to R, sid R;
- (W Spot Turn) XLIF of R trn RF, continue RF trn recov R fc COH, sid L/clos R to L, sid L; (Join M's L & W's R hands)

PART A

- 1-4 (Basic) FWD, RECOV, SID/CHA, CHA; (Whip Freeze) BK TRN LF, RECOV FWD FAC LOD, PT SID,-(W whip across, 2 to LOP, pt sid,-); (Triple Cha Fwd) FWD/LK, FWD, FWD/LK, FWD; FWD/LK, FWD, (Swivel) FWD, FWD;

- 1 (Basic) Open Fac wall M's L & W's R hands joined fwd L, recov R, sid L/clos R to L, sid L;
- 2 (Whip Freeze) Bk R trn LF, recov fwd L twd LOD (W fwd L outside M on his left side trn LF, fwd R continue LF trn to LOP), pt R to sid,-;
- 3-4 (Triple Cha & Swivel 2) Fwd R/lock LIB of R, fwd R, fwd L/lock RIB of L, fwd L; Fwd R/lock LIB of R, fwd R, swivel walk fwd L,R;

- 5-8 KICK, XIF NO WEIGHT, (Body Wave) DOWN, UP; FWD TRN RF/LK IF, BK TRN RF, SID/CHA, CHA; RK APT, RECOV, FWD TRN RF, CLOS(W wrap across); (Merengue) SID, CLOS, SID, CLOS;

- 5 (Kick X Body Wave) Kick L fwd, XLIF of R no weight, bending knees bring hips fwd & shoulders bk, straighten knees bring hips bk & shoulders fwd with body waving action; (release hands)
- 6 Fwd L trn RF half trn/XRIF of L continue trn 1/8, complete trn to fac COH (W wall) step bk'L, sid R/clos L to R, sid R join M's L & W's R hands;
- 7 Bk L (W bk R), recov fwd R trn RF 1/8 bringing joined hands across body to lead lady into a LF trn (W fwd L trn LF 1/8 under joined hands), fwd L continue RF trn 3/8 to fac wall (W fwd R continue LF trn 3/8 to fac COH), clos R to L BFLY fac wall;
- 8 (Merengue) Sid L, clos R to L, sid L, clos R to L;
(Note: 3rd X thru Part A shake hands R to R)

PART B

- 1-4 (Basic) FWD, RECOV, SID/CHA, CHA TRN RF; (Natural Top) XIB, SID, XIB/SID CLOS; BEH TRN LF (W RF), SID TRNG RF (W LF), FWD/CHA, CHA; (Fwd Basic L Transition) FWD, RECOV, BK/CHA, CHA (W.Fwd, Recov, Bk, 2);

- 1 (Basic) Fwd L, Recov R, sid L/clos R to L, sid L commence RF trn (W fwd R between M's feet) blend to CP fac RLOD & Wall;
- 2 (Natural Top) XRIB of L trn RF (W sid L), sid L (W XRIF) fac LOD & COH, XRIB of L continue RF trn (W sid L)/sid L (W XRIF), clos R to L (W sid L) fac wall;
- 3 Blend from CP to SCP fac LOD bk L (W bk R), sid R trn 1/2 RF (W LF to LOP fac RLOD, fwd L/clos R to L, fwd L;
- 4 (Fwd Basic L Trans) Fwd R, recov L, bk R/clos L to R (W bk L), bk R (W bk R);

PART B continued

5-8 (LaSuizas) SID/HOP, XIF/HOP, SID/CHA, CHA; SID/HOP, XIF/HOP, SID/CHA, CHA; (Bk Basic M Trans) BK, RECOV, WALK, 2(W bk, recov, fwd/cha, cha); FWD TRN RF (W LF), CLOS, CLAP/CLAP, CLAP;

- 5-6 (LaSuizas) (Identical footwork both starting with left foot)
Sid L/hop on L, XRIF of L/hop on R, sid L/clos R to L, sid L;
Sid R/hop on R, XLIF of R/hop on L, sid R/clos L to R, sid R;
- 7 (Bk Basic M Trans) Bk L, recov R, fwd L, fwd R (W bk L, recov R, fwd L/clos R to L, fwd L);
- 8 Fwd L release hands start RF (W LF) trn, continue turning on ball of L (W R) clos R to L fac wall (L COH), clap hands/clap, clap;

PART C

1-8 (Hip Twist) FWD, RECOV, BK/CHA, CHA (W trn 1/4 RF); (Fan) BK, RECOV, FWD/CHA, CHA (W trn LF, 2, bk/lk, bk); (Hockey Stick to Triple Cha Fwd & Bk) FWD, RECOV, BK/CHA, CHA (W clos, fwd, fwd/cha, cha); BK, RECOV (W fwd trn LF, 2), FWD/LK, FWD; FWD/LK, FWD, FWD/LK, FWD; FWD, RECOV, BK/LK, BK; BK/LK, BK, BK/LK, BK; (Underarm Turn) BK, RECOV, SID/CHA, CHA (W trn under RF);

- 1 (Open Hip Twist) Open fac Wall R hands joined Fwd L, recov R, Bk L/clos R to L, bk L (W bk R, recov L, fwd R/clos L to R, fwd R straight twd M twist 1/4 RF on R to fac LOD);
- 2 (Fan) Bk R lead W twd LOD (W fwd L commence LF trn), recov L chg W's R hand to M's L hand (W fwd R continue LF trn to fac RLOD) fwd R/clos L to R, fwd R sml steps (W bk L/lock RIF of L, bk L) end M fcg wall & W fcg RLOD;
- 3-7 (Hockey Stick to Triple Cha Fwd & Bk) fwd L (W clos R to L), recov R (W fwd L), bk L/clos R to L, bk L sml steps (W fwd R/clos L to R, fwd R straight twd M's left side); Bk R, recov L fac RLOD & Wall (W trn LF under joined hands L, R end fcg COH & LOD) chg W's R hand to M's R hand palm to palm, fwd R/lock LIB of R, fwd R; chg to left palm to palm fwd L/lock RIB of L, fwd L, chg to right palm to palm fwd R/lock LIB of R, fwd R; Fwd L, recov R, Bk L/lock RIF of L, bk L; chg to left palm to palm Bk R/lock LIF of R, bk R, chg to right palm to palm bk L/lock RIF of L, bk L.
- 8 (Underarm Turn) Bk R, recov L fc wall (W trn RF under joined right hands L, R to fac COH), sid R/clos L to R, sid R;
- 9-16 Repeat measures 1-8 end Open fac Wall M's L & W's R hands joined;;;;;;;;;;

STYLING NOTES: Locking steps of triple chas fwd should be placed at right angle with toe to heel and knees flexed.

In triple chas bk 1st bk step of each cha cha should be placed at right angle to direction of movement toe out, then locking step placed heel to toe knees flexed.

On triple chas fwd & bk R to R palms and L to L palms use starchy arms with resistance between partners to create a pushing effect.

BY: CARL & COSSETTE WIEDENROTH, 232 FLETCHER CIRCLE, CHICOPEE, MA. 01020 (413-593-355)

RECORD: ARISTA #2615-SS (Short Version) "COPACABANA" by Harry Manilow

POS. INTRO: DISCO POS*(Both fc wall, Mbhd W, L hnd on hip, R hnd eye level ext & pt twd far wall. Tilt head L, look over R hnd. Bend L knee slight, Press R

NETWORK: Opposite except Meas 1-4 INTRO, Meas 1-4 "A", Meas 23,24,25,26 "B", Meas 1-4 & 8 Ending.

SEQUENCE: INTRO, A, B, B, C, B, ENDING

MEAS 1-4 WAIT 4; WAIT 4; XRIB LOD, -, -, -; REC/PT, -, -, STEP; 1. Shad pos fc wall wait 4 beats (*Note hnd style); 2. Repeat Meas 1; 3. XRIB L (LOD) bnd L knee (R hnd follow thru in frt of body as XRIB) (Head follow move R hnd), -, -, -; 4. Rec R RLOD to *Disco Pos, -, -, Step on R last beat of meas;

INTRO

PART "A"

NOTE: (Meas 3-7 "DO NOT LET GO OF HANDS") MEAS 1-4 KNEE SLAP, REC SD LOD, RXXIB/REC, STEP; KNEE SLAP, REC SD LOD, RXXIB/REC, STEP; RK FWD (WALL VARS), REC TRN (R FC COH), FWD/CL, FWD; RK FWD, REC TRN (R FC WALL), FWD/CL, FWD (W TRANS);

SSQQS 1. Shad pos fc wall XL knee frt R leg slap knee w/r hnd (L hnd on hip), Rec LOD L, Rk & XIB on R/Rec L, Step on R; 2. Repeat meas 1 (Style note for meas 1 & 2 look over L shldr as RXIB); 3. Rk fwd wall L (M take W hnds to Vars), Rec & trn R fc COH R (W rec & trn L fc to COH R-W now has M in Vars), Fwd L/cl R, Fwd L; 4. Rk fwd COH R, Rec & trn R fc wall L (W bk L), Fwd R/cl L (W bk R), Fwd R (W bk L-end both L hnds X over R hnds);

MEAS 5-8 XLIF, TRN VARS, BK/CL, BK; RK BK, REC SD, FWD/CL, FWD (L VARS); FWD, FWD, FWD/CL, FWD; CIRCLE, 2, 3, TCH LOD CP; 5. M XLIF (W XRIF), Trn on R fc LOD (W trn L fc on L under M L hnd to Vars fc LOD), M bk on L fc LOD/cl R (W steps bk R/cl L), Bk L (W bk R); SSQQS 6. Rk bk on R, Sd COH L (W XRIF COH), M fwd COH R/cl L (W trn LF L under M R arm/trn to wall R), M fwd R (W sd LOD L end L Vars M in frt); 5-7 7. Fwd LOD L (W R), R, L/cl R, L; SSSS 8. M drop L hnd & circle RF R, L, R, Tch L LOD CP (W cir bhd M to wall L, R, Trn RLOD L, tch R CP);

PART "B"

MEAS 1-4 (CP) RK FWD LOD, REC, BK/CL, BK; RK BK, REC, FWD/CL, FWD; WEAVE LOD BJO, 2, 3, 4; WEAVE RLOD BJO, 2, 3, 4 SEMI; SSQQS 1. CP LOD rk fwd L, Rec R, Bk L/cl R, Bk L; SSQQS 2. Rk bk RLOD R, Rec L Fwd R/cl L, Fwd R; SSSS 3. Trn COH L, Sd LOD R adj to BJO, Bk LOD L, Bk trn fc wall R; 4. Fwd DW L, Bk RLOD R, Bk L, Bk R (W trn SCP) Meas 3&4-8 equal cts;

MEAS 5-8 (SCPRK BK RLOD, REC, MERENGUE 2 (TO WALL); RK FWD, REC, BK/CL, BK; RK BK (COH), REC, FWD/CL, FWD; RK SD LOD, REC (BFLY), XIF/SD, XIF; SSSS 5. SCP LOD Rk bk L (both look over inside shldr lean bk), Rec R, Fwd L (bend knees), Draw R to L, Trn wall & cl R; SSQQS 6. Rk fwd L, Rec R, Bk L/cl R, Bk L; 7. Rk bk R, Rec L, Fwd R/cl L, Fwd R; 8. Rk sd LOD L, Rec R adj to bfly, XLIF/sd R, XLIF;

MEAS 9-12 FWD RLOD (W LF TRN 1/2), FWD (W LF TRN 1/2), FWD, KICK; SD (X OVER), XIB, SD, KICK; TRN RF 1/2 (W LF), TRN RF 1/2 (W LF), STEP, TCH (CP LOD); BK RLOD, TRN LF, FWD RLOD, - (DROP & MODIF. THRO OUT); SSSS 9. Bfly pos Fwd RLOD R (W LF trn 1/2 under MR & W L-keep hnds join), Fwd RLOD L (W LF trn 1/2 to LOD M R hnd & W L arched frt of M-W arm full ext shoulder hght-M L hnd & W R hnd join bhd W bk), Fwd RLOD R, Kick L (both lean bk look at ea. other w/slight head flick back on kick-as kick is done on M l & W R bnd opp knee);

- SSSS 10. Sd L wall (WXRIF to COH end BK to BK arms full ext shoulder hght-hnds still join), XRIB (W sd L COH-lower M R & W L bhd W bk), Sd L wall (W COH R), Kick RLOD R (W LOD L) bk & head as meas 9;
- SSSS 11. Trn RF COH R (W LF COH L undr M L arm), Trn CP LOD L (W trn LF R), Step R, Tch CP LOD L (W R);
12. Bk RLOD L, Bk trn LF R fc RLOD, Fwd L, -(Drop & modif thro out-M bend L knee & pt R toe LOD keep leg full ext-W bnd R knee & pt RLOD stay in tight CP);

MEAS 13-16 BK LOD, TRN RF, FWD LOD, FWD; RK SD (WALL), REC, FWD COH/CL, FWD; RK SD (COH), REC, FWD WALL/CL, FWD; RK WALL, TRN LOD (W WRAP), FWD/CL, FWD;

- SSSS 13. CP M bk LOD R, Bk & trn LOD L, Fwd LOD R, Fwd L;
- SSQQS 14. Rk sd wall R (W L) moment bfly, Rec COH L (Modif Samba hnds-trail hnds bnt at elbows bet M & W look at ea. other), Fwd R/cl L, Fwd R;
15. Rk sd COH L, Rec fc wall R (rev meas 14 hnd motion), Fwd L/cl R, Fwd L;
16. Rk wall R (WL), trn LOD L (W trn RF LOD under trail hnds-wrap), Fwd R/cl L, Fwd R;

MEAS 17-20 RK FWD LOD, REC, BK/CL (W SPRL UNWRAP), BK; (PULL APART) BK RLOD, SLIDE PT LOD, STEP/TRN, CL (BFly); STROLL VINE SD, XIB, TRN/2,3; SD, XIB, MNVR/2,3;

- SSQQS 17. Rk fwd LOD L, Rec R, Bk L/cl R (W sprl unwrap to RLOD L-hnds join over W head R), Bk L (W fwd R);
18. Hnds criss-cross bet M & W -M bk RLOD R (W fwd L), (Both lean bk-stretch arms lgth hnds join & cross) M slide & pt LOD L (W bk LOD R), Step & trn wall L (W LF sprl unwrap fc COH L/trn R), Cl R (W sd RLOD L to bfly);
19. (Stroll vine) Sd LOD L, XRIB, Trn/2,3;
20. (Bfly) Sd LOD R, XLIB, Mavr R/2,3 to CP RLOD;

MEAS 21-24 PIVOT, 2 LOD SCP, FWD/CL, FWD; TWRL, 2, FWD/CL, FWD (W TRANS); (COZY ROLL) FWD COH SD LOD, RkXIB LOD, REC RLOD; FWD RLOD SD COH, RkXIB COH, REC WALL;

- SSQQS 21. M piv L, 2 LOD R, Fwd L/cl R, Fwd L;
22. M fwd R, L (W RF twrl 2), Fwd R/cl L, R (W trans fwd L, R -to tight skatepos
- SSSS 23. (Skate pos look at ea other meas 23-25) Fwd DCOH L, Sd LOD R, Rk XLIB LOD Rec RLOD COH R;
24. Fwd RLOD COH L, Sd COH R, Rk XLIB COH, Rec RLOD wall R;

MEAS 25-26 FWD WALL, SD RLOD, RkXIB RLOD, REC LOD; FWD LOD (TRN W UNDER), 2,3,4 (W TRANS);

- SSSS 25. Fwd wall L, Sd RLOD R, Rk XLIB RLOD, Rec LOD R;
26. M fwd LOD L, R, L, R (W trn under RF L, R, L, tch R to CP);
(2nd time thru B meas 26-4th Count M fc wall instead LOD & take forearm hold for Barrel Roll)

PART "C"

STYLE NOTE: (FOREARM HOLD-ext arms shoulder hght bnt elbows-hold just below elbows lead arms held slightly higher than trail arms)

MEAS 1-4 SD LOD, XIF LOD, ACROSS TRN/SD, XIF; SD LOD, XIF, TRN/SD, XIF;
SD LOD, XIF LOD, ACROSS TRN/SD, XIF; SD LOD, XIF, TRN/SD, XIF-(BARREL ROLL);

- SSQQS 1. Sd LOD L, XRIF LOD (W fwd DCOH L), M fwd DW LOD L & trn COH/Sd LOD R (W trn wall R/Sd L); M XLIF LOD (W XRIF LOD);
2. Sd LOD R, Fwd DCOH L, M XIF W & trn wall on R/Sd LOD L (W DW LOD L & trn COH/Sd LOD R), M XRIF LOD (W XLIF LOD);
- 3&4. Repeat measures 1 & 2;; (Meas 1-4 is called the Barrel Roll)

MEAS 5-8 FWD (LACE W ACROSS), FWD, FWD/2,3; FWD (W LACE BACK), FWD, FWD/2,3;
FWD, X TO BJO, BK/CL, BK; BK, TRN (BJO PIVOT), FWD/CL, FWD;

- SSQQS 5. M fwd LOD L (W X frt M COH), Fwd R, Fwd L/fwd R, Fwd L;
6. M fwd LOD R (W X frt M Wall), Fwd L, Fwd R/fwd L, Fwd R;
7. M fwd L, X to BJO R fc RLOD (W fc LOD), Bk LOD L/cl R, Bk L;
8. M bk LOD R (W fwd L), M bk & RF trn LOD L (W fwd RF trn R SCP LOD), Fwd R/cl L, Fwd R;

PART "C"(CONT'D)

MEAS FWD, X TO BJO, BK LOD/CL, BK; BK, TRN(BJO PIV), FWD/CL, FWD;
 9-12 FWD(W TWRL 2), FWD, FWD/CL, FWD; FWD (W ROLL ACROSS), FWD, FWD/CL, FWD;
 SSQCS 9. & 10. Repeat measures 7 & 8;;
 11. M Fwd L, Fwd R(W twrl 2), Fwd L/cl R, Fwd L;
 12. $\frac{1}{2}$ open M fwd R, Fwd L(W roll X frt M L, R), Fwd R/cl L, Fwd R;

MEAS FWD(W ROLL ACROSS), FWD, FWD/CL, FWD; (MODIF BSKTBALL TRN)LUNGE LOD, REC
 13-14 TRN RLOD, TRN LCD, TCH;

SSSS 13. Repeat meas 12 except M start on L (W R);
 14. M Sd LOD R fc COH(W L fc wall), Rec L fc RLOD(W RLOD R), M LF piv-cl R
 to L fc LOD(W sd wall), M tch L to R CP LOD(W R);

"ENDING"

MEAS REPEAT PART "A" MEASURES 1-7; ; ; ; ; ; ;

1-7 FWD(WALL), FWD, FWD, FWD; TCH/PRESS PT, -, -, XIB/PT;

SSSS 8. M Fwd R wall, Fwd L, Fwd R, Fwd L(W walks wall in 4 & pass M on his L
 sd end frt M on ct 4-assume INTRO DISCO POS*);
 9. Hold 3 cts in Disco Pos, , , XRIB & follow thru w/R arm X body-bnd L knee
 and look at R hnd;

YOU MAKE MY PANTS WANT
TO GET UP AND DANCE

Composers: Bob & Rosemary Holiday, Rt 3 Box 512, Lake Villa, IL 60046 1980
Record: Capitol 4621 "You Make My Pants Want to Get Up and Dance", Dr. Hook.
Sequence: Intro A B A B A End

INTRO

- 1-4 WAIT; WAIT; STEP, KICK, SWIVEL, SWIVEL; STEP, KICK, SWIVEL, SWIVEL:
1-2 Bfly M facing LOD wait 2 measures;;
3 Step L, kick R to COH (W kick L), close R to L and swivel on balls of feet
knees pointing right, and left;
4 Step R, kick L to Wall (W kick R), close L to R and swivel left, and right;

PART A

- 1-4 RK FWD, RECOV, BK/CL, BK; RK BK, RECOV, SD/CL, SD; RK BK, RECOV, SD/CL, SD;
RK BK, RECOV, SD, KNEE POINT;
1 Bfly LOD rock fwd L, recov R, back/close, back (W fwd to SCAR/Bfly);
2 Release right hand rock back R, recov L fac partner COH (W fwd L piv ½ rf
under joined lead hands, recov R fac partner Wall), bfly side/close, side;
3 (Breakaways) Release L hand rock back LOD L ROP, recover to fac bfly,
side/close, side;
4 Release right hand back R RLOD LOP, recov L to fac bfly, side R, lift and
point bent L knee to LOD;
5-8 PT, BEHIND, SD/CL, SD; RK, TRN, SD/CL, SD; RK FWD, RECOV, BK/CL, BK; TWIRL WALK, 2, 3, 4;
5 Straighten knee and extend leg toe pointed twd RLOD, cross L in back
(W XRIB), side/close, side;
6 Release lead hands rock thru L, pivot ½ rf (W ½ lf), side/close, side bfly COH;
7 Rock fwd R, recov L, back/close back;
8 Raise lead hand (W walk fwd under raised arm pivot rf on step 2 back up with
strutting steps RLOD) M curves and follows lady in 4 strong heel/toe walking
steps twd RLOD; bfly
9-12 RK FWD, RECOV, BK/CL, BK; RK BK, RECOV, SD/CL, SD; RK BK, RECOV, SD/CL, SD;
RK BK, RECOV, SD, KNEE POINT;
9-12 Same as meas 1-4 except begin facing RLOD.
13-16 PT, BEHIND, SD/CL, SD; RK, TRN, SD/CL, SD; RK FWD, RECOV, BK/CL, BK; TWIRL WALK, 2, 3, 4;
13-14 Same as meas 5-8 except begin facing Wall.

PART B

- 1-4 RK FWD, RECOV, BK/CL, BK; RK BK, RECOV, FWD/CL, FWD; RK APART, MANUV, SD, CL; PIV, 2, WALK, 2;
1-2 Bfly LOD rock fwd L, recov R, back/close, back; Rock back R, recov L, fwd/cl, fwd;
3 Rock apart L (spin manuv), recov maneuvering to fac RLOD, side, close,
(W apart R, recov L spin lf, R, L) CP RLOD;
4 Piv rf L, R SCP/LOD, forward, 2;
5-8 STEP, KICK, SIDE, BEHIND; SIDE, BEHIND, ROCK, RECOV; MANUV, PIV, 2, TWIRL; 2, 3, -, BOUNCE/TAP;
5 SCP step L, kick R LOD, sd R CP Wall, cross L IBR (W X RIBL) with fallaway
action to SCP/LOD;
6 Recov side R CP Wall; Cross L IBR (W X RIBL) with fallaway action SCP LOD,
rock back R RLOD, recover L SCP LOD;
7 Maneuver R CP/RLOD, piv rf L, R SCP LOD, Fwd L (W begin rf twirl under lead hands
8 Forward R, L to bfly LOD (W cont twirl L.R). - . on "ta-dum" music accent
change weight from L to R with a bounce (W R to L)/tap L beside right:
NOTE: 2nd time thru Part B hold the bounce for the music cue.

END

3rd time thru Part A adjust twirl/walk to change places end M fac COH instead of LOI
Repeat meas 1-7 Part A.

On twirl 4 at end of sequence (Part A meas 8) lady does not continue twirl to
face partner but walks off the floor toward the wall -- leaving man standing
in his dancing pants. Man takes hitch in his pants and goes after her.

RHUMBA EASY

Composers: Riley & Cleo Runyon
 1801 Crestview Dr.
 O'Fallon, Il. 62269
 (618) 632-5187

Record: Dance Along P6061B
 Walter Winchell Rhumba

Sequence: Intro-A-B-C-A-B-C-Ending

Footwork; Opposite throughout

MEASURE: INTRODUCTION:

1-4 WAIT; WAIT; SD, CL, TURN-(LOP Wall); ROCK FWD-RECOVER, POINT;

HOLD 1 & 2 In CP facing center, M Right & W Left hands joined & extended to COH at shoulder level, weight on M Left (W Right), M Right foot (W Left) pointed to COH. Wait two measures.

QQS 3 Side R, close L to R turn right face 1/4R to LOP facing wall.
 SQQ 4 Rock fwd L (M left & W right hands joined and extended to wall at shoulder level) recover on R swiveling to SCP-COH (M Left & W Right hands still joined & arced high overhead during swivel) point M left (W right) to COH releasing M right W left hands, leaving them extended to wall in balance position.

MEASURE: PART A

1-4 (Half box fwd) SD, CL, FWD-; (Half box fwd) SD, CL, FWD-; (box) SD, CL, FWD-; SD, CL, BK-;
 (adjusting to CP LOD)

QQS 1 Side L, close R to L, slow fwd L (closed LOD)
 QQS 2 Side R, close L to R, slow fwd R
 QQS 3 Side L, close R to L, slow fwd L
 QQS 4 Side R, close L to R, slow back R

5-8 (Scissors) SD, CL, CROSS- (side car); (Back hitch) BK, CL, FWD-; WHEEL, 2, 3-; 4, 5, 6- (CP LOD);

QQS 5 Side L, close R to L turning to sidecar, slo fwd L.
 QQS 6 Back R, close L to R, slo fwd R
 QQS 7 Left face wheel in three steps L, R, L-;
 QQS 8 Continue wheel in three steps R, L, R- to CP LOD

9-16 (Repeat Part A Measures 1 thru 8)

MEASURE: PART B:

17-20 (Rhumba Rocks) Rock SD, REC, CROSS OUT-(Scar); Rock SD, REC, Cross in- (Bjo); (Rhumba Turns) SD, CL, FWD-; SD, CL, BK-;

QQS 17 Rock side L, Rec R to SCAR, Fwd L slo (outside W)
 QQS 18 Rock side R, Rec L to Bjo, Fwd R slo (outside W)
 QQS 19 Side L, close R to L, Fwd slo L (W circle 1/2 RF under M L & W R hand, R, L, R-)
 QQS 20 Side R, close L to R, Bk slo R (W continue circle RF under joined hands L, R, L-, to closed position LOD)

21-24 (Repeat Part B measures 17 thru 20)

RHUMBA EASY
 Page Two

MEASURE: PART C:

- 25-28 (Double serpiente) SD, BEHIND, FLARE-; BEHIND, SD, THRU-; FLARE THRU-, SD, BEHIND; (Gaucho)RK FWD, RK BK, RK FWD, RK BK (ending facing RLOD);
- QQS 25 Side L, cross in BK R, Flare L slo.
 QQS 26 Behind L, side R, Thru slo L
 SQQ 27 Flare thru slo R, side L, cross in back R (W cross in front L) end in tight Bjo LOD.
 QQQQ 28 Rock Fwd L turning 1/8 left face, Rock Back R continuing left face 1/8 turn, Rock fwd L turning 1/8 left face, Rock back on R continuing left face 1/8 turn. These four steps are done in an upright tight Bjo position with the body swayed forward on each forward step and backward on each backward step, and turning 1/8 on each step. The four 1/8 turns leave you facing RLOD.
- 29-32 Turn L SD, BK- (BJO LOD); BK TURN, SD, FWD- (SCP RLOD); Lunge-, Twist-; Behind, SD, Pick up-(CP RLOD);
- QQS 29 Turn left face 1/4, Side & Back turning 1/4 left face, back slo L to face LOD in Bjo
 QQS 30 Continue left face turn Back R turning 1/4, side & fwd L turning 1/4 left face, fwd R to SCP-RLOD.
 SS 31 Lunge fwd down RLOD slo L; leaving the feet in place twist or swivel bodies M Right face (W left face) to RSCP LOD slo.
 QQS 32 Behind R turning 1/4 left face, side & fwd L continuing L face turn 1/4 to SCP-RLOD, Fwd R slo (W pick up to CP) End closed position M facing RLOD
- 33-40 Repeat Part C measures 25-32 (except starting in CP RLOD & ending CP LOD)
- 41-80 Repeat entire dance measures 1 thru 40.

MEASURE: ENDING:

- 1-5 SD,CL,TURN- (OP-COH); ROCK FWD-, RECOVER-;
SD,CL,TURN- (LOP-WALL); ROCK FWD-, RECOVER-; POINT;
- 1 In BFLY position side L, close R to L, turn left face 1/4 L to OP facing COH
 - 2 Rock fwd R (M Right & W Left hands joined and extended to COH at shoulder level) recover slo L to BFLY-LOD
 - 3 Side R, close L to R, turn right face 1/4 to LOP-Wall
 - 4 Rock fwd L (M left & W right hands joined and extended to wall at shoulder level) Recover R swiveling to SCP-COH. M left & W right hands still joined are arced high overhead during swivel to SCP-COH
 - 5 Point L to COH (W Right foot) releasing M right and W left hands leaving them extended to Wall in a balance position.

WHISPERING CHA CHA

BY: BEN HIGHBURGER 2706 OAK LAWN AVE. DALLAS, TEXAS 75219

RECORD: Hoctor #H-637 A Whispering

SEQUENCE: A B A B

FOOTWORK: Opposite, directions for M (except where noted)

NOTE: Fwd/cha,cha-Bk/cha,cha-Sd/cha,cha same action as two step

INTRO: CP-Diag Wall & LOD WAIT 4 BEATS; SD L, TCH R to L, SD R, TCH L to R;

PART A

- 1-2 FULL BASIC TO BJO-RK FWD, REC, BK/CHA, CHA; RK BK, REC, FWD/CHA, CHA TO BJO;
FULL BASIC TO SCP-RK FWD, REC, BK/CHA, CHA; RK BK, REC, FWD/CHA, CHA TO SCP;
- 3-4 CP-rk fwd L, rec R, bk/cha,cha L/R,L; rk bk R, rec L to bjo, fwd/cha,cha;
Rk fwd L, rec R, bk/cha,cha in bjo L/R,L; rk bk R, rec L to SCP(W fwd L
trn to SCP, rec R), both fwd/cha,cha twd LOD in SCP;
OPEN VINE, 2, SD/CHA, CHA; RK FWD, REC, BK/CHA, CHA; RK APT, REC, CHG SDS/CHA,
CHA; RK APT, REC, FWD/CHA, CHA;
- 5-6 SCP-sd L, RXIB trn to LOP fc RLOD, in bfly sd/cha,cha twd LOD L/R,L;
Trn to OP fcg LOD rk fwd R, rec L, bk/cha,cha R/L,R;
- 7-8 M rk sd twd COH L(W twd wall R), rec R, LXIF/sd R, LXIF(W opp); NOTE-M is
going bhd W chg sds. M rk sd twd wall on R, rec L(W opp), take LOP and
both fwd/cha,cha twd LOD;
BK TO BK-SD, BEHIND, FWD/CHA, CHA, FC TO FC-SD, BEHIND, FWD/CHA, CHA;
TRN AWAY, FC, SD/CHA, CHA; RK BK, FC, SD/CHA, CHA;
- 9-10 LOP-push joined hands fwd to bk to bk-sd L twd LOD, RXIB, fwd/cha,cha
L/R,L in LOP twd LOD; fc to fc-bfly sd R, LXIB, fwd/cha,cha R/L,R twd
LOD in LOP;
- 11-12 Push joined hands fwd & release-M fwd L twd LOD trn 1/2 RF, rec R to fc
ptr & COH in bfly, sd/cha,cha L/R,L twd RLOD; trn to LOP rk bk twd RLOD
on R, rec L to fc ptr & COH in bfly, small sd/cha,cha R/L,R;
(X BODY) RK FWD, TRN L, IN PLACE/CHA, CHA; RK BK, REC, FWD/CHA, CHA;
RK FWD, FC, SD/CHA, CHA; KICK, SWIVEL, SWIVEL, SWIVEL;
- 13-14 Rk fwd L twd COH, rec R trn 1/4 LF, L/R,L in pl M fc RLOD(W rk bk R twd
COH, rec L, R/L,R in pl fcg wall); M rk bk R & at same time pull W across
in frt of him with R hand & release it(W fwd L twd wall), M rec L, fwd/
cha,cha twd RLOD in LOP(W fwd R twd wall trn LF to RLOD in LOP);
- 15-16 LOP-M rk fwd twd RLOD L, rec R to fc ptr bfly(W opp), both sd/cha,cha twd
LOD; M kick R twd LOD toe down(W kick L), swivel RF on L & stp R twd RLOD,
on both feet swivel L, swivel R to fc ptr & wall;

PART B

- (X BODY POINTS) RK FWD, TRN L, IN PLACE/CHA, CHA; RK BK, REC, FWD/CHA, CHA;
X POINT, 2, CUT BK/CHA, CHA/HOP; RK BK, REC, FWD/CHA, CHA;
- 1-2 Repeat action of meas 13-14 of part A but start fcg wall and end in LOP
fcg LOD;;
- 3-4 LOP M LXIF tch to flr pointing twd DW, LXIF tch flr twd DCL(W opp with
R), LOP with knees bent lean slightly fwd & cut L over R/bk R, cut L over
R keep weight on L and lift R up and hop on L & scoot bk few inches-cts
on cut stps are 3 & 4 &; LOP M rk bk R, rec L, fwd/cha,cha twd LOD;
(X OVER TRN & HOOK) RK FWD, REC FC, SD/CHA, CHA; LUNGE, REC FC, SD/CHA, CHA;
TRN AWAY, FC, SD/CHA, CHA; HOOK, UNWIND, 2, HOLD;
- 5-6 LOP-rk fwd L, rec R to fc COH bfly, sd/cha,cha twd RLOD; keep M's L & W's
R hands joined stp twd RLOD R bending knees(point lead hds twd RLOD &
UP-pt trailing hds twd LOD & DN-both look bk twd LOD), rec L to fc ptr &
COH, both sd/cha,cha twd LOD;
- 7-8 Trn to LOP fwd L twd LOD trn 1/2 RF, rec R to fc ptr & COH(W opp), no hds
jnd both sd/cha,cha twd RLOD; M hook R bhd L, take wgt on R toe & L heel
unwind RF cts 2,3 to end fcg COH feet tog, hold ct 4(W opp-hook L unwind
LF);

PART B (continued)

WHISPERING CHA CHA (PART B - continued)

- (DOUBLE CHA CHA) RK FWD, REC, BK/CHA, CHA; RK BK, REC, SD/CHA, CHA; FWD/CHA, CHA, TAP, STEP; RK FWD, REC FC, SD, CL;
- 9-10 M rk fwd L twd COH bfly, rec R, bk/cha, cha L/R, L; Rk bk R twd wall, rec L arms wide in bfly, sd/cha, cha R/L, R twd LOD;
- 11-12 Trn to LOP fcg LOD push hands fwd and fwd/cha, cha L/R, L cts 1 & 2, pull hds bk trn to fc ptr & COH press M's R & W's L hds tog & tap R toe to L with knees bent (W opp), push apt to LOP & stp R twd LOD in LOP cts 3, 4; Rk fwd L twd LOD, rec R to fc, sd L twd RLOD, cl R to L bfly;
(X BODY FREEZE) RK FWD, TRN L, IN PLACE/CHA, CHA; RK BK, REC, POINT, HOLD; CUT BK/CHA, CHA, X WALK, 2; RK FWD, REC FC, SD, CL;
- 13-14 Bfly- M rk fwd L twd COH, rec trn $\frac{1}{2}$ LF, stp L/R, L in pl (W rk bk R, rec L fcg wall, stp R/L, R in pl); M rk bk twd LOD R pull W across in frt, rec L pushing W sd twd wall, pt R toe to sd twd COH in LOP, hold (W fwd L twd wall, fwd R twd wall trn LF to LOP, pt L toe to sd twd wall, hold);
- 15-16 LOP-M cut R over L/bk L, cut R cts 1 & 2, X walk, 2 L, R twd RLOD; LOP M rk fwd L, rec R to fc ptr & wall, sd L, cl R to L fcg diag wall & LOD in CP;

ENDING-Second thru on meas 16 part B-LOP push hands fwd and release M fwd L twd RLOD trn $\frac{1}{2}$ RF, rec R to fc ptr & wall (W opp), with no hands joined M sd L/cl R to L with both hands high cts 1, 2 & 3;

A M A P O L A

(An Advanced RUMEA)

COMPOSERS: Koit and Helen TULLUS, 1000 Bluebonnet, Sunnyvale, Ca. 94086 (408) 736-1188

RECORD: T E 1002 (LP) Band # 6 - Amapola

POSITION: INTRO-Shadow; DANCE - Open fcg wall;

FOOTWORK: Opposite except where noted - directions for Man.

I N T R O

1 ---- 4 WAIT; L FOOT LUNGE; R FACE SPIN; CUCARACHA;

QQS 1 Wait in shadow pos Both have weight on R foot L foot fwd twd LOD knee bent
Press line - R arm straight up palm turned in - L hand on hip - stand erect;

QQS 2 (L foot lunge) Take weight on L and move R ft slightly twd RLOD toe pointing
diag twd wall/RLOD trng body L face twd LOD meantime arms are moving - L arm
from down to up palm trnd out - R arm comes down and across waist line palm
down hand pointing twd COH;

QQS 3 (R face spin) Both spin on R foot (QQ) M full RF spin fcg wall (W approx 1/2
spin fcg COH) on S take weight on L foot (W -R foot), -;

QQS 4 (Cucaracha) Join M's L and W's R hand step side R (W -L), rec L, cl R to L, -;

P A R T - A

1 ---- 4 SYNC'D OPEN HIP TWIST TANDEM; FAN; CHECKED HOCKEY STICK DEVELOPE; LEFT SHADOW;

QQ&S 1 Fwd L, Rec R, cl L to R and point R fwd and slightly side in tandem - Shadow -
pos, hold (W bk R, rec L, fwd R/& quick 1/2 RF turn fcg wall directly in front of
the M point L twd wall keep toe down on floor, hold); As W turns joined hands
stay down and across W's waist line W brings L arm over the joined hands and across
her body pointing twd RLOD - M's R arm fwd on side of W pointing twd wall almost
like wrap pos R hand not touching her.

QQS 2 (Fan) Bk R, rec L, side R, - (W fwd L twd LOD/wall trng LF, keep trng Bk R fcg
RLOD, Bk L leave R foot extended twd RLOD, -); Joined hands stay low and M helps
W twd turn)QQ) on S arms will extend not fully keep elbows alightly bent M's
R arm moves from front to side and curves matching W's L arm curve.

QQS (W-QQ&S) 3 (Checked Hockeystick to Develope) Fwd L look twd W give slight indication with
L hand for her to close R to L, rec R (W fwd L), cl L to R (W fwd R in front of th
M and quickly trns 1/2 RF to face LOD, kick L foot fwd like in develope, -) - ;
Joined hands are kept low as M leads the W twd Hockey Stick but checks the move-
ment in front of him forcing W to trn RF, M's R hand curves behind the W and
points twd wall - W's L hand like in meas 1 except pointing twd wall.

QQS 4 (Left Shadow) Bk R, rec L and trn 1/4 LF fcg LOD, point R twd wall changing R hand
to R hand free hand twd COH behind the W, - (W - Fwd L diag LOD/COH, trng LF
side R, keep turnng side L, - fcg also LOD on M's left side and slightly fwd
free arm side twd COH);

5 ---- 8 R FOOT WALK; LF SPIN TO FAN; OVERTURNED ALEMANA TO SHADOW;:

QQS 5 (R foot walk) Same footwork both walking fwd R, L, R, -;

QQS 6 (L face Spin to Fan) Both step side L M wider step almost behind W, full spin
L face on L foot (W 3/4 L face spin on L step side R fcg wall) bring R arms
over the heads and down to change hands behind the back, side R (W - Bk L), -
into fan pos fcg LOD free arms like in Meas 2;

QQSQQS 7-8 (Overturnd Alemana to Shadow) Fwd L look twd her give slight indication with
L hand for her to close R to L, rec R (W - fwd L), Cl L to R (W - fwd R commence
trn R) joined hands are now up and slightly side , -; Bk R, Rec L, Tch R to L,
hold (W - continous RF circle under joined hands fwd L, fwd R, Fwd L trng more
RF into shadow - skaters - pos, -);

- 9 --- 12 CUCARACHA; WALK; HIP ROLL; R SPIN TO L STAR;
- QQS 9 (Cucaracha) Same footwork both side R twd RLOD in skaters pos bodily fcg wall W's R arm stretched side twd RLOD, Rec L, cross R in Front of L twd LOD, -;
- QQS 10 (X-Walk) side L, XRIF, side L, - (W brings R arm from side to up in continuous move in 4 beats);
- QQQQ 11 (Hip roll) both feet on floor roll hips in slight circular motion bk, fwd, bk, fwd - each time changing weight from one foot to another (W's R hand comes down to her hip and stays there throughout the hip roll);
- QQS 12 (R spin to L star) XRIF, trng RF on R cl L to R fcg RLOD, side R twd COH L hands joined in L star Pos, - (W - XRIF slightly twd LOD/wall, spinning on R foot RF fcg LOD and close L to R, side R twd wall in L star pos, -) Free arms sideways;
- 13 -- 16 CUCARACHA WITH L TURN; HUNGARIAN WHEEL;; LF TURN TO OPEN FCG;
- QQS 13 (CUCARACHA with L face turn) Keeping feet on floor take weight on L, take weight on R, take weight on L and trn $\frac{1}{2}$ LF on L foot fcg LOD into Hungarian wheel pos, - (W - does same movement except will face RLOD); Now on opposite footwork
- QSQS 14-15 (Hungarian Wheel) Both have placed R hands around each others waist line and slightly leaning away from each - M's L hand is on top of W's R hand at his waist line and W's momentarily on her hip. In this position wheel around approx. $1\frac{1}{2}$ times R face M starts with R foot W with L foot take 6 steps - during this time W's L hand moves up on first 4 beats and down on second 4 beats this should be continuous move: - both should look at each other;;
- QQS 16 (Lf turn to open fcg) M continued the R trn in tight circle fwd R, fwd L, fwd R fcg diag LOD/wall in open fcg pos, - (W fd L commence LF turn, bk R, bk, L, -);

P A R T - B

- 1 ---- 8 FWD BASIC TO SHADOW; CUCARACHA; SWIVEL WALKS; QUICK SWIVELS TO POINT; CHANGE POINT; FWD TO SIDE LUNGE; (BFLY) WALK; AIDA;
- QQS 1 (Fwd basic to Shadow) fcg diag LOD/wall fwd L, rec R, cl L to R, - (W - bk R, (W-QQQQ) rec L, fwd R trn $\frac{1}{2}$ RF, cl L to R);
- QQS 2 (Cucaracha) W in front of M both fcg LOD/wall same footwork side R, rec L, cl R to L, - meantime W has placed her hands on her hips palms out and M has placed his hands on hers just touchingly no pressure.;
- QQQQ 3 (Swivel walks) Both fwd L twd LOD/wall - M slightly outside W on her R side, Swivel LF $\frac{1}{4}$ tch R to L no weight, Fwd R - M slightly on W's L side - fcg LOD/COH, Swivel $\frac{1}{4}$ RF tch L to R fcg LOD/wall;
- QQS 4 (Quick swivels to point) Fwd L and swivel $\frac{1}{4}$ LF, fwd R and swivel $\frac{1}{4}$ RF, point L fwd twd LOD/wall, hold;
- QQS 5 (Change Point) Hold, hold, point L back toe pointing diag RLOD/COH and heads turned L looking toward COH/RLOD, hold;
- QQS 6 (Fwd to side lunge) Hold, cl L to R, lunge sideways toward Wall on R joining M's L and W's R hands keep them low free hands sideways up, - (W- fwd L, trng LF bk R, side L to lunge, -); Opposite footwork.
- QQS 7 (Walk) Join all hands like butterfly walk diag LOD/COH L, R, L, -;
- QQS 8 (Aida) fwd R, side L fcg ptrar, release trail hands bk R into V-shape position L-OP fcg RLOD (W exact opposite), -;
- 9 --- 16 SWITCH; SPOT TRN; WHISK; CRAB WALKS;; FENCE LINE W LF SPIN; SAME FOOT LUNGE TO SPIRAL; WALK OUT;
- QQS 9 (Switch) side L (W - side R) like check fcg each other bringing joined hands back twd LOD, Rec R (W - rec L) L-OP fcg RLOD, fwd L and spin on L foot $\frac{1}{2}$ LF fcg LOD (W fwd R spin on R foot $\frac{1}{2}$ RF fcg LOD), -;
- QQS 10 (Spot turn) Similar to basketball turn fwd R trng LF, rec L keep trng, side R into wide SCP pos, - (W - fwd L trng RF, rec R keep trng, side L, -);

AMAPOLA (continues)

- QQS 11 (Whisk) XLIB of R (W-XRIB of L), Rec R, side and fwd L (W side & fwd R), -;
- QSQS12-13 (Crab Walks) Fwd R, side & fwd L toe diag twd prtnr hip trnd twd prtnr bcdy shoulders stay stationary looking twd LOD (W the opposite), fwd R, -; side & fwd L like in meas 12, fwd R, side & fwd L, - slide M's R hand and W's L hand to blend into Bfly pos;
- QQS (W-QQ&S) 14 (Fence line W left face spin) Slight tilt twd LCD check thru R lead hands low trail hands up high, Rec L, cl R to L, - (W - Check thru L, rec R, side & close L to R trng $\frac{1}{2}$ LF under joined hands on L foot fcg LOD, -) M fcg wall W directly in front of the M;
- QQS 15 (Same foot lunge to spiral) Bend knee on R and push L foot diag LOD/COH into lunge pos. lead hands low free hands high and up (W bk R slight sway R bend R knee- free hand high and up matching with M), rec R (W - rec L), Cl L to R bring joined hands up and prepare the spiral trn for W (W side R fcg M)M holds as W trns LF $\frac{1}{2}$ on R foot fcg wall in front of the M allowing L foot to cross loosely in front of the R without weight joined hands come down and across W's waist line free hand is down and side past W pointing twd wall;
- QQS 16 (Walk out) small step bk R, rec L, fwd R, - (W fwd L trng $\frac{1}{2}$ LF, bk R, bk L,-);

DANCE REPEATS A B A

E N D I N G

- 1 ---- 2 OPEN HIP TWIST; TO LEFT SHADOW;
- QQS 1 (Open hip twist) Fwd L, Rec R, close L to R, - (W Close R to L, fwd L, fwd R, -);
- QQS 2 (Left Shadow) Like in meas 4, Part-A

Composers: Leo & Peggy Landoll, 1743 Ritchie Rd., Stow, 44224, (216) 688-4829
 Record: RCA 447-0917 Smoke Gets In Your Eyes by Artie Shaw (Speed Slightly)
 Sequence: ABC (5/80)

MEAS

PART A

- 1-4 In a WHISK POS Wait 1 Meas; TRN L, -, SD, BK(BJO-DRC); (Outsd Swvl)BK, FAN, FWD, -(SCP-DC); (Weave)TRN L, SD, BK, TRN L;
 1-2 Whisk Pos DC wait 1 meas M's R free; Fwd R, -, fwd L trn LF, bk R BJO+DRC, (Fwd L st LF trn, -, fwd R trn LF BJO, fwd L);
 3-4 Bk L trn RF DC, fan RIFL, fwd R, -SCP-DC (W Fwd R swvl RF SCP);, fwd L COH st LF trn Fwd L CP-COH, sd R, bk L BJO-RIOD, bk R trn LF;
 5-8 SD, FWD, FWD(CP-DW), -, SCIS(BJO-DC): (IAZY SAMBA)FWD, TCH, BK TRN, TCH; FWD TRN, TCH, BK TRN, TCH;
 5-6 Sd L cont LF trn, fwd R BJO-DW, fwd L CP, -; Sd R, clos L, XRIF BJO-DC, -;
 7-8 Fwd L CP-COH, tch R to L, bk R IOD, tch L to R; Fwd L DWR, tch R, bk R DC, tch L;
 (mk 1/8 trn on fwd & 1/4 trn on bk stps), (3/4 LF TRN)
 9-16 WHISK; TRN L, -, SD, BK; BK, FAN, FWD, -; TRN L, SD, BK, TRNL; SD, FWD, FWD, -; SCIS; IAZY SAMBA;;
 9 Fwd L, -, sd R, XIIB SCP-DC;
 10-16 Same as Meas 2-8
 17-20 SD CHK, -, SD/CLOS, SD; RK BK(SCP-LOD), REC, SWVL WLK, 2; FWD, TCH, SD/CLOS, SD(BFY-WALL); (SPANISH ARMS)RK APT, REC, WRP/2, 3(RIOD);
 17-18 Sd L, tch R to L, sd R/L, R; RK bk L SCP-LOD, rec R, swvl wlk fwd L, R;
 19-20 Fwd L, tch R to L, sd R/L, R BFY-WALL; Bk L rk apt, rec R trn 1/4 RF-RIOD raise L arm; fwd L/clos R, in plc L (W Trng LF wrp R/L, R in frnt of M);
 21-24 UNWRP/2, 3(COH), RK APT, REC; WRP/2, 3, UNWRP/2, 3(WALL); RK APT, REC, IN PIC/2, 3(W UNDR); SD/CLOS SD(W CRCL), DP BK, REC(CP DW);
 21-22 R/L, R trn 1/4 RF COH (W Unwrp L/R, L fc WALL), bk L rk apt, rec R trn 1/4 RF-LOD raise L arm; L/R, L in plc (W Trn LF R/L, R wrp in frnt of M), R/L, R trn RF to WALL (W Unwrp L/R, L fc COH); Note M's L arm hld High throughout
 23-24 Bk L rk apt, rec R, L/R, L in plc (W crcl 1/2 RF undr M's L arm R/L, R); sd R/L, R (W crcl 1/2 L/R, L to CP-DW), dp bk L, rec R;
 26-32 REPEAT 9-16

PART B

- 1-4 FWD(BJO), -, FWD, FAN(SCAR); FWD CHK, -, REC(TRANS-DKA), -, SD, CLOS, FWD, -; TRN R, SD, FWD, FWD(L SKAT);
 1-2 Fwd L BJO-LOD, -, fwd R, fan L CW to SCAR-DWR; Fwd L & chk, -, rec R trn LF SKAT POS DW; M slightly bhd W same ft wrk (W Rec L, fwd R), -;
 3-4 Sd L, clos R, fwd L DW, -; (Kiss Witz Trn & Roll) Fwd R roll RF XIOD, sd & bk L, fwd R, L-SKAT IOD (W Roll IOD Do Not Release Hands);
 5-8 CLOS, FWD, FWD(W Roll SKAT), -; (COCA ROIA)XIF, REC, SD, XIF; XIF, REC, SD(W TRANS), Tch; PKUP, -, FWD;
 5-6 Clos R, fwd L, fwd R SKAT POS DW, - (W Roll R, L, R XIF M, -); XLIF, rec bk R, sd L, XRIF;
 7-8 XLIF, rec R, sd & fwd L, tch R (W XLIF, rec R, sd & fwd L, clos R) opp ft wrk; Fwd R CP-DW, -, fwd L, R (W Fwd L trn LF to CP, -, bk R, L);
 9-16 REPEAT MEAS 1-8 PART B

PART C

- 1-4 FWD, -, (QK PROG BX 6)SD, CLOS; FWD, SD, CLOS, FWD; TRN R, -, SD, CLOS; TRN R -, SD, CLOS(CP-LOD);
 1-4 Fwd L CP-LOD, -, sd R, cl L; Fwd R, sd L, cl R, fwd L; Trn RF CP-RIOD R, -, L, R; Trn RF CP-LOD L, -, R, L;
 5-8 FWD, -, (QK PROG BX 6)SD, CLOS; FWD, SD, CLOS, FWD; TRN L, -, SD, CLOS; TRN L, -, SD, CLOS(CP-DW);
 5-8 5-6 same as 1-2 except opp ft wrk;; Trn LF CP-RIOD L, -, R, L; Trn LF CP-DW R, -, L, R;
 9-16 REPEAT MEAS 17-24 PART A (Swing)
 17-24 REPEAT MEAS 1-8 PART C (Bx fig)
 25-32 REPEAT MEAS 9-16 PART A (Retard starting meas 30)
 End SD CORTE Last Note

AROUND THE WORLD

Composers : Koit & Helen Tullus, 1000 Blue Bonnet, Sunnyvale, CA 94086
 Record : Roper No. 405 'Around The World' - Play at 44 RPM
 Footwork : Opposite, directions for M except where noted
 Sequence : INTRO - Dance goes through twice

Meas.

INTRO.

1- 4 **WAIT; NATURAL TURN(Under turned); BACKWARD PASSING CHANGE; 4,5,6 REVERSE TURN;**

1,2,3 CP fcg diag LOD/wall wait one meas;

1,2,3 Start with R foot R fwd (W bk L) commence R fc trn, side L diag LOD/wall, close R to L CO fcg RLOD/wall;

1,2,3 Bk L, bk R to mod-Bjo R shoulder lead, bk L in mod-Bjo;

1,2,3 Bk R commence L fc trn, side L diag LOD/COH, close R to L CP fcg LOD/wall;

PART A

1- 8 **HOVER TELEMAR(to SCP); QUICK WHISK; WEAWE; ; PROMENADE TILT(to point); SWAY(to SCP); NATURAL FALLAWAY; RIGHT CHASSEE;**

1,2,3 CP fwd L LOD/wall, fwd & slightly side R with hovering action, trn W to C-SCP fwd L diag LOD/wall;

1,2/&,3 Fwd R trn RF (W fwd L), blend to CP bk & side L (W fwd R)/bk R small step in V-SCP (W side L), XLIB (W XRIB) tight V-SCP in Whisk pos do not fall backup on the toes sway L (W sway R) fcg RLOD/COH;

1,2,3 Weave fwd R (W fwd L commence L fc trn), fwd L in CP (W bk R), side & slightly bk R;

1,2,3 Bk L in mod-Bjo, bk R in CP commence trn L fc, side L (W fwd R) to SCP diag LOD/COH;

1,2,3 Thru R, side & slightly fwd L fcg LOD tilt L fc in CP (W tilt R fc), point R foot twd wall (W point L ft twd wall);

1,2,3 Sway R fc like in Oversway, rec to R (W rec L) with hovering action, step fwd L in SCP (W brush R to L & fwd R);

1,2,3 Fwd R (W fwd L) commence R fc trn, side & fwd L (W fwd R) keep trng R fc, continue trn R fc bk R with R shoulder lead (W bk L) in Fallaway - tight V-SCP fcg RLOD/wall;

1,2/&,3 Diag LOD & COH bk L, bk R/close L to R, bk R in mod-Bjo (W bk R commence L fc trn, side L/close R to L, fwd L mod-Bjo);

8-16 **OUTSIDE CHANGE(to SCP); QUICK OPEN REVERSE; JETE; SWIVEL KICK; SAME FOOT(R)LUNGE; TELEMAR(to SCP); SLOW LOCK; CHANGE OF DIRECTION;**

1,2,3 Bk L, bk R trng L fc, side & fwd L in SCP fcg LOD/COH (W fwd R,L,R to SCP);

1,2/&,3 Thru R, fwd L trn L fc/side R fcg RLOD/COH, bk L LOD/COH in mod-Bjo (W thru L commence L fc trn, bk R trng L fc/side L, fwd R in mod-Bjo);

1,2,3 Bk L blend CP, side & slightly fwd L leave R leg extended trn body L fc twd W keep poise well bk (W fwd L, side R, point side L twd LOD/wall no wgt looking over L shoulder);

1,2,3 Leave wgt on L foot body rise only draw R twd L (W rec R, swivel on R foot to fc LOD, kick L twd LOD toe pointing down);

1,2,3 Reach R twd RLOD/wall, take weight on R, hold look at ptr (W take wgt on L/reach R bk X-body (same foot lunge),

(W &/1,2,3) take wgt on R, hold & look over L shoulder);

1,2,3 M rec L & slightly fwd, side R, side & slightly fwd L (W fwd L trng L fc/bk R in CP (small step, close L to R heel trn)

(W &/1,2,3) fwd R in SCP);

1,2,3 Thru R (W thru L commence L fc trn), fwd L pick up W to CP (W bk R), XRIB lock high up on toes (W XLIF);

1,2,3 Fwd L, side R, draw L to R no wgt trng to fc LOD/COH;

PART B

1- 8 **TELESPIN; ; HOVER CROSS; ; QUICK OPEN REVERSE; LEFT WHISK; SLOW STANDING SPIN SCP; ;**

1,2,3 CP fcg LOD/COH fwd L, side R, side & slightly fwd L in V-SCP down LOD;

&/1,2,3 Keep wgt on L ft & spin on L ft to fc COH &/1, in CP R ft side fcg RLOD, step side & fwd L in V-SCP (W fwd L/fwd & side R, close L to R continue trn, side on R twd LOD/wall);

1,2,3 Thru R, side L, side R in mod-SCar (W thru L, fwd R between M's feet commence R fc trn, side L in mod-SCar);

1,2,3 In mod-SCar fwd L check (W bk R), rec R, side & fwd L fcg LOD/COH (W side & bk R);

1,2/&,3 In mod-Bjo fwd R, fwd L commence L fc trn/side R fcg RLOD/COH, bk L LOD/COH in mod-Bjo (W bk L commence L fc trn, bk R/side L, fwd R in mod-Bjo);

1,2,3 Bk R trn L fc, side L LOD/wall, XRIB fcg RLOD/wall (W fwd L trn L fc, side R, XLIB keep head L fc) look twd ptr;

1,2,3 Twist R fc on both of the feet (W walk R,L,R to unwind the M) fcg LOD/COH;

4,5,6 Continue RF twist, raise on R foot, fwd L on toes in SCP twd LOD/wall (W continue walk L, CP brush R to L, trn V-SCP fwd R LOD/wall);

AROUND THE WORLD – continued

- 9-16 CURVED FEATHER(to Bjo); BACK LOCK; BACK WHISK; HINGE; HOVER(to CP); 4-5-6 Rev-TURN;
REVERSE FALLAWAY;;**
- 1,2,3** Thru R (W thru L) commence R fc trn, side L (W side & slightly bk R), fwd in mod-Bjo R check (W small step bk L check);
- 1,2/8,3** Bk L, R shoulder lead bk & side R/XLIF (W XRIB), bk R in mod-Bjo;
- 1,2,3** Bk L trn R fc, continue trn bk R small step, XLIB fcg RLOD/COH (W fwd R trn R fc, side L, XRIB) Whisk;
- 1,2,3** M fwd R, side L leave R leg extended relax L knee trn body slightly L fc (W fwd L, side R (CP), bk twd RLOD L & kick R foot twd LOD head looks over L shoulder);
- 1,2,3** Hold, fwd twd LOD rise on R, swivel on R foot to step bk L RLOD/COH (W fwd R trn R fc, CP bk L, brush R to L & step fwd almost between M's feet) Spin-turn feel;
- 1,2,3** Bk R, side L, close R to L fcg LOD/COH;
- 1,2,3** Fwd L commence L fc trn, bk & side R, bk L in Fallaway fcg RLOD/wall (W bk R trn L fc, bk & side L, bk R in SCP - Fallaway);
- 1,2,3** Bk R trn L fc (W fwd L in CP - slip Pivot), side L, close R to L fcg diag LOD/wall;
- ENDING** Second time thru PART B modify meas 16, end in CP fcg wall, then step side L twd LOD adjust to Bfly & draw RF twd LF slightly swaying R;

BAUBLES, BANGLES & BEADS

Composers : Hank & Mary Dahl, 432 Falconridge, Bolingbrook, Ill. 60439
Record : Telemark No. 929 'Baubles, Bangles & Beads' Charles Barlow Orch.
Footwork : Opposite, directions for M unless otherwise noted
Sequence : INTRO-A-B-A-B-ENDING

- Meas.**
- INTRO.**
- 1- 4** **WAIT; WAIT; LUNGE PULL; REC, DRAW, TCH;**
 1-2 Fcg ptr & wall no hands joined wait 2 meas; ;
 3 With arms extended out to the side & above the waist, lunge L twd LOD leaving R leg extended, twist (upper body only) ¼ LF look over L shoulder twd COM bringing arms arnd in graceful manner about chest high,-;
 4 Rec R twisting RF to fc (hands out to side), draw L to R, tch L;
- PART A**
- 1- 4** **(No Hands)SPIN RF,2,3; BEHIND,SIDE,DRAW(momentary Bfly); (No Hands)SPIN LF,2,3; BEHIND,SIDE,DRAW(Bfly);**
 1 Fcg ptr & wall M commence RF spin side & bk L, close R, bk L DLC (W commence RF spin side & fwd R, close L, fwd R DLC);
 2 XRIB (W XLIF),side L, draw R to L blending to momentary Bfly;
 3 Drop hand contact M commence LF spin side & bk R,close L, bk R DRC (W commence LF spin side & fwd L, close R, fwd L DRC);
 4 XLIB (W XRIF), side R, draw L to R blending to Bfly;
- 5- 8** **BALANCE L; ROLL RF(W LF)TO CP(LOD); 2 LF WALTZ TURNS(CP wall); ;**
 5 Side L, XRIB (W XLIB), rec L;
 6 Roll RF DRW on R, side L twd RLOD, close R blending to CP LOD (W roll LF L,R,L);
 7-8 Two LF trns L,R,L; R,L,R to CP wall;
- 9-12** **WHISK(SCP); WING(SCar); TELEMAR(SCP); RF TURNING FALLAWAY;**
 9 Fwd L, fwd & side R with rise, XLIB (SCP LOD);
 10 Fwd R, draw L to R,- (W fwd L starting CCW trn arnd M, fwd R, L to SCar);
 11 Fwd L trng ¼ LF, swd & arnd ptr R continuing LF trn, fwd L DLW (W bk R trng LF, close L bk to R continuing trn on R heel & transfer wgt to L, fwd diag on R);
 12 Fwd R DWL, fwd & rise L trng to fc wall, rec bk R trng to DWR SCP;
- 13-16** **SLIP PIVOT; MANUV,SIDE,CLOSE; SPIN & TWIST; ;**
 13 Bk L, bk R trng W LF to Bjo, fwd L in Bjo trng to DLW;
 14 Manuv R,L,R to CP RLOD;
 15-16 Bk LOD L pivoting ½ RF, fwd R continuing trn to fc wall, side LOD L outstepping W to mod-Bjo (W fwd R pivoting ½ RF, bk L continue trn to fc COH, close R) end mod-Bjo wall; XRIB, pivot ¾ on L heel & R toe transfer wgt to R, side & bk L DRC (W runs CW tightly arnd M L/R, fwd L blending to CP, fwd R DRC) (CP LOD);
- PART B**
- 1- 4** **BACK,SIDE/CLOSE,SIDE(Bjo); TURN R ¼(CP wall),SIDE,CLOSE; TWIST,2,TURN L(CP COH); TWIST,2,TURN R(CP wall);**
 1 Bk R, (Chassee) side L/close R, side L (Bjo LOD);
 2 Fwd R trng ¼ RF (CP wall), side L, close R (CP wall);
 3 Side L, XRIB (W XLIF), fwd L trng LF to CP COH;
 4 Side R, XLIB (W XRIF), fwd R trng RF to CP wall momentarily;
 NOTE: Meas 3 & 4 may be done with sweeping motion & rise on 3rd beat of each meas.
- 5- 8** **(SCP LOD)FWD WALTZ; FWD,DEVELOPE; BACK HOVER; PICK UP,FWD,CLOSE(CP LOD);**
 5 (SCP LOD) Fwd waltz L,R,L;
 6 Fwd R, draw L foot up R leg approx 12", extend L leg out & down in graceful arc to floor;
 7 Bk L, bk R with rise, rec fwd L;
 8 Fwd R picking up W to CP LOD, fwd L, close R;

BAUBLES, BANGLES & BEADS – continued

- 9-12 **FWD WALTZ; DOUBLE NATURAL SPIN; FWD WALTZ; DOUBLE REV SPIN ¼(CP wall);**
- 9 Fwd waltz L,R,L;
- 10 Fwd R trng RF, fwd & side L arnd W commencing a RF spin on ball of L drawing R twd L, continue RF spin on L bringing R ball of foot beside L with no wgt (W bk L commencing ½ RF heel trn on L heel bringing R beside L with no wgt, continue RF heel trn on L heel & change wgt to R, fwd & side L arnd M trng RF/lock R IF of L) end CP LOD;
- 11 Fwd waltz R,L,R;
- 12 Fwd L trng LF, fwd & side R arnd W commencing a LF spin on ball of R drawing L twd R, continue LF spin on R bringing L ball of foot beside R with no wgt (W bk R commencing ½ LF heel trn on R heel bringing L beside R with no wgt, continue LF heel trn on R heel & change wgt to L, fwd & side R arnd M trng LF/lock L IF of R) end CP wall;
- 13-16 **HOVER(to SCP LOD); THRU,FACE,CLOSE; TWIRL VINE; THRU,FACE,CLOSE;**
- 13 Fwd L, side/rise R, rec side L;
- 14 Thru R, side L,close R to L;
- 15 Side L, XRIB, side L (W twirl RF R,L,R); (Bfly wall)
- 16 Thru R, side L, close R to L;
- 17-20 **(Bfly wall)BAL L; BAL R; CANTER,DRAW,CLOSE; CANTER,DRAW,CLOSE;**
- 17 Side L, XRIB, rec L;
- 18 Side R, XLIB, rec R;
- 19-20 Reach side L, draw R to L, close R to L; reach side L, draw R to L, close R to L; (release hands)
- ENDING**
- LUNGE PULL & HOLD;**
Repeat action of meas 3 of INTRO;

BOOGIE WOOGIE BUGLE BOY

By: Bill and Carol Goss, 5044 W. Brigantine Ct. Wilmington, DE 302-239-2572
Record: Boogie Woogie Bugle Boy, Bette Midler, Atlantic 45-2964 or OS-13155
Footwork: Opposite unless otherwise noted
Sequence: Intro, A,A,B,C,B,C,A,B, Ending SLOW RECORD FOR COMFORTABLE DANCING (43 rpm)

INTRO

- 1-4 Wait 2 MEAS;-; APT,-, PT,-; TOG,-, TCH (TO BFLY),-;
- 5-8 SIDE, CLOSE, SIDE,-; LUNGE TRN AWAY,-, REC,-; SIDE, CLOSE, SIDE,-; LUNGE TRN AWAY,-, REC,-;
- 5-6 In bfly side L, close R, side L,-; (Basketball trn) lunge trn away,-, rec to bfly fc wall,-;
- 7-8 Repeat meas 5-6 to RLOD to fc no hands -;
- 9-12 SIDE, CLOSE, SIDE, LIFT; SIDE, CLOSE, SIDE, LIFT; REPEAT MEAS 9-10;-;
- 9-10 No hands to LOD side, close, side, lift R behind L with knee bent (for extra styling pretend partner is in a mirror and on the side L start a full circular motion with hands down and to L, up in front of face, down and to R and on lift place hands out to the L); Repeat footwork to RLOD with circular hands down and to R in front of face, down and to L, and out to R on lift;
- 11-12 Repeat meas 9-10 ending in SCP;-;

PART A

- 1-4 FWD,-, FC WALL,-; (CHASSEE) SIDE, CLOSE, SIDE,-; BCK,-,SIDE, CLOSE; SIDE,-, FWD (IN BJO),-;
- 1-2 (Qtr trns & prog chassee) SCP Fwd,-, fwd R to fc wall,-; (chassee) side, close, side(trn 1/8 to RLOD & wall),-;
- 3-4 Bck R fwd COH & LOD (trn 1/8 to wall),-; (chassee) side, close; side,-, fwd R to bjo,-;
- 5-8 FWD, LCK, FWD,-; MAN,-, SIDE, CLOSE; (SPIN TRN) PIVOT,-, 2,-; REC,-, BCK,-;
- 5-8 Fwd L, lck R XIB L, fwd L,-; manuv R,-, side, close; spin trn 3 slows pivot,-, 2 rising,-; rec diag RLOD & COH, bck R slow,-;
- 9-12 (TWINKLE 7) SIDE, CLOSE, CROSS, SIDE; FWD, LCK, FWD,-; BJO CHECK,-, (FISHTAIL) CROSS, SIDE; FWD, LCK, RUN, 2;
- 9-10 (Twinkle 7) side L, close R (trn 1/4 to fc COH & LOD), (fishtail 5) XLIB of R, side R; fwd, lck, fwd L,-;
- 11-12 Bjo check R,-, (fishtail) XLIB of R, side; fwd, lck, run, 2(to bjo);

REPEAT A BUT RUN, 2 TO FC WALL FOR PART B

PART B

- 1-4 (CP FC WALL) SIDE,-, DRAW,-;(TO RLOD) SIDE, CLOSE, SIDE, TCH; (TWO TRNING WITH HOPS) SIDE, CLOSE, TRN, HOP; SIDE, CLOSE, TRN, HOP;
- 1-2 Slow side L,-, draw R to L no wgt,-; to RLOD side, close, side, tch;
- 3-4 (two trning two steps) Extra styling side, close, trn, hop lifting R foot behind & looking over shoulder to see sole of shoe; side, close, trn, hop lifting L foot end fc wall;
- 5-8 SIDE, CLOSE, SIDE, TCH; (TO LINDY)(SCP) BCK,-,RCK BCK, REC; (TWIRL HER OUT R FC) FWD,-, BCK,-; RCK APT, REC, (TWIRL HER BCK L FC) FWD,-; (PATTERN CONT IN MEAS 9)
- 5-6 Side, close, side with slight dig motion lead hnds low, tch R toe behind L heel; (Single Lindy action) in SCP step bck slow R to RLOD,-; qk rck bck,rec;
- 7-8 Fwd L same dig action commence W RF twirl under lead arm,-, bck R to fc LOD as W finishes twirl to fc M,-; qk rck apt, rec, fwd L trn to fc wall (W commence LF twirl under lead arms),-;

80-62

BOOGIE WOOGIE BUGLE BOY (continued)

9-12 SIDE TO RLOD,-, RCK APT, REC; PIVOT,-, 2,-; (VINE 8) SIDE, BEHIND, SIDE, FRONT; SIDE, BEHIND, SIDE, FRONT;

9-10 Bck and side to RLOD as fc wall (W finish LF twirl to fc COH),-,
rck apt, rec (manuv); slow pivot,-, 2 to fc the wall CP,-;

11-12 Vine 8 side, behind, side, front; repeat meas 11,-;

PART C

1-4 APT,-, PT,-; (SPIN MANUV) MAN, SIDE, CLOSE,-; PIVOT,-, 2,-; 3,-, 4,-;

1-2 Slow apt L,-, pt R,-; (spin man) qk man R, side, close (W spins qk, qk, slow to CP),-;

3-4 Slow pivot 4 to fc LOD ;-;

5-8 (PROG SCISS) SIDE, CLOSE, CROSS,-; FWD, LCK, FWD, LCK; (PROG SCISS) SIDE, CLOSE, CROSS,-; FWD, LCK, FWD, LCK;

5-6 (prog sciss to SCAR) side, close, cross in front (W X behind),-;
(dbl fwd lck) In SCAR fwd R, lck L behind R, fwd, lck;

7-8 (prog sciss to BJO) side, close, cross,-; fwd, lck, fwd, lck;

9-12 (HITCH 4 TO CP) FWD, CLOSE, BCK, CLOSE; (TWO STEP) FWD, CLOSE, FWD,-;

(HITCH 4) FWD, CLOSE, BCK, CLOSE; (TWO STEP) FWD, CLOSE, FWD,-;

9-10 (Hitch 4) fwd, close blending to CP, bck, close; fwd two step,-;

11-12 Repeat meas 9-10 starting on M's R foot for hitch and two step trn
last step of two step to fc wall in CP;-;

REPEAT B

REPEAT C TO END FC LOD CP

REPEAT A

REPEAT B

ENDING

SLIDE TO LINE IN SCP LADIES SWIVEL & KICK TO RLOD

After vine 8 of part B on last long note slide in SCP to LOD M keep L knee bent as lady swivels to fc RLOD with R knee bent and kick L ft to RLOD just as music stops

SKYLINER II

COMPOSERS: John & Mary Macuci, 7110 Lansdale St., District Hrts., MD 20028
RECORD : Telemark #4012-B
COTWORK : Opposite Throughout
SEQUENCE : AA B C, ABC, A END.

ABBREVIATIONS - L&W = LOD/WALL L&C = LOD/COH
R&W = RLOD/WALL R&C = RLOD/COH

MEAS INTRO
1 - 8 2 MEAS WAIT FOR L&W;; SLOW HOVER - THRU;; WEAVE,-, 2; 3,-, 4,-;
5,-, SIDE,-; BEHIND,-,SIDE BJO,-;
1 - 2 2 Measure Wait for L&W in CP;;
3 - 4 SSSS Fwd L,-, side & fwd R (rise),-; Rec L,-, Thru R twd L&C,-;
5 - 5 S S Fwd L start LF trn,-, side R twd L&C,-;
6 S S Bk L twd LOD in Contra Bjo,-, Bk R start LF trn,-;
7 S S Side & slightly fwd L twd L&C,-,Side R twd wall,-(twist action)
8 S S Bk L crossing IBR (WXIF),-, Side R twd wall fc LOD,-;

A

1 - 4 FWD,-, CHECK,-; FISHTAIL; 5,-, MANU,-; PIVOT,-, 2,-;
1 S S Fwd L,-, Fwd R/checking fc L&C,-;
2 QQQQ XLIBR, (WXIF) Side R twd L&W, Fwd L trng RF fc L&W, Lock RIBL;
- 3 S S Fwd L,-, Fwd R trng RF fc RLOD,-;
4 S S Bk L start RF Pivot,-, Fwd R,- complete pivot fc LOD CP;
5 - 8 FWD,-, CHECK,-; FISHTAIL; 5,-, MANU,-; PIVOT,-, 2,- TO SCP;
Repeat above 4 Measures end fcg LOD in SCP
9 - 12 WALK,-, 2,-; CHECK,-, REC,-; BK,-, DRAW,- (W OUTSIDE SWIVEL);
FWD,-, TCH,- (W PICKUP,-, TCH,-);
9 - 10 SSSS Fwd L,-, R,-; Fwd/check L,-, Rec R,- (W Fwd R trng LF to Bjo,-,
in place L,-);
11 S S Bk L twd RLOD (reaching step),-, Draw R to L,-; (W Fwd R
trng RF,-, fan L arnd to Scp,-;
12 S S Fwd short R,-, tch L to R,- (W Pickup L,-, Tch R,-) fc L&W;
13 - 16 SIDE 2- STEP L & R;; QUICK LOCK EIGHT;;
13 - 14 QQSQQS Side L, Close R to L, Side L,-; Side R, Close L to R, Side R,-;
15 QQQQ Fwd L, lock RIBL, Fwd L, Fwd R; lock LIBR, Fwd R, Fwd L,
16 QQQQ Lock LIBR, Fwd R, Fwd L, lock RIBL;

B

1 - 4 WALK,-,-; (NO CLOSE TWINKLES) TURN,-, REC,-; FWD,-, TURN,-; REC,-,FWD,-;
1 S S FWD L,-, R,-;
2 S S Fwd L trng RF fc RLOD,-,(W Bk R trng RF to SCAR) Rec, R,-;
3 S S Fwd L,-, Fwd R trng LF fc LOD,- (W Bk L trng LF to Bjo);
4 S S Rec L,-, Fwd R,-; (end fcg L&W)
5 - 8 FWD,-, X PIVOT,-; 2,-,3,- S/CAR; HOVER TELEMAR SEMI - THRU,-;
5 S S Fwd L,-, Fwd R arnd W starting RF Pivot,-;
6 S S Continue pivot L,-,R,-, to S/Car fcg L&C;
7 S S Fwd L twd LOD,-, Side R twd wall (rise,-; (W Bk R XIFMan,-,
Side L (rise),-;)
8 S S Fwd L,-, to SCP fc L & C Thru R,-;

9 - 12 FWD,-, OPEN NATURAL TURN;; SPIN TURN - BK;;
 9 S S Fwd L twd LOD,-, Fwd R Trng RF,-; (W Fwd R,-, L,-;)
 10 S S Side & Bk L,-, Bk R,- CP fc RLOD; (W Fwd R,-, L,-;)
 11- 12 SSSS Bk L pivot RF fc L&W,-, Fwd & rise R,-; Rec L,-, Bk R,-;

13 - 16 BK - BK FEATHER FINISH;; TOP SPIN;;

13 - 14 SSSS Bk L R&C,-, Bk R,-; Side & fwd L L&C,-, Fwd R L&C,-;
 15 S S Bk L behind R trng LF,-; Bk R,-;
 16 S S Side & fwd L twd L&C,-, Fwd R twd L&W,-;

C

1 - 4 FWD/TRN - CHASSE 5;; CLOSED TELEMARQUE - MANU;;

1 S QQ Fwd L trng LF fc L&C,-, Side R, cl L to R;
 2 QQ S Side R, cl L to R, Side R,-;
 3 S S Fcg L&C Fwd L trng LF leave leg extended,-, Continue trn Side R-
 4 S S Side & fwd L fc L&W,-, Fwd R trng RF fc R & W,-;

5 - 9 SIDE,-, BK, LK; BK, LK, BK,-; OPEN IMPETUS - OPEN NAT'L TURN;;;

5 - 6 SQQQS Side L,-, bk R, lock L IBR; Bk R, lock L IBR, Bk R,-;
 7 S S Bk L bring R to L trng RF on L heel,-, in place R (rise)-;
 (W Fwd R trng RF,-, bring L to R change weight to L,-;)
 8 S S Fwd L to SCP fc slightly L&C,-, Fwd R curving foot twd LOD
 starting to maneuver,-; (W Fwd R,-, L,-;)
 9 S S Side & bk L,-, Bk R fc Rlod,-; (W Fwd R,-, L,-;)

10-16 SPIN & TWIST;;; BK,-, CHASSE; 3,-, TRN R,-; CHASSE 3,-; BK,-, SI, CL;

10-12 SSSS Bk L pivoting RF,-, continue pivot R,-; L,-, fc RLOD
 Hook R IBL,-; unwind to fc L&W take weight on L (QQS);
 (W Fwd R pivoting RF,-, continue pivot L,-; R,- fc LOD,
 Fwd L arnd M,-; continue arnd M R,L,R,- to closed pos. fc R&C;)
 13-14 SQQSS Bk R twd R&C,-, side L, close R to L; Side L,-, Fwd R trng RF,-
 15 QQ S Fc wall Side L, close R to L, Side L,-;
 16 S QQ Bk R twd L&C,-, Side L twd L&C, close R to L fc L&W;

ENDING

Last time thru PART A on Meas 15 & 16 do a quick lock 6 spring apart;;

POEME 2

Composers : Rick & Joyce McGlynn 32 Lehigh Dr., Somers Point, NJ 08244
 Record : TELEMARK 910 A
 SEQ. : INTRO, A,B,C, A(3-16) END
MEAS. : INTRO

1-4 (CP/WALL)WAIT; WAIT; (Hover Entry)FWD,BRUSH,BK; BK,SD,CL;
 1-2 Wait 2 meas in CP diag LOD/wall with M's R & W's L free;;
 3-4 Fwd on R twd wall, brush L to R no wgt, bk L; Bk R no twd COH on L,
 cl R to end fcg diag LOD/COH in CP;;

PART A

1-4 FWD TURN(LF),(Chasse)SD/CL,SD; (BJO)BK,BK/LK,BK; OPEN IMPETUS(SCP);
CROSS HESITATION;
 1 Fwd L trng LF twd COH, sd R, cl L, sd R blending to BJO;
 2 BJO bk L, bk R, lock L XIF of R (W XIB), bk R;
 3 BJO bk L commence RF trn, cl R to L, sd & fwd L to SCP diag LOD/COH;
 4 X RIF of L trng LF to BJO fcg RLOD & COH,-- (W diag fwd L, arnd M
 on R trng LF, cl L);
 5-8 (Overturn)OUTSIDE SPIN; (SCP)NATURAL FALLAWAY(RF); SLIP PIVOT(BJC);
MANUEVER,SD,CL;
 5 BJO M fcg RLOD/COH bk small st on L commence RF trn, strong fwd st
 R arnd ptr cont RF trn, bk on L cont trng (W fwd R commence RF trn,
 cl L cont trn RF, strong fwd on R between M's ft), spin is 1 1/2 to
 end CP/wall;
 6 Fwd R with strong st trng RF to SCP, fwd L with rise cont RF trn
 to diag wall/RLOD, bk R still in SCP;
 7 SCP diag RLOD/wall bk L, bk R trn LF & slip W to BJO, fwd L LOD/wall;
 8 Manuv R, sd L, cl R to CP diag RLOD/wall;
 9-12 OUTSIDE CHANGE; MANUEVER; (Overturn)FULL SPIN TURN; TURNING LOCK;
 9 BK L diag COH/LOD, bk R trng LF to LOD, fwd L to BJO diag LOD/wall;
 10 Manuv R, sd L cl R to CP fcg RLOD;
 11 CP/RLOD bk L commence RF trn, cont pivot on R full arnd to fc
 RLOD/wall, bk L diag COH/LOD, taking W to BJO;
 12 BJO diag RLOD/wall, bk R twd COH/lock LIF of R (W XIB), bk R
 commence LF trn, sd & slightly fwd L twd LOD/wall in BJO;
 13-16 MANUEVER; FALLAWAY WHISK; SHAPE; (SCP)CHASSE;
 13 Manuv R, sd L, cl R to CP fcg RLOD;
 14 BK L commence RF trn, small st sd R twd wall cont RF trn, XLIB of
 R (W XIB also), M & W take heads twd wall but bodies in SCP fcg COH;
 15 Keep feet in Whisk pos. but rotate heads to COH, ct 1 heads wall,
 ct 2 roll heads across shoulder line, ct 3 to wide VSCP;
 16 SCP twd COH thru R, sd L/cl R to L, fwd L still in SCP fcg COH;

PART B

1-4 (SCP)THRU,SD,HINGE; RECOVER,HOVER,(SCP); (Open Natural)MANUV,SD,BK;
(BJO)OPEN IMPETUS(SCP);
 1 SCP thru twd COH R, sd L & hold at same time trng Upper body LF
 (W fwd L, sd R trng LF, bk L trng LF foot under body & head L);
 2 M start recov on ct 1, sd & hover on R, brush L to R & fwd L (W
 recover R, sd L, brush R to L & fwd R) to SCP fcg LOD/wall;
 3 Fwd R commence RF trn, sd L twd wall, bk R bkng LOD/wall in BJO,
 (equals manuver to BJO);
 4 Same as meas 3 of Part A;

- 5-8 (SCP)WEAVE 6(BJO);; MANUVER; (Underturn)SPIN THEN;
 5-6 (Weave 6)SCP fcg diag LOD/COH, thru R commence LF trn, fwd L trn LF, sd & bk R; Bk L twd LOD in mod BJO, bk R commence LF trn, still in BJO fwd L to LOD;
 7 Manuv R, sd L, cl R to fc RLOD in CP;
 8 Bk L to LOD commence RF trn, pivot RF to fc LOD on R rec bk RLOD on L to fc LOD/wall;
 9-12 BK,SD,CL; (Delayed)CONTRA CHECK; RECOV.HOVER,(SCP); NATURAL FALLAWAY;
 9 Bk R twd RLOD/COH, sd L twd COH, cl R still fcg diag LOD/wall in CP;
 10 On ct 1 start to move fwd L ft & R shoulder diag wall, ct 2 cont move fwd, ct 3 check fwd on L lock at W (W bk R head well L);
 11 Recov on R start to trn W to SCP, brush L to R trng SCP, fwd L twd LOD & wall;
 12 SCP fwd R trng RF twd wall, fwd L with rise cont RF trn to diag RLOD/wall, bk R still in SCP;
 13-16 SLIP PIVOT(BJO); MANUVER; FULL SPIN TURN; (Qk & Slow Lock)BK/LK,BK,LK
 13 Same as meas. 7 of Part A;
 14 Manuv R, sd L, cl R to CP fcg RLOD;
 15 Same as meas. 11 of Part A;
 16 BJO qk bk R diag COH/LOD, qk lock L XIF of R (W XIB), bk R, lock L XIF of R (W XIB), (1&2,3);

PART C

- 1-4 (Oversway)BK,SD/REACH,CHANGE SWAY; RECOV,HOVER,(SCP); LEFT WHISK; TWIST ENDING;
 1 BJO bk R diag COH/LOD, sd L adjust to SCP fcg ptr & wall reach upper half of bodies twd LOD, twist W to fc RLOD by bending R knee (W looks well over L shoulder) M looks at W;
 2 Recov on R start to trn W to SCP, brush L to R trng SCP, fwd L twd LOD;
 3-4 (Left Whisk & Twist Ending)fwd R twd LOD, sd L, XRIB of L (W XIB also) to BJO M fcg LOD/wall; M twist RF and transfer wgt to R (W run arnd M R,L/R,L) to BJO fcg RLOD/COH;
 5-8 OUTSIDE SPIN; TURNING LOCK; MANUVER: (Under Turn)SPIN TURN;
 5 BJO fcg RLOD/COH small step bk L commence RF trn, fwd R outside ntr cont RF trn, sd & bk L twd LOD/COH (W fwd commence RF trn, L to R cont RF trn, sd & fwd R) to BJO fcg diag RLOD/wall;
 6 (Turning Lock)Same as meas. 12 of Part A;
 7 Manuv R, sd L, cl R to fc RLOD in CP;
 8 Same as meas. 8 of Part B;
 9-12 BK,SD,CL; WHISK(SCP); WEAVE 3(BJO); BK,BK/LOCK,BK;
 9 Same as meas. 9 of Part B;
 10 CP diag LOD/wall fwd L, sd & slightly fwd R, cross LIB of R rising on toes in SCP fcg LOD/COH;
 11 SCP fcg LOD/COH thru R commence LF trn, fwd L trng LF, sd & bk R to BJO fcg RLOD/COH;
 12 Bk L diag LOD/wall, bk R, lock L XIF (W XIB), bk R;
 13-16 (Hesitation Change)BK TURN,SD,DRAW; DOUBLE REVERSE SPIN; FWD TURN(LF),(Chasse)SD/CL,SD; (BJO)BK,BK/LK,BK;
 13 BJO pos fcg RLOD/COH bk L commence RF trn, sd R small step cont RF trn, draw L to R no wgt change to end CP fcg LOD/COH;
 14 CP diag LOD/COH fwd L trng LF, small sd on R pivoting full arnd to LOD on toe, tch L to R, (W bk R, cl L to R & spin 1/2, qk sd R, XLIF of R) to CP fcg LOD;
 15-16 Same as meas 1-2 of Part A;;

REPEAT PART A(3-16)

END

- 1-3 (SCP)THRU.SD.HINGE; (W)DEVELOPE,KICK,-; ,,-,-; ;
- 1 Same as meas 1 of Part B;
- 2 As M maintains hinge pos. W raise R ft up to L knee with toe pt dwn, raise ont L toe & kick R high, return R to L knee pos with toe pt dwn,-;
- 3 M & W maintain pos for full measure;

HEAD CUES

WAIT; WAIT; (CP/WALL) (M's R/W's L free)
HOVER ENTRY;BK,SD,CL;

- A CHASSE RT; BK,BK/LK,BK;
OPEN IMPETUS(SCP); CROSS HESITATION;
FULL OUTSIDE SPIN; INTO NATURAL FALLAWAY(WALL);
SLIP PIVOT(BJO); MANUVER; OUTSIDE CHANGE; MANUVER;
FULL SPIN TURN; INTO TURNING LOCK; MANUVER
FALLAWAY WHISK; & SHAPE; SEMI CHASSE;
- B THRU & HINGE; HOVER TO SCP;
OPEN NATURAL(BJO); IMPETUS(SCP); WEAVE 6;;
MANUVER; SPIN TURN; BK,SD,CL; INTO DELAYED CONTRA CHECK;
RECOVER HOVER(SCP); NATURAL FALLAWAY(RF);
SLIP PIVOT(BJO); MANUVER; FULL SPIN TURN;
QUICK & SLOW LOCK;
- C OVERSEAY; RECOVER,HOVER(SCP);
THRU & LEFT WHISK; WITH TWIST ENDING;
OUTSIDE SPIN;INTO TRNING LOCK;
MANUVER; SPIN TURN; BK,SD,CL; WHISK;
WEAVE 3(BJO); BK,BK/LK,BK;
HESITATION; DOUBLE REVERSE SPIN;
CHASSE RIGHT; BK,BK/LK,BK;

REPEAT A(3-16)

THRU & HINGE; INTO HIGH KICK LINE & HOLD;;

SOMETHING'S GOTTA GIVE II

URDC 7/80

Composers: Ed & Sharon Campbell, 4821 Ashbrook, Dallas TX 75227, (214)388-2978
Record: TDR 161, "Something's Gotta Give", Sydney Thompson (Rewrite of 1976 Dance)
Sequence: Intro,A,A,B,A,B,C

Meas. INTRODUCTION

1-4 WAIT; WAIT; VINE/TWIRL,-,2,3; THRU,-,FC,CL(CP);
1-2....wait 2 meas in LOP/FC M fcg wall lead hands joined;;
SQQSQQ 3-4....Sd LOD L,-,XRIB,sd L (W RF twirl R,-,L,R); thru R,-, sd L, cl R to CP/wall;

PART A

1-4 (SCP)FWD,-,MNV,-; SD,CL,PVT,-; 2,-,3,-(Bjo/RL0D); BK/RTRN,CL,FWD,-(W Twirl);
SSQQS 1-2....Trn to SCP/LOD fwd L,-,Manuv R,-; sd L, cl R, begin RF cpl pvt bk L,-;
SSQQS 3-4....Continue RF cpl pivot R,-,L,- to Bjo/RL0D; (turning hitch) M begins
RF trn stepping bk COH R, cl L rising on balls of feet and continuing
RF, fwd LOD R (like a LF twirl W steps fwd trning LF under M LH to fc
RL0D, cl R, bk L) to Scar/LOD,-;
5-8 TRNL,SD,BK,-(Bjo/RL0D); BK/RTRN,CL,FWD,-(W Twirl); (Twinkle)CRS,-,SD,CL(Bjo);
(QQSSQQS 5-6....Fwd L trng LF twd COH, sd R, bk LOD L to Bjo/RL0D,-; repeat meas 4;
SQQSQQ 7-8....(Twinkles) In Scar fwd DWL L,-, sd R, cl L to Bjo/LOD; fwd DCL R,-,
sd L, cl R to CP/LOD,-;
9-12 FWD,-,MNV,-; SD,CL(Spin Turn),PVT,-; RISE,-,RCV,-; BK,SD,FWD/CK,-(Bjo/LOD);
SSQQS 9-10...Fwd L,-,manuv R,-; sd L, cl R, (spin turn) bk L trng RF to fc LOD,-;
SSQQS 11-12..Fwd R rising on ball of foot,-, bk DCR L,-; bk R, sd L, fwd R
to Bjo/LOD checking motion,-;
13-16 (Fishtail)BHD,SD,FWD,LK; FWD,FWD,LK,FWD; FWD(W Twirl)-,2,-; FWD,-,2,-;
QQQQQQQ 13-14..(Fishtail)XLIB,sd R, fwd L, lk RIB; fwd L, fwd R, lk LIB, fwd R;
SSSS 15-16..Fwd L,-,R,-(W twirl RF 1 1/2 R,-,L,-); fwd L,-,R,- to SCP/LOD;

REPEAT PART A; (NOTE: 2nd & 3rd time thru part A change meas 16 to transition to shadow pos both fcg wall with LF free as follows: fwd L,-,R,-(W fwd R,-, flare L CW to fc wall in front of M) arms extended out to the side chest high;)

PART B

1-4 RK FWD(Wall)-,RCV,-; SPIN L,2,3,-; RK FWD(COH)-,RCV,-; SPIN R,2,3,-;
SSQQS 1-2....(Solo) Both fwd L twd wall lowering extended LH,-,rcv R,-;
bringing hands tog across chest spin 1 1/2 LF L,R,L,- to fc COH;
SSQQS 3-4....Extend arms to side both fwd R twd COH lowering RH,-,rcv L,-;
bringing hands tog spin 1 1/2 RF R,L,R,- to fc wall;
5-8 RK SD,-,RCV,-; CRS,SD,CRS,-; RK SD,-,RCV,-; (Transition)CRS,SD,CRS,-(CP);
SSQQS 5-6....Extend arms both rk sd LOD L,-,rcv R,-; XLIF, sd R, XLIF,-;
SSQQS 7-8....Both rk sd RL0D R,-,rcv L,-; M XRIF, sd L, XRIF trng 1/4 LF,-
(SSSS) (W rk sd RL0D R,-,rcv L beginning 3/4 LF trn to fc RL0D,-; bk R,-,
bk L,-) blending to CP/LOD;
9-12 SLOW WHISK; REV SPIN,-,2,-(Bjo); FWD,LK,FWD,-;
SSSS 9-10...(Whisk) Fwd L,-,sd & fwd R,-; XLIB rising on toes to SCP/COH,-,rcv R,-;
SSQQS 11-12..(Reverse spin) Pickup to CP/COH beginning tight LF spin M fwd L trng
LF twd RL0D,-,cl R to L continuing LF spin to end in Bjo/DWL,-(W trns
1 1/4 LF R,-,L,- pivoting on balls of both feet); fwd L, lk RIB, fwd L,-;
13-16 MNV,-,SD,CL; (Overspin)PVT,-,RISE,-; RCV,-,BK(COH)-; SD,CL,SD,CL;
SQQSS 13-14..Manuv R,-,sd L,cl R; (Overspin turn) bk L trng RF to fc DWL,-, fwd R
rising on ball of foot,-;
SSQQQQ 15-16..Rcv bk COH L,-,bk COH R,-; sd LOD L, cl R, sd L, cl R to SCP/LOD;

REPEAT PART A; (See note above)
REPEAT PART B; (Stay in CP/wall)

PART C

1-4 VINE/TWIRL,-,2,3; THRU,-,FC,CL; SD,FLARE/FLICK,BHD,SD; THRU,-,FC,CL;
SQQSQQ 1-2....Repeat meas 3-4 of Intro to CP/wall;;
S*QSSQQ 3-4....Jump sd LOD L, flare & flick R CW, XRIB, sd L; thru R,-, sd L,
cl R to CP/wall;
5-8 VINE/TWIRL,-,2,3; THRU,-,FC,CL; SD,FLARE/FLICK,BHD,SD; THRU,-,FC,CL;
* 5-8....Repeat meas 1-4;;;
9-12 FWD,-,MNV,-; SD,CL,(Spin Turn)PVT,-; RISE,-,RCV,-; BK,SD,FWD/CK,-(Bjo/LOD);
* 9-12...Trng to SCP fcg LOD repeat meas 9-12 of part A;;;
13-16 (Fishtail)BHD,SD,FWD,LK; FWD,FWD,LK,FWD; VINE/TWIRL,-,2,-; APT,-,PT,-;
QQQQQQQ 13-14..Repeat meas 13-14 of part A;
SSSS 15-16..Trng to fc wall step sd LOD L,-,XRIB,-(W RF twirl R,-,L,-);
changing hands step apart L,-,point R twd ptrn and ack,-;

HEARTACHE CHA CHA

Dance by: Ben & Vivian Highburger
Teaching Notes: Bob & Rosemary Holiday

Record: Dance Along #P-6060

Cha Cha is easy to learn and easy to dance because it rarely varies from its basic pattern. In its purest form, Cha Cha timing is -, 2, 3, 4 & 1, 2, 3, 4 & 1, etc., with the Cha Cha on "4 and 1". That is alright in the ballroom where you can begin anywhere, with either foot at any part of the music. In Round Dancing, we've simplified it to 1, 2, 3 & 4; or slow, slow, quick/quick, slow. 5 steps in 4 beats.

Styling cha cha can be very "individualized". Generally, however, we do the basic cha cha in butterfly. Our shoulders stay approximately parallel without thrusting our hands forward or back. Don't shuffle, don't slide and Don't Stomp!

A "Full Basic" is usually in butterfly, the basic cha cha position. Rock forward L (lady back), recover, back/close, back. But not long steps back. The second half of the basic is Rock back R, recover, forward/close, forward. Here's where the variations can come in. Depending on what will follow the basic, we can alter the "fwd/close, fwd" to step/close, step in place, or to side/close, side depending on where we want to go next. (That's called "leading", fella's.)

Cha cha, like all other rhythms, has a collection of terms, or cues, that we can use for better understanding as we learn new dances. But basic timing is 1, 2, 3 & 4, or, rock fwd, recover, bk/cl, back; rock back, recover, fwd/cl, fwd.

"Heartache Cha Cha" has a simple intro. Measure 5 is side, behind, away two-step to face COH (W wall) and measure 6 is a basketball turn and together two-step. Measure 7 is cute, with a spot turn all the way around, cha, cha. Small steps on the spot turn will help.

1-4 PART A begins with a full basic. Next is the "side, XIB," which is a Camel Walk, followed by a lunge-like figure, properly called a "Cross Break", in Measure 4. (It's also called a New Yorker, sometimes.)

5-6 Measure 5 is a 1/2 basic followed by a Crossover. It's like a Whip but it's not written as a whip, because when Ben Highburger wrote it, we didn't do a whip to left open the way we do now (with a cross-in-back, side). But it's a whip to left-open and that's the easiest cue.

7-8 Measure 7 is a cross break with a turning finish to face RLOD with side/close, turn, footwork. Measure 8 is a cross break transition with the lady doing 4 slows to face line in a right-hand star position and her left foot free.

9-10 Four more slows and a slow side now for the lady as she transitions back to opposite footwork, rolling 1 1/2 right face on the RLOD side of the man to face reverse in left open. She does a Rock & Roll; rock side left and begin a 3 count roll; the rock side in the next figure arrests her motion and gives her another slow to get around to face reverse. You may not be able to catch the inside hands here (M's L, W's R). Don't worry - get it on the recover from the rock side. The hardest part of the dance is over. If the man started this move with a firm lead across with the joined hands, you'll be perfect.



SEPT. 1968

Composers--Ben & Vivian Highburger, 811 Tarryall Drive, Dallas, Texas
Record--DANCE ALONG # P-6060 by Jack Hansen

Position--INTRO: OP/LOD -- DANCE: OP both hands joined M's bk to COH -- Footwork opposite, directions for M except as noted.

MEASURES

INTRODUCTION

- 1---8 WAIT; WAIT; ROCK FWD, REC, BK, CLOSE, BK; ROCK BK, REC, FWD/CLOSE, FWD; SIDE, XIB, FWD/CLOSE, FWD; FWD TURN 1/2 L, REC, FWD, CLOSE, FWD; FWD TURN 1/2 R, REC, TURN 1/2 IN PLACE/STEP, STEP; ROCK APART, REC, FWD/CLOSE, FWD; 1-4.... Wait 2 meas.; OP LOD M fwd L twd LOD (W fwd R), recover on R, bk L/close R to L, bk on L (W opp); M rock bk on R, recover on L, fwd/close (R/L), R (W opp); 5..... M side L twd COH (W R twd wall), both XIB M on R (W on L), M fwd/close, fwd twd COH (L/R, L) (W R/L, R twd wall); 6..... M fwd R twd COH turn 1/2 L (W fwd L twd wall turn 1/2 R), M recover L (W R), M fwd/close, fwd (R/L, R) twd wall (W L/R, L twd COH) Ptrs now facing; 7..... M fwd L twd wall turn 1/2 R (W fwd R turn 1/2 L), M recover on R, turn 1/2 R, step L/R, L in place (W recover on L turn 1/2 L, step R/L, R in place) Ptrs facing; 8..... M rock bk twd COH on R (W twd wall on L), both recover, do fwd/close, fwd join hands;

DANCE - PART A

- 1---4 ROCK FWD, REC, BK, CLOSE, BK; ROCK BK, REC, FWD/CLOSE, FWD; SIDE, XIB, FWD/CLOSE, FWD; ROCK FWD, REC, TURN 1/4 RF/STEP, STEP; 1..... M rock fwd twd wall L, recover R, bk close, bk (L/R, L) twd COH (W opp); 2..... M rock bk twd COH on R, recover L, fwd/close, fwd (R/L, R) twd wall (W opp); 3..... M side on L twd LOD (W on R), both XIB, turn to OP both fwd/close, fwd LOD; 4..... Push joined hands fwd M rock fwd twd LOD on R (W on L), M recover on L, turn 1/4 RF R/L, R in place M face wall (W recover R, turn 1/4 LF L/R, L in place) join hands; 5---8 ROCK FWD, REC, TURN 1/4 L IN PLACE/STEP, STEP; ROCK BK, REC, FWD/CLOSE, FWD (to LOP); ROCK FWD, REC, TURN 1/4 LF SIDE, CLOSE, SIDE (Turn to OP); ROCK FWD, REC, BK, CLOSE, BK (W Trans); 5..... M rock fwd L twd wall, recover on R, turn 1/4 L to LOD L/R, L in place (W rock bk R twd wall, recover L, R/L, R in place facing COH) both hands still joined; 6..... M rock bk on R twd RLOD pull W's L hand XIF of him, M recover on L still pull W across & release his R & her L (W fwd twd COH on L going in front of M, fwd R turn 3/4 LF to LOP facing LOD), both do fwd/close, fwd twd LOD (M R/L, R) (W L/R, L); 7..... Push joined hands fwd M rock fwd twd LOD on L (W on R), M recover on R turn 1/4 L (W recover on L turn 1/4 R), join both hands & both do side/close, side twd RLOD turning to OP facing RLOD on last step; 8..... Push joined hands fwd M rock fwd on R, recover on L pull joined hands bk & release, M bk/close, bk (R/L, R) twd LOD (W rock fwd twd RLOD on L, recover on R turn 1/2 LF to LOD, side L twd COH small step, close R to L) join M's R & W's R hands with M facing RLOD & W facing LOD; 9---12 ROCK APART, REC, TURN 1/2 R, SIDE, TURN 1/2/STEP, STEP; ROCK APART, REC, FWD/CLOSE, FWD; ROCK FWD, REC, TURN 1/4 L, SIDE, CLOSE, SIDE (To OP); FWD, 2, FWD/CLOSE, FWD; 9..... M rock side on L twd wall, recover on R (pull W's R hand XIF of him & release) turn 1/2 R to LOD, small step twd COH on L turn 1/2 R to face RLOD, R, L in place (W has 4 even steps side twd COH on L, recover on R turn 1/2 R going in front of M, side twd wall L turn 1/2 R, side twd wall R turn 1/2 R to end facing RLOD - W had 1-1/2 RF roll R, L, R); 10..... Rock apart M twd COH (W twd wall), M recover L (W on R), both fwd/close, fwd twd RLOD joining hands in LOP; 11..... Push joined hands fwd M rock fwd on L (W on R), M recover on R turn 1/4 L (W recover on L turn 1/4 R), join both hands both side/close, side twd LOD turn to OP; 12..... Starting on M's R & W's L walk 2 steps twd LOD, both fwd/close, fwd; 13-16 ROCK FWD, REC, IN PLACE/STEP, STEP (To Vars); ROCK BK, REC, IN PLACE/STEP, STEP (To L-Vars); ROCK BK, REC, TURN R, SIDE, CLOSE, STEP (To Face); ROCK SIDE, REC, IN PLACE/STEP, STEP (To CP); 13..... Push joined hands fwd M rock fwd twd LOD on L (W on R), M recover R pull W's L hand bk & release turning her LF, M step L/R, L in place take Vars-Pos (W rock fwd on R, recover on L turn 1/2 LF, continue LF turn R/L, R to face LOD in Vars-Pos - W had free turn); 14..... M rock bk twd RLOD, recover on L, R/L, R in place (W rock bk L twd RLOD, recover R, side on L twd COH XIF of M/close R to L, side L to L-Vars-Pos) both facing diag LOD & wall; 15..... M rock bk on L, release R hands & recover on R turn RF to wall push W's L hand with his L XIF of him twd RLOD turning her LF, side twd LOD on L/close R to L, step L in place (W rock bk on R, recover L turn LF to LOD, continue LF turn R/L, R to face COH to end OP M's L & W's L hands joined M's bk to COH); 16..... Drop hands & both rock side twd RLOD M on R & W on L, M recover on L (W on R), M step R/L, R in place (W L/R, L in place) take CP with M's bk to COH;

PART - B

- 17-20 ROCK FWD, REC, BK, CLOSE, BK; ROCK BK, REC, SIDE/CLOSE, SIDE (To SCP); ROCK BK, REC, FWD/CLOSE, FWD; X WALK, 2, FWD/CL, FWD; 17..... CP M rock fwd L twd wall, recover R, bk/close, bk (L/R, L) (W Opp); 18..... M rock bk R, recover L, side/close, side twd RLOD (R/L, R) turning to SCP facing LOD; 19..... M rock bk on L twd RLOD (W on R), recover on R (W on L), both fwd/close, fwd twd LOD; 20..... SCP M fwd R crossing in front of L, fwd L crossing in front on R (W opp), both fwd/close, fwd twd LOD in SCP; 21-24 ROCK FWD, REC, BK, CLOSE, BK, TURN 1/4 R (W 1/4 L); SIDE, TURN 1/4 L (W 1/4 R), BK, TURN 1/4 R (W 1/4 L), SIDE/CLOSE, SIDE (To SCP); ROCK BK, REC, TURN R TO CP, SIDE, CLOSE, SIDE (to LOP); ROCK BK, REC, FWD/CLOSE, FWD; 21..... SCP M rock fwd L, recover on R (W opp), bk L/close R to L, bk L turn 1/4 RF to face wall (W bk/close, bk R/L, R turn 1/4 LF) end CP M's bk to COH; 22..... M side on R twd RLOD turn 1/4 L (W side L turn 1/4 R), M bk twd RLOD on L (W on R) M turn 1/4 R to wall (W turn 1/4 L to COH) to CP, both side/close, side twd RLOD M R/L, R & W L/R, L to end SCP facing LOD; 23..... M rock bk on L twd RLOD (W on R), recover on R turn 1/4 R to CP (W recover on L turn 1/4 L), M side on L twd LOD/close R to L, side L turn to LOP facing RLOD (W opp); 24..... Rock bk twd LOD on M's R & W's L, recover on M's L & W's R, both fwd/close, fwd twd RLOD still in LOP; 25-28 (Trans for M) ROCK FWD, REC, TURN 1/2 L, FWD, 2 (To Vars); FWD, TURN R (L Vars), FWD, FWD/CLOSE, FWD; FWD, TURN L TO VARS, FWD, FWD, CLOSE, FWD; FWD, 2, 3, 4 (Trans for M); 25..... Push joined hands fwd M rock fwd twd RLOD on L, recover on R (pull joined hands bk & release) turn 1/2 LF, walk L, R (small steps) to end in Vars-Pos facing LOD, COH (W rock fwd on R twd RLOD, recover on L turn 1/2 RF, do fwd/close, fwd twd diag COH & LOD to Vars); 26..... In Vars-Pos both fwd L turn RF to diag wall & LOD (W now in front of M), both fwd on R in L Vars, both fwd/close, fwd L/R, L; 27..... Both fwd R turn L to diag COH & LOD (W in front of M), both fwd on L to Vars-Pos, both fwd/close, fwd (R/L, R) to end Vars-Pos facing LOD; 28..... M has transition with 4 small walking steps L, R, L, R twd LOD M release W's L hand on ct 1, with R hand spin her RF on ct 2 & release R hand (W has 1-1/2 RF turn fwd on L twd LOD slightly in front of M turn RF (solo turn) 1/2, bk on R twd LOD turn RF, continue RF turn L/R, L to end facing RLOD) ptrs join both hands in OP facing; 29-32 ROCK FWD, REC, BK, CLOSE, BK; ROCK BK, REC, IN PLACE/STEP, STEP; ROCK APART, REC, TURN 1/4 R, IN PLACE/STEP, STEP; ROCK SIDE, REC, IN PLACE/STEP, STEP; 29..... M rock fwd twd LOD on L, recover on R, bk/close, bk (L/R, L) (W opp); 30..... M rock bwd twd RLOD on R, recover on L, step R beside L in place, R in place; 31..... Release M's R & W's L hands M rock bk twd RLOD on L (W rock bk twd LOD on R), M recover on R turn 1/4 RF pull W's R hand fwd & turn her LF going under his L arm, M step L/R, L in place (W recover on L starting LF turn going under M's L arm, continue LF turn R/L, R to end facing M & COH) W had 3/4 LF turn M's L & W's R hands now joined with M's bk to COH; 32..... M rock side twd RLOD on R (W on L), M recover L (W on R), M step R/L, R in place (W L/R, L in place) join both hands M's bk COH;

ENDING

Release joined hands M bk twd COH on L (W bk twd wall on R), M R/L, R in place (W L/R, L in place).

SEQUENCE... A - B - A - B - ENDING

The man, meanwhile has done a rock turn to face line and then just does a step/turn, turn to face reverse, where he will look for the lady's outstretched right arm. Easy for him. Measure 10 is a side basic to pull ourselves together!

11-12 Simple: a cross break with a turn to ROP facing line and a walking basic.

13-16 To finish off A, it's a forward basic to varsouvianne, (lady turns left face with a good lead from her partner!) a back basic to L varsouvianne, another basic to face and a side basic to closed position for Part B. If you'll remember to rock back on both figures 2 and 3 after the first forward rock to Varsou- you'll be okay. And it's all facing line of dance while you're in varsouvianne.

And now PART B, with excellent basics and one trap.

17-20 Your full basic in CP ends with a side/close, side to SCP, followed by a back basic and a cross walk that's fun. Progress on the cha/cha following the X walk.

21-22 The next basic, in SCP, is supposed to finish in closed position, man facing the wall. It might, and it might not. The following step, however, is a side step (for both) toward reverse, so if you weren't facing before, you better be now. Then you step back to SCP, almost in fallaway, and face again immediately for the side/close side cha cha finish and get back to SCP. What we have here is a forward basic to face, and a back swivel.

23-24 Then rock back in SCP and turn in to left open and follow with a back basic. Stay in left open.

25-26 The transition here is tricky because it turns a little more than you expect. Man does a cross break in four slows, finishing walking to line and center. Lady does a cross break and turns right face to Varsouvianne with basic timing. Now walk 2 toward line and wall and change to left varsou-, cha, cha.

27-28 Walk 2 more toward center and line to right varsou- (changing position on the walking steps each time); and then with a good right hand lead the lady does a 360° roll on her next two steps and then turns an additional half to face her partner on the cha, cha finish. The man walks forward four heel/toe steps. For some reason, the ladies execute this 1½ roll down line without much trouble. Men can't do it very well. But they walk okay.

29-30 We're almost thru. You're in butterfly for a full basic with a step/close, step in place ending.

31-32 This is a rock apart and a twirl to face and it's called - guess what - an underarm! Then a side basic to get ready for Part A again.

Ending. The dance goes all the way thru twice. Then finally, you can stomp your feet to signal that it's all over: one step back, listening to the music, and CHA, CHA, CHA! (Stomping is still wrong! It's not in the cue sheet either. But what the heck. Just don't say anything to Highburger.)